

GEARs March 2025 Rides

GEARs (Greater Eugene Area Riders) invites all cyclists to join in riding together through some beautiful Oregon terrain. We require that all participants wear a bike helmet and bring a bike in safe riding condition. A frame tire pump, tube/patch kit, basic tools, full water bottle and appropriate clothing are strongly encouraged. Ride leaders will help to ensure that you have a safe and pleasant experience. If you have questions about a scheduled ride, feel free to contact the ride leader or Ride Coordinator Bob Lewis at 502-229-4809 or bob@eugenegears.org.

Ride Speed Levels

GEARs bases its ride levels on *average speed*. On a given ride there will occasionally be times (downhill sections or flat areas with tailwinds) where riders exceed the stated ride speed level. Conversely, there will be times when riders pedal slower than the advertised pace (i.e. going uphill or into a headwind). **GEARs defines its speed categories as the pace a cyclist can pedal by herself/himself on a flat road sustained for 20-30 minutes alone.** For example, if you can ride at a 14-16 mph pace on a flat road, sustained for 20-30 minutes by yourself, then you should be able to comfortably ride in a GEARs 13-15 mph group ride.

If you decide to drop out of a ride along the way, please let the ride leader know so we don't come looking for you.

The **16+ mph** rides are fast paced with occasional pace lines and fewer stops. The ride leader will announce where regrouping will take place and will try to keep the group together when possible.

The **13-15 mph** rides are medium paced and regroup often. The ride may get stretched out, but will regroup at turns and at the top of climbs.

The **10-12 mph** rides are slower paced, the group tends to stay together and takes the time look at the scenery.

Day	Time	Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Saturday March 1	9:30 AM	Alton Baker Park	207b	Franklin Firehouse, Reversed	10-12 mph	41 Miles	FS	B	Ted Conover 541-232-1920
Sunday March 2	11:00 AM	Alton Baker Park	319b	Lorane Hwy to Petzold, Out and Back	12-14 mph	35 Miles	BF	B	Angie Long 410-707-4620
Monday March 3	9:30 AM	Alton Baker Park	113b	Slo-Mo Monday McKenzie View via I-5 path	10-12 mph	25 Miles	BF	B	Bob Lewis 502-229-4809
Tuesday March 4	9:30 AM	Alton Baker Park	##	Riding Some Hill, Route announced at the start	12-14 mph	25-50 Miles	BF	C	Darian Morray 541-953-5679
Tuesday March 4	6:00 PM	Zwift.com	Zwift Ride - Serpentine			17 Miles		B	Kayna Robison
Thursday March 6	9:30 AM	Alton Baker Park	406c	Pleasant Hill via Weyerhaeuser, Alt #2	13-15 mph	36 Miles	FS	B	Bob Lewis 502-229-4809
Thursday March 6	6:00 PM	Zwift.com	Zwift Ride - The Magnificent 8			18 Miles		B	Kayna Robison
Saturday March 8	9:30 AM	Alton Baker Park	300a	Crow (town)	10-12 mph	40 Miles	BF	C	Larry Diffie 541-729-7923
Saturday March 8	9:30 AM	Alton Baker Park	318d	Swing Log Bridge via Lorane Hwy	16+ mph	42 miles	BF	C	Mark LaPage 541-556-5569
Sunday March 9	9:30 AM	Alton Baker Park	114b	McKenzie View & Sunderman	12-14 mph	35 Miles	FS	B	Julie Reed 541-206-2020
Monday March 10	9:30 AM	Albertson's on Marcola	117d	Slo-Mo Monday Upper Camp Creek	10-12 mph	27 Miles	BF	B	Garry Swanson 541-913-0886
Tuesday March 11	9:30 AM	Alton Baker Park	##	Free Fun Fox Hollow	11-13 mph	26 Miles	BF	C	Richard Hughes 541-579-3098
Tuesday March 11	6:00 PM	Zwift.com	Zwift Ride - Canopies and Coastlines			17 Miles		B	Kayna Robison
Thursday March 13	9:30 AM	Alton Baker Park	114b	McKenzie View & Sunderman	10-12 mph	35 Miles	FS	B	Larry Diffie 541-729-7923
Thursday March 13	6:00 PM	Zwift.com	Zwift Ride - Wandering Flats			16 Miles		B	Kayna Robison
Saturday March 15	9:30 AM	JC Starbucks	601a	Daffodil ride from Junction City Starbucks	10-12 mph	19 Miles	FS	B	Garry Swanson 541-913-0886
Saturday March 15	9:30 AM	NEHS	601b	Daffodil Ride from North Eugene High School	13-15 mph	45 Miles	FS	B	Steve Hecker 541-954-1161
Sunday March 16	10:30 AM	Alton Baker Park	604b	Poodle Creek Metric Century	14-16 mph	62 Miles	FS	C	Mark LaPage 541-556-5569
Sunday March 16	9:30 AM	Alton Baker Park	201e	Junction City via Toftdahl	12-14 mph	44 Miles	FS	A	Angie Long 410-707-4620
Monday March 17	9:30 AM	Alton Baker Park	125a	Slo-Mo Monday Scenic Springfield	10-12 mph	24 Miles	BF	B	Mike Cantrell 541-342-7649
Tuesday March 18	9:30 AM	Alton Baker Park	##	Free Fun Fox Hollow	11-13 mph	26 Miles	BF	C	Steve Hecker 541-954-1161
Tuesday March 18	9:30 AM	Alton Baker Park	##	Riding Some Hill, Route announced at the start	12-14 mph	25-50 Miles	BF	C	Craig Congdon 541-246-0600
Tuesday March 18	6:00 PM	Zwift.com	Zwift Ride - Mayan 8			16 Miles		B	Kayna Robison

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Day	Time	Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader	
Thursday March 20	9:30 AM	Alton Baker Park	209d	Alvadore via Milliron	10-12 mph	36 Miles	FR	A	Larry Diffie 541-729-7923	
Thursday March 20	9:30 AM	Alton Baker Park	227b	Applegate, Return via Alvadore, Fern Ridge Path	13-15 mph	46 Miles	FS	B	Betsy Ingram	
Thursday March 20	6:00 PM	Zwift.com	Zwift Ride - Watopia's Waistband				17 Miles		B	Kayna Robison
Friday March 21	10:00 AM	Twin Oaks Church	908c	Wolf Creek from Twin Oaks Church	13-15 mph	53 Miles	FS	B	Craig Congdon 541-246-0600	
Saturday March 22	9:30 AM	Alton Baker Park	113c	McKenzie View & Sunderman via I-5 path	10-12 mph	34 Miles	FS	B	Ted Conover 541-232-1920	
Saturday March 22	9:30 AM	Alton Baker Park	106a	Wendling Covered Bridge	12-14 mph	51 Miles	FS	B	Robin Leighty 541-344-5021	
Sunday March 23	10:30 AM	Monroe City Park	730b Rev	Monroe Mixed Surfaces, Reversed	12-14 mph	25 Miles	BF	C	Sam McCamant 503-270-6844	
Sunday March 23	9:30 AM	Alton Baker Park		TBA	12-14 mph				Julie Reed 541-206-2020	
Monday March 24	9:30 AM	Alton Baker Park	103c	Slo-Mo Monday Coburg Bottom Loop	10-12 mph	27 Miles	FS	A	Garry Swanson 541-913-0886	
Tuesday March 25	9:30 AM	Alton Baker Park	##	Free Fun Fox Hollow	10-12 mph	26 Miles	BF	C	Larry Diffie 541-729-7923	
Tuesday March 25	9:30 AM	Alton Baker Park	##	Riding Some Hill, Route announced at the start	12-14 mph	25-50 Miles	BF	C	Sue Wolling 541-345-2110	
Tuesday March 25	6:00 PM	Zwift.com	Zwift Ride - Roule Ma Poule				16 Miles		B	Kayna Robison
Thursday March 27	9:30 AM	Alton Baker Park	319b	Lorane Hwy to Petzold	10-12 mph	35 Miles	BF	B	Theresa Congdon 541-246-0600	
Thursday March 27	9:30 AM	Alton Baker Park	302a	Veneta via Petzold, Central	13-15 mph	47 Miles	FS	C	Bob Lewis 502-229-4809	
Thursday March 27	6:00 PM	Zwift.com	Zwift Ride - The Muckle Yin				17 Miles		B	Kayna Robison
Saturday March 29	9:30 AM	Alton Baker Park	405b	Pleasant Hill to Clearwater	10-12 mph	40 Miles	FS	C	Ted Conover 541-232-1920	
Saturday March 29	9:30 AM	Alton Baker Park	405a	Bear Creek, Pleasant Hill, Clearwater	13-15 mph	46 Miles	FS	C	Steve Hecker 541-954-1161	
Saturday March 29	10:30 AM	Honeyman Park	765a	Honeyman Gravel	12-14 mph	54 Miles	BF	D	Mark LaPage 541-556-5569	
Sunday March 30	9:30 AM	Alton Baker Park		TBA	12-14 mph				Julie Reed 541-206-2020	
Monday March 31	9:30 AM	Alton Baker Park	113b	Slo-Mo Monday McKenzie View via I-5 path	10-12 mph	25 Miles	BF	B	Mike Cantrell 541-342-7649	

Color Key:

10-12 mph leader pace
16 + mph leader pace
Evening Ride
Gravel / Mixed Surfaces



Our ride schedule will be posted monthly with sign up posted approximately 7 days before the scheduled ride. Sign ups close 90 minutes before the scheduled start of the ride. You must sign up for your chosen ride online through SignUp Genius. No one is allowed to join the ride without signing online and if you decide to cancel your plan to ride, please remove your sign up so that a slot may be opened for another rider. SignUp Genius is free to use and gives us the ability to track riders without physical contact. To sign up for a GEARs ride click on the Sign Up Genius logo in the schedule at the bottom of the Ride Schedules page of our website and you will be

Terrain Key:

- A:** Flat with gently rolling terrain.
 - B:** Rolling Terrain with a few short, steep climbs.
 - C:** Moderate rolling terrain with steeper, longer climbs.
 - D:** Demanding terrain with frequent steep and /or sustained climbs.
- Note:** You should be an experienced cyclist to participate and enjoy C and D rides, or rides over 50 miles.

Food Key:

- FS - Food store on route
- FR - Restaurant stop
- BF - Bring food