

GEARs May 2025 Rides

GEARs (Greater Eugene Area Riders) invites all cyclists to join in riding together through some beautiful Oregon terrain. We require that all participants wear a bike helmet and bring a bike in safe riding condition. A frame tire pump, tube/patch kit, basic tools, full water bottle and appropriate clothing are strongly encouraged. Ride leaders will help to ensure that you have a safe and pleasant experience. If you have questions about a scheduled ride, feel free to contact the ride leader or Ride Coordinator Bob Lewis at 502-229-4809 or bob@eugenegears.org.

Ride Speed Levels

GEARs bases its ride levels on *average speed*. On a given ride there will occasionally be times (downhill sections or flat areas with tailwinds) where riders exceed the stated ride speed level. Conversely, there will be times when riders pedal slower than the advertised pace (i.e. going uphill or into a headwind). **GEARs defines its speed categories as the pace a cyclist can pedal by herself/himself on a flat road sustained for 20-30 minutes alone.** For example, if you can ride at a 14-16 mph pace on a flat road, sustained for 20-30 minutes by yourself, then you should be able to comfortably ride in a GEARs 13-15 mph group ride.

If you decide to drop out of a ride along the way, please let the ride leader know so we don't come looking for you.

The **16+ mph** rides are fast paced with occasional pace lines and fewer stops. The ride leader will announce where regrouping will take place and will try to keep the group together when possible.

The **13-15 mph** rides are medium paced and regroups often. The ride may get stretched out, but will regroup at turns and at the top of climbs.

The **10-12 mph** rides are slower paced, the group tends to stay together and takes the time look at the scenery.

Day	Time	Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Saturday May 2	9:00 AM	Alton Baker Park	209d	Alvadore via Milliron	10-12 mph	36 Miles	FR	A	Ted Conover 541-232-1920
Saturday May 2	9:00 AM	Alton Baker Park	201e	Junction City vi Toftdahl	13-15 mph	44 Miles	FS	A	Danielle Curran 608-469-9511
Saturday May 2	9:00 AM	Alton Baker Park	201d	Junction City vi Toftdahl	15-17 mph	53 Miles	FS	A	Andy Stahl 541-484-1440
Sunday May 3	9:00 AM	Alton Baker Park	228a	E/W Beacon - Short & Sporty	13-15 mph	21 Miles	BF	A	Howard Hesterberg 707-321-1696
Monday May 4	9:00 AM	Alton Baker Park	113a	Slo-Mo Monday McKenzie View	10-12 mph	25 Miles	BF	B	Gary Haliski 541-337-1311
Tuesday May 5	9:00 AM	Alton Baker Park	##	Free Fun Fox Hollow	10-12 mph	26 Miles	BF	C	Theresa Congdon 909-223-9523
Tuesday May 5	9:00 AM	Alton Baker Park	##	Riding Some Hills, Route Announced at the Start	12-14 mph	25-50 Miles	BF	C	Craig Congdon 541-246-0600
Wednesday May 6	6:00 PM	Alton Baker Park	125a	WTNB* Only (*Women, Trans, Non-Binary)	10-12 mph	10 Miles	BF	A	Kait Glasswell
Thursday May 7	9:00 AM	Alton Baker Park	103b	Herman Rd via Coburg Btm Loop	10-12 mph	32 Miles	FS	A	Gary Haliski 541-337-1311
Thursday May 7	9:00 AM	Alton Baker Park	103e	Bowers Rd via Coburg Btm Loop	13-15 mph	39 Miles	FS	A	Bob Lewis 502-229-4809
Thursday May 7	9:00 AM	Alton Baker Park	102a	Priceboro Rd	16+ mph	44 Miles	FS	A	Andy Stahl 541-484-1440
Thursday May 7	6:00 PM	Alton Baker Park	113a	Evening on McKenzie View	14-16 mph	25 Miles	BF	B	Julie Reed 541-206-2020
Friday May 8	9:00 AM	Twin Oaks Church	908a	Wolf Creek from Twin Oaks Optional Start @ Friendly Market	12-14 mph	54 Miles	BF	C	Craig Congdon 541-246-0600
Saturday May 9	9:00 AM	Alton Baker Park	406a	Weyerhaeuser to P. Hill, Out & Back	10-12 mph	35 Miles	FS	B	Ted Conover 541-232-1920
Saturday May 9	9:00 AM	Alton Baker Park	401f	Pleasant Hill to Jasper	13-15 mph	41 Miles	FS	C	Bob Lewis 502-229-4809
Saturday May 9	9:00 AM	Alton Baker Park	404a	Pleasant Hill to Bear Creek	15-17 mph	45 Miles	FS	B	Andy Stahl 541-484-1440
Sunday May 10	9:00 AM	Monroe City Park	730b	Monroe Mixed Surfaces	12-14 mph	25 Miles	BF	C	Howard Hesterberg 707-321-1696
Monday May 11	9:00 AM	Alton Baker Park	125a	Slo-Mo Monday Clearwater & Scenic Springfield	10-12 mph	24 Miles	BF	B	Mike Cantrell 541-342-7649
Tuesday May 12	9:00 AM	Alton Baker Park	##	Free Fun Fox Hollow	10-12 mph	26 Miles	BF	C	Jackie Murdoff 541-345-3941
Tuesday May 12	9:00 AM	Alton Baker Park	##	Riding Some Hills, Route Announced at the Start	12-14 mph	25-50 Miles	BF	C	Bob Lewis 502-229-4809
Wednesday May 13	6:00 PM	Alton Baker Park	125a	WTNB* Only (*Women, Trans, Non-Binary)	10-12 mph	10 Miles	BF	A	Kait Glasswell
Thursday May 14	9:00 AM	Alton Baker Park	209d	Alvadore via Milliron	10-12 mph	36 Miles	FR	A	Gary Haliski 541-337-1311
Thursday May 14	9:00 AM	Alton Baker Park	207a	Franklin Firehouse	13-15 mph	40 Miles	FS	B	Steve McHugh

GEARs May 2025 Rides

Page 2

Day	Time	Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Thursday May 14	9:00 AM	Alton Baker Park	104c	Harrisburg via Coburg	16+ mph	44 Miles	FS	A	Andy Stahl 541-484-1440
Thursday May 14	6:00 PM	Alton Baker Park	113a	Evening on McKenzie View	14-16 mph	25 Miles	BF	B	Angie Long 410-707-4620
Friday May 15	8:45 AM	Albany Train Stn	##	Albany, Hiatt Bakery Adventure	11-13 mph	75 Miles	FR	B	Jackie Murdoff 541-345-3941
Saturday May 16	9:00 AM	Alton Baker Park	417b	Cloverdale, Creswell Bakery	10-12 mph	35 Miles	FR	B	Ted Conover 541-232-1920
Saturday May 16	9:00 AM	Alton Baker Park	314c	Hamm Rd via Lorane Hwy	12-14 mph	48 Miles	FR	C	Larry Diffie 541-729-7923
Saturday May 16	9:00 AM	Alton Baker Park	314d	Hamm Rd via Fox Hollow	15-17 mph	49 Miles	FR	C	Andy Stahl 541-484-1440
Sunday May 17	9:00 AM	Mohawk Store	760a	Coburg Hills Loop from Mohawk	12-14 mph	33 Miles	BF	D	Sam McCamant 503-270-6844
Monday May 18	9:00 AM	Albertson's on Marcola	117d	Slo-Mo Monday Upper Camp Creek Rd	10-12 mph	27 Miles	BF	B	Gary Haliski 541-337-1311
Tuesday May 19	9:00 AM	Alton Baker Park	##	Free Fun Fox Hollow	10-12 mph	26 Miles	BF	C	Theresa Congdon 909-223-9523
Tuesday May 19	9:00 AM	Alton Baker Park	##	Riding Some Hills, Route Announced at the Start	12-14 mph	25-50 Miles	BF	C	Craig Congdon 541-246-0600
Wednesday May 20	6:00 PM	Alton Baker Park	125a	WTNB* Only (*Women, Trans, Non-Binary)	10-12 mph	10 Miles	BF	A	Kait Glasswell
Thursday May 21	9:00 AM	Alton Baker Park	317b	Crow Rd via Erickson	10-12 mph	29 Miles	BF	C	Gary Haliski 541-337-1311
Thursday May 21	9:00 AM	Alton Baker Park	405a	Weyerhaeuser to P. Hill, Out & Back	12-14 mph	35 Miles	FS	B	Larry Diffie 541-729-7923
Thursday May 21	9:00 AM	Alton Baker Park	405a	Weyerhaeuser to P. Hill, Out & Back	16+ mph	35 Miles	FS	B	Andy Stahl 541-484-1440
Thursday May 21	6:00 PM	Alton Baker Park	113a	Evening on McKenzie View	14-16 mph	25 Miles	BF	B	Angie Long 410-707-4620
Saturday May 23	9:00 AM	Alton Baker Park	114d Rev	McKenzie View & Sunderman, Reversed	10-12 mph	35 Miles	FS	B	Ted Conover 541-232-1920
Saturday May 23	9:00 AM	Alton Baker Park	##	Lorane, McBeth, FH, Lorane, Briggs, Gimpl	13-15 mph	40 Miles	BF	C	Craig Congdon 541-246-0600
Saturday May 23	9:00 AM	Alton Baker Park	308b	Wolf Creek, CCW	15-17 mph	72 Miles	BF	C	Andy Stahl 541-484-1440
Monday May 25	9:00 AM	Alton Baker Park	103c	Slo-Mo Monday Coburg Bottom Loop	10-12 mph	27 Miles	FS	A	Mike Cantrell 541-342-7649
Tuesday May 26	9:00 AM	Alton Baker Park	##	Free Fun Fox Hollow	10-12 mph	26 Miles	BF	C	Jackie Murdoff 541-345-3941
Tuesday May 26	9:00 AM	Alton Baker Park	##	Riding Some Hills, Route Announced at the Start	12-14 mph	25-50 Miles	BF	C	Bob Lewis 502-229-4809
Wednesday May 27	6:00 PM	Alton Baker Park	125a	WTNB* Only (*Women, Trans, Non-Binary)	10-12 mph	10 Miles	BF	A	Kait Glasswell
Thursday May 28	9:00 AM	Alton Baker Park	207d	Franklin Firehouse via Clearlake	10-12 mph	38 Miles	FS	B	Mike Cantrell 541-342-7649
Thursday May 28	9:00 AM	Alton Baker Park	211a	Lawrence & Short Butler	13-15 mph	41 Miles	FS	C	Bob Lewis 502-229-4809
Thursday May 28	6:00 PM	Alton Baker Park	113a	Evening on McKenzie View	14-16 mph	25 Miles	BF	B	Julie Reed 541-206-2020
Saturday May 30	9:10 AM	Alton Baker Park	214a Flex	Joe Castino Memorial Ride	10-12 mph	38 Miles	FR	A	Nancy Whyte 650-279-1952
Saturday May 30	9:20 AM	Alton Baker Park	214a Flex	Joe Castino Memorial Ride	12-14 mph	38 Miles	FR	A	Larry Diffie 541-729-7923
Saturday May 30	9:30 AM	Alton Baker Park	214a Flex	Joe Castino Memorial Ride	13-15 mph	38 Miles	FR	A	Bob Lewis 502-229-4809

Color Key:

10-12 mph leader pace

16 + mph leader pace

Evening Ride

Gravel / Mixed Surfaces



The Ride Schedule is also available for download at the GEARs website: www.eugenegears.org. Most of the rides listed above now have cue sheets and links to maps on our website, www.eugenegears.org/rides/ridelist.

Our ride schedule will be posted monthly with sign up posted approximately 7 days before the scheduled ride. Sign ups close 90 minutes before the scheduled start of the ride. You must sign up for your chosen ride online through SignUp Genius. No one is allowed to join the ride without signing online and if you decide to cancel your plan to ride, please remove your sign up so that a slot may be opened for another rider. SignUp Genius is free to use and gives us the ability to track riders without physical contact. To sign up for a GEARs ride click on the Sign Up Genius logo in the schedule at the bottom of the Ride Schedules page of our website and you will be

Terrain Key:

A: Flat with gently rolling terrain.

B: Rolling Terrain with a few short, steep climbs.

C: Moderate rolling terrain with steeper, longer climbs.

D: Demanding terrain with frequent steep and / or sustained climbs.

Note: You should be an experienced cyclist to participate and enjoy C and D rides, or rides over 50 miles.

Food Key:

FS - Food store on route

FR - Restaurant stop

BF - Bring food