

# GEARs October 2026 Rides

GEARs (Greater Eugene Area Riders) invites all cyclists to join in riding together through some beautiful Oregon terrain. We require that all participants wear a bike helmet and bring a bike in safe riding condition. A frame tire pump, tube/patch kit, basic tools, full water bottle and appropriate clothing are strongly encouraged. Ride leaders will help to ensure that you have a safe and pleasant experience. If you have questions about a scheduled ride, feel free to contact the ride leader or Ride Coordinator Bob Lewis at 502-229-4809 or bob@eugenegears.org.

## Ride Speed Levels

GEARs bases its ride levels on *average speed*. On a given ride there will occasionally be times (downhill sections or flat areas with tailwinds) where riders exceed the stated ride speed level. Conversely, there will be times when riders pedal slower than the advertised pace (i.e. going uphill or into a headwind). **GEARs defines its speed categories as the pace a cyclist can pedal by herself/himself on a flat road sustained for 20-30 minutes alone.** For example, if you can ride at a 14-16 mph pace on a flat road, sustained for 20-30 minutes by yourself, then you should be able to comfortably ride in a GEARs 13-15 mph group ride.

***If you decide to drop out of a ride along the way, please let the ride leader know so we don't come looking for you.***

The **16+ mph** rides are fast paced with occasional pace lines and fewer stops. The ride leader will announce where regrouping will take place and will try to keep the group together when possible.

The **13-15 mph** rides are medium paced and regroup often. The ride may get stretched out, but will regroup at turns and at the top of climbs.

The **10-12 mph** rides are slower paced, the group tends to stay together and takes the time look at the scenery.

| Day                    | Time           | Place                  | Ride # | Ride Description                                   | Pace      | Length      | Food? | Rating   | Leader                          |
|------------------------|----------------|------------------------|--------|----------------------------------------------------|-----------|-------------|-------|----------|---------------------------------|
| Thursday<br>October 1  | 9:00 AM        | Alton Baker Park       | 406b   | Pleasant Hill via Weyerhaeuser Rd<br>Garry's Alt   | 10-12 mph | 34 Miles    | FS    | <b>B</b> | Ted Conover<br>541-232-1920     |
| Thursday<br>October 1  | 9:00 AM        | Alton Baker Park       | 406d   | Pleasant Hill via Weyerhaeuser Rd                  | 13-15 mph | 40 Miles    | FS    | <b>B</b> | Bob Lewis<br>502-229-4809       |
| Thursday<br>October 1  | <b>5:00 PM</b> | Alton Baker Park       | 113a   | Throwback Thursday<br>on McKenzie View             | 12-14 mph | 25 Miles    | BF    | <b>B</b> | James Hannum                    |
| Saturday<br>October 3  | 9:00 AM        | Alton Baker Park       | 209d   | Alvadore via Milliron                              | 10-12 mph | 36 Miles    | FR    | <b>A</b> | Ted Conover<br>541-232-1920     |
| Saturday<br>October 3  | 9:00 AM        | Alton Baker Park       | 211a   | Lawrence and Short Butler                          | 13-15 mph | 41 Miles    | FS    | <b>C</b> | Gary Heeszel                    |
| Saturday<br>October 3  | 9:00 AM        | Monroe City Park       | 730b   | Monroe Mixed Surfaces                              | 10-13 mph | 25 Miles    | BF    | <b>C</b> | Larry Diffie<br>541-729-7923    |
| Sunday<br>October 4    | 9:00 AM        | Alton Baker Park       | ##     | International Coffee Outside Day<br>Various Routes | Causal    | Varies      | BF    | <b>A</b> | Jackie Murdoff<br>541-345-3941  |
| Sunday<br>October 4    | 9:00 AM        | Crow Store             | 750a   | Vaughn, C Mainline, Battle Creek                   | 12-14 mph | 37 Miles    | BF    | <b>C</b> | Danielle Curran<br>608-469-9511 |
| Monday<br>October 5    | 9:00 AM        | Albertson's on Marcola | 117d   | Upper Camp Creek                                   | 10-12 mph | 24 Miles    | BF    | <b>B</b> | Gary Haliski<br>541-337-1311    |
| Monday<br>October 5    | 9:00 AM        | Alton Baker Park       | 126a   | Mill Path to Sunderman                             | 12-14 mph | 32 Miles    | BF    | <b>B</b> | Danielle Curran<br>608-469-9511 |
| Tuesday<br>October 6   | <b>6:30 AM</b> | Alton Baker Park       | ##     | Free Fun Early Bird Fox Hollow<br>Lights Required  | 10-12 mph | 30 Miles    | BF    | <b>C</b> | Jackie Murdoff<br>541-345-3941  |
| Tuesday<br>October 6   | 9:00 AM        | Alton Baker Park       | ##     | Free Fun Fox Hollow                                | 10-12 mph | 26 Miles    | BF    | <b>C</b> | Karen Goodwin<br>530-519-2646   |
| Tuesday<br>October 6   | 9:00 AM        | Alton Baker Park       | ##     | Riding Some Hills                                  | 12-14 mph | 25-50 Miles | BF    | <b>C</b> | Gary Heeszel                    |
| Wednesday<br>October 7 | <b>6:00 PM</b> | Alton Baker Park       | 125a   | WTNB* Only<br>(*Women, Trans, Non-Binary)          | 10-12 mph | 10 Miles    | BF    | <b>A</b> | Kait Glasswell                  |
| Thursday<br>October 8  | 9:00 AM        | Alton Baker Park       | 319b   | Petzold via Lorane Hwy                             | 10-12 mph | 36 Miles    | BF    | <b>C</b> | Gary Haliski<br>541-337-1311    |
| Thursday<br>October 8  | 9:00 AM        | Alton Baker Park       | 302a   | Veneta via Petzold                                 | 13-15 mph | 47 Miles    | FS    | <b>B</b> | Bob Lewis<br>502-229-4809       |
| Thursday<br>October 8  | 9:00 AM        | Alton Baker Park       | 302a   | Veneta via Petzold                                 | 15-17 mph | 47 Miles    | FS    | <b>B</b> | Curt McKinney                   |
| Thursday<br>October 8  | <b>5:00 PM</b> | Alton Baker Park       | 113a   | Throwback Thursday<br>on McKenzie View             | 14-16 mph | 25 Miles    | BF    | <b>B</b> | Angie Long<br>410-707-4620      |
| Saturday<br>October 10 | 9:00 AM        | Alton Baker Park       | 125b   | Clearwater to McKenzie View                        | 10-12 mph | 29 Miles    | BF    | <b>B</b> | Gary Haliski<br>541-337-1311    |
| Saturday<br>October 10 | 9:00 AM        | Alton Baker Park       | 127a   | Mt Tom via Coburg,<br>Return N. Coburg Rd          | 13-15 mph | 43 Miles    | FS    | <b>B</b> | Gary Heeszel                    |
| Saturday<br>October 10 | 7:15 AM        | Albany Train Stn       | ##     | Albany to Eugene via<br>Brownsville                | 12-15 mph | 69 Miles    | FS    | <b>B</b> | Mark LaPage<br>541-556-5569     |
| Sunday<br>October 11   | 9:00 AM        | Alton Baker Park       | 201e   | Junction City via Toftdahl                         | 13-15 mph | 44 Miles    | FS    | <b>A</b> | Angie Long<br>410-707-4620      |
| Saturday<br>October 10 | 9:00 AM        | Westfir                | 900c   | Westfir to Box Canyon                              | 10-12 mph | 64 Miles    | BF    | <b>C</b> | Karen Goodwin<br>530-519-2646   |

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| Day                     | Time    | Place            | Ride # | Ride Description                                  | Pace      | Length         | Food? | Rating   | Leader                          |
|-------------------------|---------|------------------|--------|---------------------------------------------------|-----------|----------------|-------|----------|---------------------------------|
| Monday<br>October 12    | 9:00 AM | Alton Baker Park | 103c   | Coburg Bottom Loop                                | 10-12 mph | 27 Miles       | FS    | <b>A</b> | Gary Haliski<br>541-337-1311    |
| Monday<br>October 12    | 9:00 AM | Alton Baker Park | 103c   | Coburg Bottom Loop                                | 12-14 mph | 27 Miles       | FS    | <b>A</b> | Curt McKinney                   |
| Tuesday<br>October 13   | 6:30 AM | Alton Baker Park | ##     | Free Fun Early Bird Fox Hollow<br>Lights Required | 10-12 mph | 30 Miles       | BF    | <b>C</b> | Jackie Murdoff<br>541-345-3941  |
| Tuesday<br>October 13   | 9:00 AM | Alton Baker Park | ##     | Free Fun Fox Hollow                               | 10-12 mph | 26 Miles       | BF    | <b>C</b> | Bob Lewis<br>502-229-4809       |
| Tuesday<br>October 13   | 9:00 AM | Alton Baker Park | ##     | Riding Some Hills                                 | 12-14 mph | 25-50<br>Miles | BF    | <b>C</b> | Gary Heeszal                    |
| Wednesday<br>October 14 | 6:00 PM | Alton Baker Park | 125a   | WTNB* Only<br>(*Women, Trans, Non-Binary)         | 10-12 mph | 10 Miles       | BF    | <b>A</b> | Kait Glasswell                  |
| Thursday<br>October 15  | 9:00 AM | Alton Baker Park | 417a   | Dale Kuni Rd                                      | 10-12 mph | 34 Miles       | FR    | <b>B</b> | Ted Conover<br>541-232-1920     |
| Thursday<br>October 15  | 9:00 AM | Alton Baker Park | 405b   | Hendricks via Pleasant Hill                       | 13-15 mph | 40 Miles       | FS    | <b>B</b> | Curt McKinney                   |
| Thursday<br>October 15  | 9:00 AM | Alton Baker Park | 405b   | Hendricks via Pleasant Hill                       | 15-17 mph | 40 Miles       | FS    | <b>B</b> | Gary Heeszal                    |
| Thursday<br>October 15  | 5:00 PM | Alton Baker Park | 113a   | Throwback Thursday<br>on McKenzie View            | 14-16 mph | 25 Miles       | BF    | <b>B</b> | Angie Long<br>410-707-4620      |
| Saturday<br>October 17  | 9:00 AM | Alton Baker Park |        |                                                   | 10-12 mph |                |       |          |                                 |
| Saturday<br>October 17  | 9:00 AM | Alton Baker Park | 326a   | Lorane (Town) via Fox Hollow                      | 13-15 mph | 49 Miles       | FS    | <b>C</b> | Bob Lewis<br>502-229-4809       |
| Saturday<br>October 17  | 9:00 AM | Alton Baker Park | 326a   | Lorane (Town) via Fox Hollow                      | 15-17 mph | 49 Miles       | FS    | <b>C</b> | Danielle Curran<br>608-469-9511 |
| Sunday<br>October 18    | 8:00 AM | Alton Baker Park | ##     | CG, Sharps Creek to Big Water<br>to London Rd     | 11-13 mph | 72 Miles       | BF    | <b>C</b> | Jackie Murdoff<br>541-345-3941  |
| Sunday<br>October 18    | 9:00 AM | Alton Baker Park | 207a   | Franklin Firehouse                                | 13-15 mph | 40 Miles       | FS    | <b>B</b> | Angie Long<br>410-707-4620      |
| Monday<br>October 19    | 9:00 AM | Alton Baker Park | 113a   | McKenzie View Dr                                  | 10-12 mph | 25 Miles       | BF    | <b>B</b> | Mike Cantrell<br>541-342-7649   |
| Monday<br>October 19    | 9:00 AM | Alton Baker Park | 113a   | McKenzie View Dr                                  | 12-14 mph | 25 Miles       | BF    | <b>B</b> | Curt McKinney                   |
| Tuesday<br>October 20   | 6:30 AM | Alton Baker Park | ##     | Free Fun Early Bird Fox Hollow<br>Lights Required | 10-12 mph | 30 Miles       | BF    | <b>C</b> | Jackie Murdoff<br>541-345-3941  |
| Tuesday<br>October 20   | 9:00 AM | Alton Baker Park | ##     | Free Fun Fox Hollow                               | 10-12 mph | 26 Miles       | BF    | <b>C</b> | Larry Diffie<br>541-729-7923    |
| Tuesday<br>October 20   | 9:00 AM | Alton Baker Park | ##     | Riding Some Hills                                 | 12-14 mph | 25-50<br>Miles | BF    | <b>C</b> | Craig Congdon<br>541-246-0600   |
| Wednesday<br>October 21 | 6:00 PM | Alton Baker Park | 125a   | WTNB* Only<br>(*Women, Trans, Non-Binary)         | 10-12 mph | 10 Miles       | BF    | <b>A</b> | Kait Glasswell                  |
| Thursday<br>October 22  | 9:00 AM | Alton Baker Park | 207b   | Franklin Firehouse CW                             | 10-12 mph | 41 Miles       | FR    | <b>B</b> | Ted Conover<br>541-232-1920     |
| Thursday<br>October 22  | 9:00 AM | Alton Baker Park | ##     | Applegate, Camas CW                               | 12-14 mph | 47 Miles       | FR    | <b>B</b> | Larry Diffie<br>541-729-7923    |
| Thursday<br>October 22  | 9:00 AM | Alton Baker Park | ##     | Applegate, Camas CW                               | 15-17 mph | 47 Miles       | FR    | <b>B</b> | Gary Heeszal                    |
| Friday<br>October 23    | 9:30 AM | Twin Oaks Church | ##     | Larry's Birthday Ride                             | 11-13 mph | 29 Miles       | BF    | <b>B</b> | Larry Diffie<br>541-729-7923    |
| Saturday<br>October 24  | 9:00 AM | Alton Baker Park | 103b   | Coburg via Coburg Bottom Loop                     | 10-12 mph | 33 Miles       | FS    | <b>A</b> | Ted Conover<br>541-232-1920     |
| Saturday<br>October 24  | 9:00 AM | Alton Baker Park | 106a   | Wendling Covered Bridge                           | 13-15 mph | 51 Miles       | FS    | <b>B</b> | Gary Heeszal                    |
| Saturday<br>October 24  | 9:00 AM | West Fir Day Use | 703a   | Huck & Heidi (Gravel)                             | 12-14 mph | 53 Miles       | BF    | <b>C</b> | Mark LaPage<br>541-556-5569     |
| Sunday<br>October 25    | 9:00 AM | Alton Baker Park | 114b   | McKenzie View & Sunderman                         | 13-15 mph | 35 Miles       | FS    | <b>B</b> | Julie Reed<br>541-206-2020      |
| Monday<br>October 26    | 9:00 AM | Alton Baker Park | 125a   | Scenic Springfield                                | 10-12 mph | 24 Miles       | BF    | <b>B</b> | Mike Cantrell<br>541-342-7649   |
| Monday<br>October 26    | 9:00 AM | Alton Baker Park | 117b   | Upper Camp Creek via Mill Path                    | 12-14 mph | 40 Miles       | BF    | <b>B</b> | John Anderson<br>404-312-2924   |

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|                         |         |                     |      |                                                   |           |                |    |   |                                |
|-------------------------|---------|---------------------|------|---------------------------------------------------|-----------|----------------|----|---|--------------------------------|
| Tuesday<br>October 27   | 6:30 AM | Alton Baker<br>Park | ##   | Free Fun Early Bird Fox Hollow<br>Lights Required | 10-12 mph | 30 Miles       | BF | C | Jackie Murdoff<br>541-345-3941 |
| Thursday<br>October 29  | 9:00 AM | Alton Baker<br>Park | 318b | Doane Rd to Briggs Hill Rd                        | 13-15 mph | 41 Miles       | BF | C | Gary Heeszal                   |
| Tuesday<br>October 27   | 9:00 AM | Alton Baker<br>Park | ##   | Free Fun Fox Hollow                               | 10-12 mph | 26 Miles       | BF | C | Steve Hecker<br>541-954-1161   |
| Tuesday<br>October 27   | 9:00 AM | Alton Baker<br>Park | ##   | Riding Some Hills                                 | 12-14 mph | 25-50<br>Miles | BF | C | Gary Heeszal                   |
| Wednesday<br>October 28 | 6:00 PM | Alton Baker<br>Park | 125a | WTNB* Only<br>(*Women, Trans, Non-Binary)         | 10-12 mph | 10 Miles       | BF | A | Kait Glasswell                 |
| Thursday<br>October 29  | 9:00 AM | Alton Baker<br>Park | 318b | Doane Rd to Briggs Hill Rd                        | 10-12 mph | 41 Miles       | BF | C | Karen Goodwin<br>530-519-2646  |
| Thursday<br>October 29  | 7:00 PM | TBA                 | ##   | Halloween Decorations Ride<br>Route TBA           | Casual    |                |    |   | Angie Long<br>410-707-4620     |
| Saturday<br>October 31  | 9:00 AM | Alton Baker<br>Park | 412a | River Dr & Howe Ln                                | 10-12 mph | 41 Miles       | FR | B | Steve Hecker<br>541-954-1161   |
| Saturday<br>October 31  | 9:00 AM | Alton Baker<br>Park | 411b | Dillard, Creswell, PH, Clearwater                 | 13-15 mph | 47 Miles       | FS | C | Gary Heeszal                   |

Color Key:

10-12 mph leader pace

16 + mph leader pace

Evening Ride

Gravel / Mixed Surfaces



The Ride Schedule is also available for download at the GEARs website: [www.eugenegears.org](http://www.eugenegears.org). Most of the rides listed above now have cue sheets and links to maps on our website, [www.eugenegears.org/rides/ridelist](http://www.eugenegears.org/rides/ridelist).

Our ride schedule will be posted monthly with sign up posted approximately 7 days before the scheduled ride. Sign ups close 90 minutes before the scheduled start of the ride. You must sign up for your chosen ride online through SignUp Genius. No one is allowed to join the ride without signing online and if you decide to cancel your plan to ride, please remove your sign up so that a slot may be opened for another rider. SignUp Genius is free to use and gives us the ability to track riders without physical contact. To sign up for a GEARs ride click on the Sign Up Genius logo in the schedule at the bottom of the Ride Schedules page of our website and you will be

### Terrain Key:

**A:** Flat with gently rolling terrain.

**B:** Rolling Terrain with a few short, steep climbs.

**C:** Moderate rolling terrain with steeper, longer climbs.

**D:** Demanding terrain with frequent steep and / or sustained climbs.

**Note:** You should be an experienced cyclist to participate and enjoy C and D rides, or rides over 50 miles.

### Food Key:

FS - Food store on route

FR - Restaurant stop

BF - Bring food