

GEARs Spetember 2024 Rides

GEARs (Greater Eugene Area Riders) invites all cyclists to join in riding together through some beautiful Oregon terrain. We require that all participants wear a bike helmet and bring a bike in safe riding condition. A frame tire pump, tube/patch kit, basic tools, full water bottle and appropriate clothing are strongly encouraged. Ride leaders will help to ensure that you have a safe and pleasant experience. If you have questions about a scheduled ride, feel free to contact the ride leader or Ride Coordinator Larry Diffie at 541-729-7923 or larry@eugenegears.org.

Ride Speed Levels

GEARs bases its ride levels on *average speed*. On a given ride there will occasionally be times (downhill sections or flat areas with tailwinds) where riders exceed the stated ride speed level. Conversely, there will be times when riders pedal slower than the advertised pace (i.e. going uphill or into a headwind). **GEARs defines its speed categories as the pace a cyclist can pedal by herself/himself on a flat road sustained for 20-30 minutes alone.** For example, if you can ride at a 14-16 mph pace on a flat road, sustained for 20-30 minutes by yourself, then you should be able to comfortably ride in a GEARs 13-15 mph group ride.

If you decide to drop out of a ride along the way, please let the ride leader know so we don't come looking for you.

The **16+ mph** rides are fast paced with occasional pace lines and fewer stops. The ride leader will announce where regrouping will take place and will try to keep the group together when possible.

The **13-15 mph** rides are medium paced and regroup often. The ride may get stretched out, but will regroup at turns and at the top of climbs.

The **10-12 mph** rides are slower paced, the group tends to stay together and takes the time look at the scenery.

Day	Time	Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Monday Sept 2	9:00 AM	Alton Baker Park	103c	Slo-Mo Monday, Coburg Btm Loop	10-12 mph	27 Miles	FS	A	Garry Swanson 541-913-0886
Tuesday Sept 3	6:30 AM	Alton Baker Park	##	Sunrise Special - Up Fox Hollow	10-12 mph	26 Miles	BF	C	Jackie Murdoff 541-345-3941
Tuesday Sept 3	9:00 AM	Alton Baker Park	##	Riding Some Hills	13-15 mph	25-50 Miles	BF	C	Craig Congdon 541-246-0600
Tuesday Sept 3	5:45 PM	Alton Baker Park	307b	Fox Hollow, McBeth, Lorane Hwy Bring Lights	14-16 mph	22 Miles	BF	C	Steph Brandt 541-610-9310
Thursday Sept 5	9:00 AM	Alton Baker Park	126a	Mill Race to Sunderman	10-12 mph	32 Miles	FS	B	Garry Swanson 541-913-0886
Thursday Sept 5	9:00 AM	Alton Baker Park	207a	Franklin Firehouse	13-15 mph	40 Miles	FS	B	Bob Lewis 502-229-4809
Thursday Sept 5	9:00 AM	Alton Baker Park	227b	Applegate Trail, Rtn Alvadore, FRBP	16+ mph	46 Miles	FS	B	Steve Husak 541-430-0441
Thursday Sept 5	5:45 PM	Alton Baker Park	113a	McKenzie View Rd Bring Lights	14-16 mph	25 Miles	BF	B	Angie Long 410-707-4620
Friday Sept 6	10:30 AM	Alton Baker Park	##	Ride to Schwartz for Camping	10-12 mph	32 Miles	FS	B	Larry Diffie 541-729-7923
Saturday Sept 7	9:00 AM	Mosby Creek Trailhead	910c	Row River Path to Wildwood Falls	10-12 mph	32 Miles	BF	B	Larry Diffie 541-729-7923
Saturday Sept 7	9:00 AM	Mosby Creek Trailhead	911a	Cottage Grove 2 Lake Loop	13-15 mph	45 Miles	FS	B	Gary Rider 615-439-5631
Saturday Sept 7	10:30 AM	Alton Baker Park	##	Ride to Schwartz for Camping (One Night)	10-12 mph	32 Miles	FS	B	TBA
Sunday Sept 8	10:30 AM	Schwartz Camp	##	Return to Eugene from Camping	10-12 mph	32 Miles	BF	B	Larry Diffie 541-729-7923
Sunday Sept 8	9:00 AM	Monroe City Park	731a	Monroe to Alsea Falls	12-14 mph	39 Miles	BF	C	Danielle Curran 608-469-9511
Monday Sept 9	9:00 AM	Alton Baker Park	229a	Irving to Fir Butte Rd	10-12 mph	25 Miles	BF	A	Larry Diffie 541-729-7923
Tuesday Sept 10	8:00 AM	Alton Baker Park	##	Sunrise Special #2 - Up Fox Hollow	10-12 mph	26 Miles	FR	C	Jackie Murdoff 541-345-3941
Tuesday Sept 10	8:00 AM	Alton Baker Park	##	Wolf Creek - Option start from Twin Oaks School at 10:00 AM	13-15 mph	25-50 Miles	BF	C	Craig Congdon 541-246-0600
Tuesday Sept 10	5:45 PM	Alton Baker Park	415a	Seavey Loop, Dillard Bring Lights	13-15 mph	21 Miles	BF	C	Peter Dedman 347-415-0321
Thursday Sept 12	9:00 AM	Alton Baker Park	117b	Upper Camp Creek via Mill Path	13-15 mph	38 Miles	BF	B	Steve Hecker 541-954-1161
Thursday Sept 12	9:00 AM	Alton Baker Park	117b	Upper Camp Creek via Mill Path	16+ mph	38 Miles	BF	B	Steve Husak 541-430-0441
Thursday Sept 12	5:45 PM	Alton Baker Park	113a	McKenzie View Rd Bring Lights	14-16 mph	25 Miles	BF	B	Julie Reed 541-206-2020
Saturday Sept 14	9:00 AM	Alton Baker Park	211c	Lawrence and Butler, Two Ways	13-15 mph	57 Miles	FS	C	Craig Congdon 541-246-0600
Saturday Sept 14	9:00 AM	Signal Point Boat Ramp	702a	West Boundry Rd	12-14 mph	35 Miles	BF	C	Larry Diffie 541-729-7923

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Saturday Sept 14	9:00 AM	Signal Point Boat Ramp	702a	West Boundry Rd	12-14 mph	35 Miles	BF	C	Mark LaPage	
Sunday Sept 15	9:00 AM	Mary's River Park	740a	Mary's Peak Mixed Surfaces	12-14 mph	37 Miles	BF	C	Sam McCamant	
Monday Sept 16	9:00 AM	Alton Baker Park	125a	Slo-Mo Monday, Scenic Springfield	10-12 mph	24 Miles	BF	B	Karen Goodwin 530-519-2646	
Tuesday Sept 17	9:00 AM	Alton Baker Park	##	Free Fun Fox Hollow	10-12 mph	26 Miles	BF	C	Larry Diffie 541-729-7923	
Tuesday Sept 17	9:00 AM	Alton Baker Park	##	Riding Some Hills	13-15 mph	25-50 Miles	BF	C	Craig Congdon 541-246-0600	
Tuesday Sept 17	5:45 PM	Alton Baker Park	##	Fox Hollow Up & Down Bring Lights	14-16 mph	26 Miles	BF	C	Steph Brandt 541-610-9310	
Thursday Sept 19	9:00 AM	Alton Baker Park	209a	Alvadore Short	10-12 mph	30 Miles	FS	A	Garry Swanson 541-913-0886	
Thursday Sept 19	9:00 AM	Alton Baker Park	319b	Lorane Hwy to Petzold, Out & Back	13-15 mph	35 Miles	BF	B	Ted Conover 541-232-1920	
Thursday Sept 19	9:00 AM	Alton Baker Park	322a	Cottage Grove via Lorane	13-15 mph	62 Miles	FS	C	Karen Goodwin 530-519-2646	
Thursday Sept 19	9:00 AM	Alton Baker Park	601c	Daffodil Ride from Alton Baker	16+ mph	54 Miles	FS	B	Steve Husak 541-430-0441	
Thursday Sept 19	5:45 PM	Alton Baker Park	113a	McKenzie View Rd Bring Lights	14-16 mph	25 Miles	BF	B	Angie Long 410-707-4620	
Saturday Sept 21	9:00 AM	Alton Baker Park	114d	McKenzie View & Sunderman, Reversed	10-12 mph	35 Miles	FS	B	Garry Swanson 541-913-0886	
Saturday Sept 21	9:00 AM	Alton Baker Park	106a	Wendling Covered Bridge	13-15 mph	51 Miles	FS	B	Nancy Whyte 650-279-1952	
Saturday Sept 21	9:00 AM	Alton Baker Park	106a	Wendling Covered Bridge	16+ mph	51 Miles	FS	B	Danielle Curran 608-469-9511	
Monday Sept 23	9:00 AM	Alton Baker Park	113b	Slo-Mo Monday, McKenzie View via I-5 Path	10-12 mph	25 Miles	BF	b	Garry Swanson 541-913-0886	
Tuesday Sept 24	9:00 AM	Alton Baker Park	##	Free Fun Fox Hollow	10-12 mph	26 Miles	BF	C	Steve Hecker 541-954-1161	
Tuesday Sept 24	9:00 AM	Alton Baker Park	##	Riding Some Hills	13-15 mph	25-50 Miles	BF	C	Sue Wolling 541-345-2110	
Tuesday Sept 24	5:45 PM	Alton Baker Park	317a	Pine Grove Rd Bring Lights	14-16 mph	28 Miles	BF	B	Danielle Curran 608-469-9511	
Thursday Sept 26	9:00 AM	Alton Baker Park	103e	Coburg Rd to Bowers	13-15 mph	39 Miles	FS	A	Larry Diffie 541-729-7923	
Thursday Sept 26	9:00 AM	Alton Baker Park	105c	Brownsville via Gap Rd, Rtn Lake Creek, Rowland	16+ mph	66 Miles	FS	B	Steve Husak 541-430-0441	
Thursday Sept 26	5:45 PM	Alton Baker Park	113a	McKenzie View Rd Bring Lights	14-16 mph	25 Miles	BF	B	Julie Reed 541-206-2020	
Saturday Sept 28	9:00 AM	Alton Baker Park	209d	Alvadore via Milliron	10-12 mph	36 Miles	FS	A	Larry Diffie 541-729-7923	
Saturday Sept 28	9:00 AM	Alton Baker Park	209d	Alvadore via Milliron	12-14 mph	36 Miles	FR	A	Ted Conover 541-232-1920	
Sunday Sept 29	9:30 AM	Ride Canceled							C	Steph Brandt 541-610-9310
Monday Sept 30	9:00 AM	Albertson's on Marcola	117d	Slo-Mo Monday, Upper Camp Creek	10-12 mph	27 Miles	BF	B	Garry Swanson 541-913-0886	

The Ride Schedule is also available for download at the GEARs website: www.eugenegears.org. Most of the rides listed above now have cue sheets and links to maps on our website, www.eugenegears.org/rides/ridelist.

Our ride schedule will be posted monthly with sign up posted approximately 7 days before the scheduled ride. Sign ups close 90 minutes before the scheduled start of the ride. You must sign up for your chosen ride online through SignUp Genius. No one is allowed to join the ride without signing online and if you decide to cancel your plan to ride, please remove your sign up so that a slot may be opened for another rider. SignUp Genius is free to use and gives us the ability to track riders without physical contact. To sign up for a GEARs ride click on the Sign Up Genius logo in the schedule at the bottom of the Ride Schedules page of our website and you will be taken to the sign

Terrain Key:

- A:** Flat with gently rolling terrain.
 - B:** Rolling Terrain with a few short, steep climbs.
 - C:** Moderate rolling terrain with steeper, longer climbs.
 - D:** Demanding terrain with frequent steep and /or sustained climbs.
- Note:** You should be an experienced cyclist to participate and enjoy C and D rides, or rides over 50 miles.

Food Key:

- FS - Food store on route
- FR - Restaurant stop
- BF - Bring food