

GEARs July 2024 Rides

GEARs (Greater Eugene Area Riders) invites all cyclists to join in riding together through some beautiful Oregon terrain. We require that all participants wear a bike helmet and bring a bike in safe riding condition. A frame tire pump, tube/patch kit, basic tools, full water bottle and appropriate clothing are strongly encouraged. Ride leaders will help to ensure that you have a safe and pleasant experience. If you have questions about a scheduled ride, feel free to contact the ride leader or Ride Coordinator Larry Diffie at 541-729-7923 or larry@eugenegears.org.

Ride Speed Levels

GEARs bases its ride levels on *average speed*. On a given ride there will occasionally be times (downhill sections or flat areas with tailwinds) where riders exceed the stated ride speed level. Conversely, there will be times when riders pedal slower than the advertised pace (i.e. going uphill or into a headwind). **GEARs defines its speed categories as the pace a cyclist can pedal by herself/himself on a flat road sustained for 20-30 minutes alone.** For example, if you can ride at a 14-16 mph pace on a flat road, sustained for 20-30 minutes by yourself, then you should be able to comfortably ride in a GEARs 13-15 mph group ride.

If you decide to drop out of a ride along the way, please let the ride leader know so we don't come looking for you.

The **16+ mph** rides are fast paced with occasional pace lines and fewer stops. The ride leader will announce where regrouping will take place and will try to keep the group together when possible.

The **13-15 mph** rides are medium paced and regroup often. The ride may get stretched out, but will regroup at turns and at the top of climbs.

The **10-12 mph** rides are slower paced, the group tends to stay together and takes the time look at the scenery.

Day	Time	Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Monday July 1	8:30 AM	Alton Baker Park	125a	Slo-Mo Monday Scenic Springfield	10-12 mph	24 Miles	BF	B	Bob Lewis 502-229-4809
Tuesday July 2	8:30 AM	Alton Baker Park	##	Free Fun Fox Hollow	10-12 mph	26 Miles	BF	C	Jackie Murdoff 541-345-3941
Tuesday July 2	6:00 PM	Alton Baker Park	307g	Fox Hollow, McBeth, Gimpl	14-16 mph	32 Miles	BF	C	Steph Brandt 541-610-9310
Thursday July 4	8:00 AM	Philomath Post Office	##	Mary's Peak from Philomath	12-14 mph	38 Miles	Bf	C	Sam McCamant 503-270-6844
Thursday July 4	8:30 AM	Alton Baker Park	314c	Hamm Rd via Lorane Hwy	12-14 mph	48 Miles	FS	C	Larry Diffie 541-729-7923
Thursday July 4	8:30 AM	Alton Baker Park	314d	Hamm Rd via Fox Hollow	16+ mph	49 Miles	FS	C	Kayna Robison 541-517-2983
Saturday July 6	8:30 AM	Alton Baker Park	207a	Franklin Firehouse	12-14 mph	40 Miles	BF	B	Ted Conover 541-232-1920
Saturday July 6	8:30 AM	Alton Baker Park	337a	Veneta, Vaughn, Knight, Warthem	16+ mph	61 Miles	BF	C	John Reidy 805-807-5657
Saturday July 6	8:30 AM	Mohawk Store	940a	Shotgun Loop from Mohawk	12-14 mph	54 Miles	BF	D	Sam McCamant 503-270-6844
Sunday July 7	9:00 AM	Signal Point Boat Ramp	702a	West Boundry	12-14 mph	35 Miles	BF	C	Steph Brandt 541-610-9310
Monday July 8	8:30 AM	Alton Baker Park	103c	Slo-Mo Monday Coburg Btm Loop	10-12 mph	27 Miles	FS	A	Mike Cantrell 541-342-7649
Tuesday July 9	8:30 AM	Alton Baker Park	##	Free Fun Fox Hollow	10-12 mph	26 Miles	BF	C	Jackie Murdoff 541-345-3941
Tuesday July 9	8:30 AM	McKenzie Bridge RS	##	Highway 242 to Observatory and back	12-14 mph	47 Miles	BF	C	Steve Hecker 541-954-1161
Tuesday July 9	6:00 PM	Alton Baker Park	313a	McBeth, Fox Hollow	14-16 mph	23 Miles	BF	C	Kayna Robison 541-517-2983
Thursday July 11	8:30 AM	Alton Baker Park	302e	Veneta via Bolton Hill	13-15 mph	50 Miles	FS	C	Karen Goodwin 530-519-2646
Thursday July 11	6:00 PM	Alton Baker Park	113a	McKenzie View Dr	14-16 mph	25 Miles	BF	B	Julie Reed 541-206-2020
Saturday July 13	8:30 AM	Alton Baker Park	417b	Cloverdale, Creswell Bakery	10-12 mph	35 Miles	FR	A	Larry Diffie 541-729-7923
Saturday July 13	8:30 AM	Alton Baker Park	417b	Cloverdale, Creswell Bakery	13-15 mph	35 Miles	FR	A	Ted Conover 541-232-1920
Sunday July 14	9:00 AM	Wildcat Covered Bridge	925a	Old Stagecoach Rd	12-14 mph	30 Miles	BF	B	Howard Hesterberg 707-321-1696
Monday July 15	8:30 AM	Alton Baker Park	125a	Slo-Mo Monday Scenic Springfield	10-12 mph	24 Miles	BF	B	Mike Cantrell 541-342-7649
Tuesday July 16	8:30 AM	Alton Baker Park	##	Riding Some Hills, Route Announced at the Start	12-14 mph	25-50 Miles	BF	C	Sue Wolling 541-345-2110
Tuesday July 16	6:00 PM	Alton Baker Park	307h	Fox Hollow, Dillard	14-16 mph	28 Miles	BF	C	Steph Brandt 541-610-9310
Thursday July 18	8:30 AM	Alton Baker Park	114b	McKenzie View & Sunderman	10-12 mph	35 Miles	FS	B	Richard Hughes 541-579-3098

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Day	Time	Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Thursday July 18	8:30 AM	Alton Baker Park	125c	McKenzie View, Sunderman, Clearwater	12-14 mph	39 Miles	FS	C	Connor Brown 530-592-0005
Thursday July 18	8:30 AM	Alton Baker Park	227d	River Rd, Oakley, Cox Butte	16+ mph	49 Miles	FS	B	Steve Husak 541-430-0441
Thursday July 18	6:00 PM	Alton Baker Park	113a	McKenzie View Dr	14-16 mph	25 Miles	BF	B	Angie Long 410-707-4620
Saturday July 20	8:30 AM	Alton Baker Park	209d	Alvadore via Milliron	10-12 mph	36 Miles	FR	A	Larry Diffie 541-729-7923
Saturday July 20	8:30 AM	Alton Baker Park	209d	Alvadore via Milliron	13-15 mph	36 Miles	FR	A	Bob Lewis 502-229-4809
Saturday July 20	8:00 AM	Alton Baker Park	##	Drain (town) to Wolf Creek	16+ mph	104 Miles	FS	C	Steve Savich 541-543-6845
Monday July 22	8:30 AM	Albertson's on Marcola	117d	Slo-Mo Monday Upper Camp Creek	10-12 mph	27 Miles	BF	B	TBA
Tuesday July 23	8:30 AM	Alton Baker Park	##	Free Fun Fox Hollow	10-12 mph	26 Miles	BF	C	Jackie Murdoff 541-345-3941
Tuesday July 23	6:00 PM	Alton Baker Park	415a	Seavey Loop to Dillard	14-16 mph	21 Miles	BF	C	Kayna Robison 541-517-2983
Thursday July 25	8:30 AM	Alton Baker Park	319b	Lorane Hwy to Petzold	12-14 mph	35 Miles	BF	B	Ted Conover 541-232-1920
Thursday July 25	8:30 AM	Alton Baker Park	105c	Brownsville via Gap Rd, Return Lake Creek, Rowland	16+ mph	66 Miles	FS	B	Steve Husak 541-430-0441
Thursday July 25	6:00 PM	Alton Baker Park	113a	McKenzie View Dr	14-16 mph	25 Miles	BF	B	Julie Reed 541-206-2020
Saturday July 27	8:30 AM	Alton Baker Park	406a	Pleasant Hill via Weyerhauser, Out and Back	10-12 mph	35 Miles	FS	B	TBA
Saturday July 27	8:30 AM	Alton Baker Park	406a	Pleasant Hill via Weyerhauser, Out and Back	13-15 mph	35 Miles	FS	B	Nancy Whyte 650-279-1952
Saturday July 27	8:30 AM	Alton Baker Park	304a	Poodle Creek Metric Century	16+ mph	62 Miles	FS	C	Danielle Curran 608-469-9511
Sunday July 28	8:00 AM	Cottage Grove	##	Lorane, Drain, Scott's Valley, London	12-14 mph	76 Miles	BF	C	Jackie Murdoff 541-345-3941
Monday July 29	8:30 AM	Alton Baker Park	113a	Slo-Mo Monday McKenzie View Rd	10-12 mph	25 Miles	BF	B	Bob Lewis 502-229-4809
Tuesday July 30	8:30 AM	Alton Baker Park	##	Free Fun Fox Hollow	10-12 mph	26 Miles	BF	C	Jackie Murdoff 541-345-3941
Tuesday July 30	6:00 PM	Alton Baker Park							Danielle Curran 608-469-9511

Color Key:

10-12 mph leader pace

16 + mph leader pace

Evening Ride



The Ride Schedule is also available for download at the GEARs website: www.eugenegears.org. Most of the rides listed above now have cue sheets and links to maps on our website, www.eugenegears.org/rides/ridelist.

Our ride schedule will be posted monthly with sign up posted approximately 7 days before the scheduled ride. Sign ups close 90 minutes before the scheduled start of the ride. You must sign up for your chosen ride online through SignUp Genius. No one is allowed to join the ride without signing online and if you decide to cancel your plan to ride, please remove your sign up so that a slot may be opened for another rider. SignUp Genius is free to use and gives us the ability to track riders without physical contact. To sign up for a GEARs ride click on the Sign Up Genius logo in the schedule at the bottom of the Ride Schedules page of our website and you will be

Terrain Key:

A: Flat with gently rolling terrain.

B: Rolling Terrain with a few short, steep climbs.

C: Moderate rolling terrain with steeper, longer climbs.

D: Demanding terrain with frequent steep and / or sustained climbs.

Note: You should be an experienced cyclist to participate and enjoy C and D rides, or rides over 50 miles.

Food Key:

FS - Food store on route

FR - Restaurant stop

BF - Bring food