

GEARs May 2025 Rides

GEARs (Greater Eugene Area Riders) invites all cyclists to join in riding together through some beautiful Oregon terrain. We require that all participants wear a bike helmet and bring a bike in safe riding condition. A frame tire pump, tube/patch kit, basic tools, full water bottle and appropriate clothing are strongly encouraged. Ride leaders will help to ensure that you have a safe and pleasant experience. If you have questions about a scheduled ride, feel free to contact the ride leader or Ride Coordinator Bob Lewis at 502-229-4809 or bob@eugenegears.org.

Ride Speed Levels

GEARs bases its ride levels on *average speed*. On a given ride there will occasionally be times (downhill sections or flat areas with tailwinds) where riders exceed the stated ride speed level. Conversely, there will be times when riders pedal slower than the advertised pace (i.e. going uphill or into a headwind). **GEARs defines its speed categories as the pace a cyclist can pedal by herself/himself on a flat road sustained for 20-30 minutes alone.** For example, if you can ride at a 14-16 mph pace on a flat road, sustained for 20-30 minutes by yourself, then you should be able to comfortably ride in a GEARs 13-15 mph group ride.

If you decide to drop out of a ride along the way, please let the ride leader know so we don't come looking for you.

The **16+ mph** rides are fast paced with occasional pace lines and fewer stops. The ride leader will announce where regrouping will take place and will try to keep the group together when possible.

The **13-15 mph** rides are medium paced and regroups often. The ride may get stretched out, but will regroup at turns and at the top of climbs.

The **10-12 mph** rides are slower paced, the group tends to stay together and takes the time look at the scenery.

| Day | Time | Place | Ride # | Ride Description | Pace | Length | Food? | Rating | Leader |
|---------------------|---------|------------------|--------|---|-----------|----------------|-------|--------|-----------------------------------|
| Saturday May 2 | 9:00 AM | Alton Baker Park | 209d | Alvadore via Milliron | 10-12 mph | 36 Miles | FR | A | Ted Conover 541-232-1920 |
| Saturday May 2 | 9:00 AM | Alton Baker Park | 201e | Junction City vi Toftdahl | 13-15 mph | 44 Miles | FS | A | Danielle Curran 608-469-9511 |
| Saturday May 2 | 9:00 AM | Alton Baker Park | 201d | Junction City vi Toftdahl | 15-17 mph | 53 Miles | FS | A | Andy Stahl xxx |
| Sunday May 3 | 9:00 AM | Alton Baker Park | 228a | E/W Beacon - Short & Sporty | 13-15 mph | 21 Miles | BF | A | Howard Hesterberg 707-321-1696 |
| Monday May 4 | 9:00 AM | Alton Baker Park | 113d | Slo-Mo Monday McKenzie View | 10-12 mph | 25 Miles | BF | B | Gary Haliski 541-337-1311 |
| Tuesday May 5 | 9:00 AM | Alton Baker Park | ## | Free Fun Fox Hollow | 10-12 mph | 26 Miles | BF | C | Theresa Congdon 909-223-9523 |
| Tuesday May 5 | 9:00 AM | Alton Baker Park | ## | Riding Some Hills, Route Announced at the Start | 12-14 mph | 25-50 Miles | BF | C | Craig Congdon 541-246-0600 |
| Wednesday May 6 | 6:00 PM | Alton Baker Park | 125a | WTNB* Only (*Women, Trans, Non-Binary) | 10-12 mph | 10 Miles | BF | A | Kait Glasswell |
| Thursday May 7 | 9:00 AM | Alton Baker Park | 103b | Herman Rd via Coburg Btm Loop | 10-12 mph | 32 Miles | FS | A | Gary Haliski 541-337-1311 |
| Thursday May 7 | 9:00 AM | Alton Baker Park | 103e | Bowers Rd via Coburg Btm Loop | 13-15 mph | 39 Miles | FS | A | Bob Lewis 502-229-4809 |
| Thursday May 7 | 9:00 AM | Alton Baker Park | 102a | Priceboro Rd | 16+ mph | 44 Miles | FS | A | Andy Stahl xxx |
| Thursday May 7 | 6:00 PM | Alton Baker Park | 113a | Evening on McKenzie View | 14-16 mph | 25 Miles | BF | B | Julie Reed 541-206-2020 |
| Friday May 8 | 9:00 AM | Twin Oaks Church | 908a | Wolf Creek from Twin Oaks Optional Start @ Friendly Market | 12-14 mph | 54 Miles | BF | C | Craig Congdon 541-246-0600 |
| Saturday May 9 | 9:00 AM | Alton Baker Park | 406a | Weyerhaeuser to P. Hill, Out & Back | 10-12 mph | 35 Miles | FS | B | Ted Conover 541-232-1920 |
| Saturday May 9 | 9:00 AM | Alton Baker Park | 401f | Pleasant Hill to Jasper | 13-15 mph | 41 Miles | FS | C | Bob Lewis 502-229-4809 |
| Saturday May 9 | 9:00 AM | Alton Baker Park | 404a | Pleasant Hill to Bear Creek | 15-17 mph | 45 Miles | FS | B | Andy Stahl xxx |
| Sunday May 10 | 9:00 AM | Monroe City Park | 730b | Monroe Mixed Surfaces | 12-14 mph | 25 Miles | BF | C | Howard Hesterberg 707-321-1696 |
| Monday May 11 | 9:00 AM | Alton Baker Park | 125a | Slo-Mo Monday Clearwater & Scenic Springfield | 10-12 mph | 24 Miles | BF | B | Mike Cantrell 541-342-7649 |
| Tuesday May 12 | 9:00 AM | Alton Baker Park | ## | Free Fun Fox Hollow | 10-12 mph | 26 Miles | BF | C | Jackie Murdoff 541-345-3941 |
| Tuesday May 12 | 9:00 AM | Alton Baker Park | ## | Riding Some Hills, Route Announced at the Start | 12-14 mph | 25-50 Miles | BF | C | Bob Lewis 502-229-4809 |
| Wednesday May 13 | 6:00 PM | Alton Baker Park | 125a | WTNB* Only (*Women, Trans, Non-Binary) | 10-12 mph | 10 Miles | BF | A | Kait Glasswell |
| Thursday May 14 | 9:00 AM | Alton Baker Park | 209d | Alvadore via Milliron | 10-12 mph | 36 Miles | FR | A | Gary Haliski 541-337-1311 |
| Thursday May 14 | 9:00 AM | Alton Baker Park | 207a | Franklin Firehouse | 13-15 mph | 40 Miles | FS | B | Steve McHugh |

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| Day | Time | Place | Ride # | Ride Description | Pace | Length | Food? | Rating | Leader |
|---------------------|---------|------------------------|--------------|--|-----------|----------------|-------|--------|---------------------------------|
| Thursday May 14 | 9:00 AM | Alton Baker Park | 104c | Harrisburg via Coburg | 16+ mph | 44 Miles | FS | A | Andy Stahl xxx |
| Thursday May 14 | 6:00 PM | Alton Baker Park | 113a | Evening on McKenzie View | 14-16 mph | 25 Miles | BF | B | Angie Long 410-707-4620 |
| Friday May 15 | 8:45 AM | Albany Train Stn | ## | Albany, Hiatt Bakery Adventure | 11-13 mph | 75 Miles | FR | B | Jackie Murdoff 541-345-3941 |
| Saturday May 16 | 9:00 AM | Alton Baker Park | 417b | Cloverdale, Creswell Bakery | 10-12 mph | 35 Miles | FR | B | Ted Conover 541-232-1920 |
| Saturday May 16 | 9:00 AM | Alton Baker Park | 314c | Hamm Rd via Lorane Hwy | 12-14 mph | 48 Miles | FR | C | Larry Diffie 541-729-7923 |
| Saturday May 16 | 9:00 AM | Alton Baker Park | 314d | Hamm Rd via Fox Hollow | 15-17 mph | 49 Miles | FR | C | Andy Stahl xxx |
| Sunday May 17 | 9:00 AM | Mohawk Store | 760a | Coburg Hills Loop from Mohawk | 12-14 mph | 33 Miles | BF | D | Sam McCamant 503-270-6844 |
| Monday May 18 | 9:00 AM | Albertson's on Marcola | 117d | Slo-Mo Monday Upper Camp Creek Rd | 10-12 mph | 27 Miles | BF | B | Gary Haliski 541-337-1311 |
| Tuesday May 19 | 9:00 AM | Alton Baker Park | ## | Free Fun Fox Hollow | 10-12 mph | 26 Miles | BF | C | Theresa Congdon 909-223-9523 |
| Tuesday May 19 | 9:00 AM | Alton Baker Park | ## | Riding Some Hills, Route Announced at the Start | 12-14 mph | 25-50 Miles | BF | C | Craig Congdon 541-246-0600 |
| Wednesday May 20 | 6:00 PM | Alton Baker Park | 125a | WTNB* Only (*Women, Trans, Non-Binary) | 10-12 mph | 10 Miles | BF | A | Kait Glasswell |
| Thursday May 21 | 9:00 AM | Alton Baker Park | 317b | Crow Rd via Erickson | 10-12 mph | 29 Miles | BF | C | Gary Haliski 541-337-1311 |
| Thursday May 21 | 9:00 AM | Alton Baker Park | 405a | Weyerhaeuser to P. Hill, Out & Back | 12-14 mph | 35 Miles | FS | B | Larry Diffie 541-729-7923 |
| Thursday May 21 | 9:00 AM | Alton Baker Park | 405a | Weyerhaeuser to P. Hill, Out & Back | 16+ mph | 35 Miles | FS | B | Andy Stahl xxx |
| Thursday May 21 | 6:00 PM | Alton Baker Park | 113a | Evening on McKenzie View | 14-16 mph | 25 Miles | BF | B | Angie Long 410-707-4620 |
| Saturday May 23 | 9:00 AM | Alton Baker Park | 114d Rev | McKenzie View & Sunderman, Reversed | 10-12 mph | 35 Miles | FS | B | Ted Conover 541-232-1920 |
| Saturday May 23 | 9:00 AM | Alton Baker Park | ## | Lorane, McBeth, FH, Lorane, Briggs, Gimpl | 13-15 mph | 40 Miles | BF | C | Craig Congdon 541-246-0600 |
| Saturday May 23 | 9:00 AM | Alton Baker Park | 308b | Wolf Creek, CCW | 15-17 mph | 72 Miles | BF | C | Andy Stahl xxx |
| Monday May 25 | 9:00 AM | Alton Baker Park | 103c | Slo-Mo Monday Coburg Bottom Loop | 10-12 mph | 27 Miles | FS | A | Mike Cantrell 541-342-7649 |
| Tuesday May 26 | 9:00 AM | Alton Baker Park | ## | Free Fun Fox Hollow | 10-12 mph | 26 Miles | BF | C | Jackie Murdoff 541-345-3941 |
| Tuesday May 26 | 9:00 AM | Alton Baker Park | ## | Riding Some Hills, Route Announced at the Start | 12-14 mph | 25-50 Miles | BF | C | Bob Lewis 502-229-4809 |
| Wednesday May 27 | 6:00 PM | Alton Baker Park | 125a | WTNB* Only (*Women, Trans, Non-Binary) | 10-12 mph | 10 Miles | BF | A | Kait Glasswell |
| Thursday May 28 | 9:00 AM | Alton Baker Park | 207d | Franklin Firehouse via Clearlake | 10-12 mph | 38 Miles | FS | B | Mike Cantrell 541-342-7649 |
| Thursday May 28 | 9:00 AM | Alton Baker Park | 211a | Lawrence & Short Butler | 13-15 mph | 41 Miles | FS | C | Bob Lewis 502-229-4809 |
| Thursday May 28 | 6:00 PM | Alton Baker Park | 113a | Evening on McKenzie View | 14-16 mph | 25 Miles | BF | B | Julie Reed 541-206-2020 |
| Saturday May 30 | 9:10 AM | Alton Baker Park | 214a Flex | Joe Castino Memorial Ride | 10-12 mph | 38 Miles | FR | A | Nancy Whyte 650-279-1952 |
| Saturday May 30 | 9:20 AM | Alton Baker Park | 214a Flex | Joe Castino Memorial Ride | 12-14 mph | 38 Miles | FR | A | Larry Diffie 541-729-7923 |
| Saturday May 30 | 9:30 AM | Alton Baker Park | 214a Flex | Joe Castino Memorial Ride | 13-15 mph | 38 Miles | FR | A | Bob Lewis 502-229-4809 |

Color Key:

10-12 mph leader pace

16 + mph leader pace

Evening Ride

Gravel / Mixed Surfaces



The Ride Schedule is also available for download at the GEARs website: www.eugenegears.org. Most of the rides listed above now have cue sheets and links to maps on our website, www.eugenegears.org/rides/ridelist.

Our ride schedule will be posted monthly with sign up posted approximately 7 days before the scheduled ride. Sign ups close 90 minutes before the scheduled start of the ride. You must sign up for your chosen ride online through SignUp Genius. No one is allowed to join the ride without signing online and if you decide to cancel your plan to ride, please remove your sign up so that a slot may be opened for another rider. SignUp Genius is free to use and gives us the ability to track riders without physical contact. To sign up for a GEARs ride click on the Sign Up Genius logo in the schedule at the bottom of the Ride Schedules page of our website and you will be

Terrain Key:

A: Flat with gently rolling terrain.

B: Rolling Terrain with a few short, steep climbs.

C: Moderate rolling terrain with steeper, longer climbs.

D: Demanding terrain with frequent steep and / or sustained climbs.

Note: You should be an experienced cyclist to participate and enjoy C and D rides, or rides over 50 miles.

Food Key:

FS - Food store on route

FR - Restaurant stop

BF - Bring food