

# GEARs July 2026 Rides

GEARs (Greater Eugene Area Riders) invites all cyclists to join in riding together through some beautiful Oregon terrain. We require that all participants wear a bike helmet and bring a bike in safe riding condition. A frame tire pump, tube/patch kit, basic tools, full water bottle and appropriate clothing are strongly encouraged. Ride leaders will help to ensure that you have a safe and pleasant experience. If you have questions about a scheduled ride, feel free to contact the ride leader or Ride Coordinator Bob Lewis at 502-229-4809 or bob@eugenegears.org.

## Ride Speed Levels

GEARs bases its ride levels on *average speed*. On a given ride there will occasionally be times (downhill sections or flat areas with tailwinds) where riders exceed the stated ride speed level. Conversely, there will be times when riders pedal slower than the advertised pace (i.e. going uphill or into a headwind). **GEARs defines its speed categories as the pace a cyclist can pedal by herself/himself on a flat road sustained for 20-30 minutes alone.** For example, if you can ride at a 14-16 mph pace on a flat road, sustained for 20-30 minutes by yourself, then you should be able to comfortably ride in a GEARs 13-15 mph group ride.

***If you decide to drop out of a ride along the way, please let the ride leader know so we don't come looking for you.***

The **16+ mph** rides are fast paced with occasional pace lines and fewer stops. The ride leader will announce where regrouping will take place and will try to keep the group together when possible.

The **13-15 mph** rides are medium paced and regroup often. The ride may get stretched out, but will regroup at turns and at the top of climbs.

The **10-12 mph** rides are slower paced, the group tends to stay together and takes the time look at the scenery.

Day	Time	Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Thursday July 2	8:30 AM	Alton Baker Park	215a	Meadowview Loop, Reversed	10-12 mph	34 Miles	BF	<b>A</b>	Ted Conover 541-232-1920
Thursday July 2	8:30 AM	Alton Baker Park	302a	Veneta via Petzold, Central	13-15 mph	47 Miles	FS	<b>B</b>	Bob Lewis 502-229-4809
Thursday July 2	<b>6:00 PM</b>	Alton Baker Park	113a	Throwback Thursday on McKenzie View	14-16 mph	25 Miles	BF	<b>B</b>	Danielle Curran 608-469-9511
Saturday July 4	8:30 AM	Alton Baker Park	114b	McKenzie View & Sunderman	10-12 mph	35 Miles	FS	<b>B</b>	Mike Cantrell 541-342-7649
Saturday July 4	8:30 AM	Alton Baker Park	122a	McKenzie View to Deerhorn	13-15 mph	58 Miles	FS	<b>B</b>	Bob Lewis 502-229-4809
Monday July 6	8:30 AM	Alton Baker Park	125a	Slo-Mo Monday Scenic Springfield	10-12 mph	24 Miles	BF	<b>B</b>	Gary Haliski 541-337-1311
Tuesday July 7	<b>6:30 AM</b>	Alton Baker Park	##	Free Fun Early Bird Fox Hollow	10-12 mph	30 Miles	BF	<b>C</b>	Jackie Murdoff 541-345-3941
Tuesday July 7	8:30 AM	Alton Baker Park	##	Free Fun Fox Hollow	10-12 mph	36 Miles	BF	<b>C</b>	Steve Hecker 541-954-1161
Wednesday July 8	<b>6:00 PM</b>	Alton Baker Park	125a	WTNB* Only (*Women, Trans, Non-Binary)	10-12 mph	10 Miles	BF	<b>A</b>	Kait Glasswell
Thursday July 9	8:30 AM	Alton Baker Park	317a	Pine Grove Rd	10-12 mph	28 Miles	BF	<b>C</b>	Gary Haliski 541-337-1311
Thursday July 9	8:30 AM	Alton Baker Park	318a	Briggs Hill to Doane Rd	13-15 mph	37 Miles	BF	<b>C</b>	Craig Congdon 541-246-0600
Thursday July 9	<b>6:00 PM</b>	Alton Baker Park	113a	Throwback Thursday on McKenzie View	14-16 mph	25 Miles	BF	<b>B</b>	Julie Reed 541-206-2020
Saturday July 11	8:30 AM	Alton Baker Park	412a	River Dr and Howe Lane	11-13 mph	41 Miles	FR	<b>A</b>	Steve Hecker 541-954-1161
Saturday July 11	8:30 AM	Blue River	900a	Aufderheide from Blue River	13-15 mph	62 Miles	BF	<b>C</b>	Bob Lewis 502-229-4809
Monday July 13	8:30 AM	Alton Baker Park	103c	Slo-Mo Monday Coburg Bottom Loop	10-12 mph	27 Miles	FS	<b>A</b>	Mike Cantrell 541-342-7649
Tuesday July 14	8:30 AM	Alton Baker Park	##	Free Fun Fox Hollow	10-12 mph	26 Miles	BF	<b>C</b>	Betsy Ingram
Wednesday July 15	<b>10:30 AM</b>	Twin Oak Church	##	Lowell & Richard's 168 Celebration	10-12 mph	32 Miles	FR	<b>C</b>	Richard Hughes 541-579-3098
Wednesday July 15	<b>6:00 PM</b>	Alton Baker Park	125a	WTNB* Only (*Women, Trans, Non-Binary)	10-12 mph	10 Miles	BF	<b>A</b>	Kait Glasswell
Thursday July 16	8:30 AM	Alton Baker Park	417a	Dale Kuni Rd	10-12 mph	34 Miles	BF	<b>A</b>	Ted Conover 541-232-1920
Thursday July 16	8:30 AM	Alton Baker Park	401h	Pleasant Hill via Rodgers	13-15 mph	41 Miles	FS	<b>C</b>	Bob Lewis 502-229-4809
Thursday July 16	<b>6:00 PM</b>	Alton Baker Park	113a	Throwback Thursday on McKenzie View	14-16 mph	25 Miles	BF	<b>B</b>	James Hannum
Saturday July 18	8:30 AM	Alton Baker Park	209d	"Bikes & Trikes" Alvadore via Milliron	9-12 mph	36 Miles	FR	<b>A</b>	Larry Diffie 541-729-7923

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Saturday July 18	8:30 AM	Alton Baker Park	##	Franklin Firehouse & High Pass	13-15 mph				Howard Hesterberg 707-321-1696
Monday July 20	8:30 AM	Alton Baker Park	113d	Slo-Mo Monday McKenzie View Rd	10-12 mph	25 Miles	BF	<b>B</b>	Gary Haliski 541-337-1311
Monday July 20	Aufderheide Mixed Surface Backing Packin Loop July 20-24 See 'https://eugenegears.org/overnights-tours/ for more info & Sign-Up								Sam McCamant 503-270-6844
Tuesday July 21	<b>6:30 AM</b>	Alton Baker Park	##	Free Fun Early Bird Fox Hollow	10-12 mph	30 Miles	BF	<b>C</b>	Jackie Murdoff 541-345-3941
Wednesday July 22	<b>6:00 PM</b>	Alton Baker Park	125a	WTNB* Only (*Women, Trans, Non-Binary)	10-12 mph	10 Miles	BF	<b>A</b>	Kait Glasswell
Thursday July 23	8:30 AM	Alton Baker Park	113c	McKenzie View & Sunderman via I-5 Path	10-12 mph	34 Miles	FS	<b>B</b>	John Anderson 404-312-2924
Thursday July 23	8:30 AM	Alton Baker Park	125d	Clearwater, Sunderman, McKenzie View	13-15 mph	37 Miles	FS	<b>B</b>	Steve McHugh
Thursday July 23	<b>6:00 PM</b>	Alton Baker Park	113a	Throwback Thursday on McKenzie View	14-16 mph	25 Miles	BF	<b>B</b>	James Hannum
Saturday July 25	8:30 AM	Alton Baker Park	319b	Lorane Hwy to Petzold, Out & Back	10-12 mph	35 Miles	BF	<b>B</b>	Gary Haliski 541-337-1311
Saturday July 25	8:30 AM	Alton Baker Park	308e	Wolf Creek via Lorane (Town)	13-15 mph	71 Miles	FS	<b>B</b>	Danielle Curran 608-469-9511
Monday July 27	8:30 AM	Albertson's on Marcola	117d	Slo-Mo Monday Upper Camp Creek	10-12 mph	27 Miles	BF	<b>B</b>	John Anderson 404-312-2924
Tuesday July 28	<b>6:30 AM</b>	Alton Baker Park	##	Free Fun Early Bird Fox Hollow	10-12 mph	30 Miles	BF	<b>C</b>	Jackie Murdoff 541-345-3941
Tuesday July 28	8:30 AM	Alton Baker Park	##	Free Fun Fox Hollow	10-12 mph	36 Miles	BF	<b>C</b>	Steve Hecker 541-954-1161
Wednesday July 29	<b>6:00 PM</b>	Alton Baker Park	125a	WTNB* Only (*Women, Trans, Non-Binary)	10-12 mph	10 Miles	BF	<b>A</b>	Kait Glasswell
Thursday July 30	8:30 AM	Alton Baker Park	214a	Sovern Lane	10-12 mph	38 Miles	BF	<b>A</b>	Gary Haliski 541-337-1311
Thursday July 30	8:30 AM	Alton Baker Park	227c	Applegate Trail, CCW	13-15 mph	49 Miles	FS	<b>B</b>	Bob Lewis 502-229-4809
Thursday July 30	<b>6:00 PM</b>	Alton Baker Park	113a	Throwback Thursday on McKenzie View	14-16 mph	25 Miles	BF	<b>B</b>	Julie Reed 541-206-2020

Color Key:

10-12 mph leader pace

16 + mph leader pace

Evening Ride



The Ride Schedule is also available for download at the GEARs website: [www.eugenegears.org](http://www.eugenegears.org). Most of the rides listed above now have cue sheets and links to maps on our website, [www.eugenegears.org/rides/ridelist](http://www.eugenegears.org/rides/ridelist).

Our ride schedule will be posted monthly with sign up posted approximately 7 days before the scheduled ride. Sign ups close 90 minutes before the scheduled start of the ride. You must sign up for your chosen ride online through SignUp Genius. No one is allowed to join the ride without signing online and if you decide to cancel your plan to ride, please remove your sign up so that a slot may be opened for another rider. SignUp Genius is free to use and gives us the ability to track riders without physical contact. To sign up for a GEARs ride click on the Sign Up Genius logo in the schedule at the bottom of the Ride Schedules page of our website and you will be

### Terrain Key:

**A:** Flat with gently rolling terrain.

**B:** Rolling Terrain with a few short, steep climbs.

**C:** Moderate rolling terrain with steeper, longer climbs.

**D:** Demanding terrain with frequent steep and / or sustained climbs.

**Note:** You should be an experienced cyclist to participate and enjoy C and D rides, or rides over 50 miles.

### Food Key:

FS - Food store on route

FR - Restaurant stop

BF - Bring food