

# GEARs May 2024 Rides

GEARs (Greater Eugene Area Riders) invites all cyclists to join in riding together through some beautiful Oregon terrain. We require that all participants wear a bike helmet and bring a bike in safe riding condition. A frame tire pump, tube/patch kit, basic tools, full water bottle and appropriate clothing are strongly encouraged. Ride leaders will help to ensure that you have a safe and pleasant experience. If you have questions about a scheduled ride, feel free to contact the ride leader or Ride Coordinator Larry Diffie at 541-729-7923 or larry@eugenegears.org.

## Ride Speed Levels

GEARs bases its ride levels on *average speed*. On a given ride there will occasionally be times (downhill sections or flat areas with tailwinds) where riders exceed the stated ride speed level. Conversely, there will be times when riders pedal slower than the advertised pace (i.e. going uphill or into a headwind). **GEARs defines its speed categories as the pace a cyclist can pedal by herself/himself on a flat road sustained for 20-30 minutes alone.** For example, if you can ride at a 14-16 mph pace on a flat road, sustained for 20-30 minutes by yourself, then you should be able to comfortably ride in a GEARs 13-15 mph group ride.

***If you decide to drop out of a ride along the way, please let the ride leader know so we don't come looking for you.***

The **16+ mph** rides are fast paced with occasional pace lines and fewer stops. The ride leader will announce where regrouping will take place and will try to keep the group together when possible.

The **13-15 mph** rides are medium paced and regroup often. The ride may get stretched out, but will regroup at turns and at the top of climbs.

The **10-12 mph** rides are slower paced, the group tends to stay together and takes the time look at the scenery.

Day	Time	Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Thursday May 2	9:00 AM	Alton Baker Park	412a	River Dr and Howe Lane	13-15 mph	41 Miles	FS	C	Larry Diffie 541-729-7923
Thursday May 2	9:00 AM	Alton Baker Park	412a	River Dr & Howe Lane	16+ mph	41 Miles	FS	C	Steve Husak 541-430-0441
Thursday May 2	6:00 PM	Alton Baker Park	113a	McKenzie View Dr	13-15 mph	25 Miles	BF	B	Julie Reed 541-206-2020
Saturday May 4	9:00 AM	Alton Baker Park	115a	I-5 Path, McKenzie View, Sunderman	10-12 mph	34 Miles	FS	B	Gary Swanson 541-913-0886
Saturday May 4	9:00 AM	Alton Baker Park	214a	Sovern Lane	13-15 mph	38 Miles	BF	A	Ted Conover 541-232-1920
Saturday May 4	9:00 AM	Alton Baker Park	212d	Cheshire Hills, Cox Butte	16+ mph	58 Miles	FS	C	Danielle Curran 608-469-9511
Sunday May 5	9:00 AM	Alton Baker Park	604b	Poodle Creek	13-15 mph	62 Miles	FS	B	Sue Wolling 541-345-2110
Sunday May 5	9:00 AM	Alton Baker Park	604b	Poodle Creek	13-15 mph	62 Miles	FS	B	Steve Savich 541-543-6845
Monday May 6	9:00 AM	Alton Baker Park	113a	Slo-Mo Monday McKenzie View Rd	10-12 mph	25 Miles	BF	B	Mike Cantrell 541-342-7649
Monday May 6	5:30 PM	Jefferson & 15th Park	241a	Wetlands After Work	13-15 mph	15 Miles	BF	A	Connor Brown 530-592-0005
Tuesday May 7	9:00 AM	Alton Baker Park	##	Free Fun Fox Hollow	10-12 mph	26 Miles	BF	C	Jackie Murdoff 541-345-3941
Tuesday May 7	6:00 PM	Alton Baker Park	##	Seavy Loop, Dillard Rd	14-16 mph	21 Miles	BF	C	Kayna Robison 541-517-2983
Thursday May 9	9:00 AM	Alton Baker Park	209d	Alvadore via Milliron	10-12 mph	36 Miles	FR	A	Gary Swanson 541-913-0886
Thursday May 9	9:00 AM	Alton Baker Park	209d	Alvadore via Milliron	12-14 mph	36 Miles	FR	A	Larry Diffie 541-729-7923
Thursday May 9	9:00 AM	Alton Baker Park	104c	Harrisburg via Coburg	16+ mph	44 Miles	FS	A	Steve Husak 541-430-0441
Thursday May 9	6:00 PM	Alton Baker Park	113a	McKenzie View Dr	14-16 mph	25 Miles	BF	B	Angie Long 410-707-4620
Saturday May 11	9:00 AM	Alton Baker Park	406a	Weyerhauser, Out & Back	10-12 mph	35 Miles	FS	B	Mike Cantrell 541-342-7649
Saturday May 11	9:00 AM	Alton Baker Park	406a	Weyerhauser, Out & Back	13-15 mph	35 Miles	FS	B	Bob Lewis 502-229-4809
Saturday May 11	9:00 AM	Alton Baker Park	314d	Hamm Rd via Fox Hollow	16+ mph	49 Miles	FS	C	Steve Savich 541-543-6845
Sunday May 12	TBA	TBA	TBA	Gravel / Mixed Surface	12-14 mph	TBA	TBA	C	Sam McCamant 503-270-6844
Monday May 13	9:00 AM	Alton Baker Park	103c	Slo-Mo Monday Coburg Btm Loop	10-12 mph	27 Miles	FS	A	Gary Swanson 541-913-0886
Tuesday May 14	9:00 AM	Alton Baker Park	##	Free Fun Fox Hollow	10-12 mph	26 Miles	BF	C	Jackie Murdoff 541-345-3941
Tuesday May 14	9:00 AM	Alton Baker Park	##	Riding Some Hills, Route Announced at the Start	12-14 mph	25-50 Miles	BF	C	Bob Lewis 502-229-4809
Tuesday May 14	6:00 PM	Alton Baker Park	313a	McBeth, Fox Hollow	14-16 mph	23 Miles	BF	C	Steph Brandt
Thursday May 16	9:00 AM	Alton Baker Park	117b	Upper Camp Creek	13-15 mph	38 Miles	BF	B	Bob Lewis 502-229-4809
Thursday May 16	9:00 AM	Alton Baker Park	117b	Upper Camp Creek	16+ mph	38 Miles	BF	B	Steve Husak 541-430-0441
Thursday May 16	6:00 PM	Alton Baker Park	113a	McKenzie View Dr	14-16 mph	25 Miles	BF	B	Angie Long 410-707-4620

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Thursday May 16	6:00 PM	Alton Baker Park	113a	McKenzie View Dr	14-16 mph	25 Miles	BF	B	Angie Long 410-707-4620
Saturday May 18	9:00 AM	Alton Baker Park	615a	Cinnamon Roll Ride FRBP, Crow Rd, Erickson	10-12 mph	30 Miles	FR	B	Richard Hughes 541-579-3098
Saturday May 18	9:00 AM	Alton Baker Park	615b	Cinnamon Roll Ride Reversed Petzold Out& Back	12-14 mph	36 Miles	FR	B	Larry Diffie 541-729-7923
Saturday May 18	9:00 AM	Alton Baker Park	105c	Brownsville via Brush Creek	16+ mph	77 Miles	FS	C	Steve Savich 541-543-6845
Sunday May 19	9:00 AM	Maurie Jacobs	318a	Briggs & Doane	13-15 mph	37 Miles	BF	C	Julie Reed 541-206-2020
Sunday May 19	9:30 AM	Austa Landing Park	925a	Old Stagecoach Rd	12-14 mph	30 Miles	BF	B	Steph Brandt
Sunday May 19	9:00 AM	Maurie Jacobs	214a	Sovern Lane	16+ mph	38 Miles	BF	A	Steve Savich 541-543-6845
Monday May 20	9:00 AM	Alton Baker Park	125a	Slo-Mo Monday Scenic Springfield	10-12 mph	24 Miles	BF	B	Mike Cantrell 541-342-7649
Monday May 20	5:30 PM	Jefferson & 15th Park	241a	Wetlands After Work	13-15 mph	15 Miles	BF	A	Connor Brown 530-592-0005
Tuesday May 21	9:00 AM	Alton Baker Park	##	Free Fun Fox Hollow	10-12 mph	26 Miles	BF	C	Larry Diffie 541-729-7923
Tuesday May 21	6:00 PM	Alton Baker Park	307f	Fox Hollow, Lorane Hwy, Gimpl	14-16 mph	36 Miles	BF	B	Steph Brandt
Wednesday May 22	5:00 PM	TBA	##	U of O Birds and Bikes	6-10 mph			A	Kayna Robison 541-517-2983
Thursday May 23	9:00 AM	Alton Baker Park	319b	Lorane Hwy to Petzold, Out & Back	13-15 mph	35 Miles	BF	B	Ted Conover 541-232-1920
Thursday May 23	9:00 AM	Alton Baker Park	302e	Veneta via Bolton Hill	16+ mph	50 Miles	FS	C	Steve Husak 541-430-0441
Thursday May 23	6:00 PM	Alton Baker Park	113a	McKenzie View Dr	14-16 mph	25 Miles	BF	B	Julie Reed 541-206-2020
Saturday May 25	9:00 AM	Alton Baker Park	106a	Wendling Covered Bridge	10-12 mph	51 Miles	FS	B	Gary Swanson 541-913-0886
Saturday May 25	9:00 AM	Alton Baker Park	106a	Wendling Covered Bridge	13-15 mph	51 Miles	FS	B	Nancy Whyte 650-279-1952
Sunday May 26	9:30 AM	Mary's River Park	##	C2C - Mary's Peak Trailhead	12-14 mph	23 Miles	BF	C	Howard Hesterberg 707-224-1606
Monday May 27	9:00 AM	Albertson's on Marcola	117d	Slo-Mo Monday Upper Camp Creek	10-12 mph	27 Miles	BF	B	Gary Swanson 541-913-0886
Tuesday May 28	9:00 AM	Alton Baker Park	##	Free Fun Fox Hollow	10-12 mph	26 Miles	BF	C	Jackie Murdoff 541-345-3941
Tuesday May 28	9:00 AM	Alton Baker Park	##	Riding Some Hills, Route Announced at the Start	12-14 mph	25-50 Miles	BF	C	Larry Diffie 541-729-7923
Tuesday May 28	6:00 PM	Alton Baker Park	##	McKenzie View, McGowan Creek	14-16 mph	44 Miles	FS	B	Kayna Robison 541-517-2983
Thursday May 30	9:00 AM	Alton Baker Park	406a	Pleasant Hill via Weyerhauser, Out & Back	13-15 mph	35 Miles	FS	B	Richard Hughes 541-579-3098
Thursday May 30	9:00 AM	Alton Baker Park	405a	Bear Creek, Pleasant Hill, Clearwater	16+ mph	46 Miles	FS	B	Steve Husak 541-430-0441
Thursday May 30	6:00 PM	Alton Baker Park	113a	McKenzie View Dr	14-16 mph	25 Miles	BF	B	TBA
Friday May 31	9:00 AM	Alton Baker Park	224a	West Hills, Butler, Sheffler Rd	13-15 mph	65 Miles	BF	C	Larry Diffie 541-729-7923

Color Key:

	10-12 mph leader pace
	16 + mph leader pace
	Evening Ride
	Gravel / Mixed Surface



Our ride schedule will be posted monthly with sign up posted approximately 7 days before the scheduled ride. Sign ups close 90 minutes before the scheduled start of the ride. You must sign up for your chosen ride online through SignUpGenius. No one is allowed to join the ride without signing online and if you decide to cancel your plan to ride, please remove your sign up so that a slot may be opened for another rider. SignUpGenius is free to use and gives us the ability to track riders without physical contact. To sign up for a GEARs ride click on the Sign Up Genius logo in the schedule at the bottom of the Ride Schedules page of our website and you will be taken to the sign

### Terrain Key:

- A:** Flat with gently rolling terrain.
- B:** Rolling Terrain with a few short, steep climbs.
- C:** Moderate rolling terrain with steeper, longer climbs.
- D:** Demanding terrain with frequent steep and / or sustained climbs.
- Note:** You should be an experienced cyclist to participate and enjoy C and D rides, or rides over 50 miles.

### Food Key:

- FS - Food store on route
- FR - Restaurant stop
- BF - Bring food