

GEARs December 2024 Rides

GEARs (Greater Eugene Area Riders) invites all cyclists to join in riding together through some beautiful Oregon terrain. We require that all participants wear a bike helmet and bring a bike in safe riding condition. A frame tire pump, tube/patch kit, basic tools, full water bottle and appropriate clothing are strongly encouraged. Ride leaders will help to ensure that you have a safe and pleasant experience. If you have questions about a scheduled ride, feel free to contact the ride leader or Ride Coordinator Bob Lewis at 502-229-4809 or bob@eugenegears.org.

Ride Speed Levels

GEARs bases its ride levels on *average speed*. On a given ride there will occasionally be times (downhill sections or flat areas with tailwinds) where riders exceed the stated ride speed level. Conversely, there will be times when riders pedal slower than the advertised pace (i.e. going uphill or into a headwind). **GEARs defines its speed categories as the pace a cyclist can pedal by herself/himself on a flat road sustained for 20-30 minutes alone.** For example, if you can ride at a 14-16 mph pace on a flat road, sustained for 20-30 minutes by yourself, then you should be able to comfortably ride in a GEARs 13-15 mph group ride.

If you decide to drop out of a ride along the way, please let the ride leader know so we don't come looking for you.

The **16+ mph** rides are fast paced with occasional pace lines and fewer stops. The ride leader will announce where regrouping will take place and will try to keep the group together when possible.

The **13-15 mph** rides are medium paced and regroups often. The ride may get stretched out, but will regroup at turns and at the top of climbs.

The **10-12 mph** rides are slower paced, the group tends to stay together and takes the time look at the scenery.

Day	Time	Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Sunday December 1	9:30 AM	Alton Baker Park	115b	McKenzie View, McGowan Creek	14-16 mph	43 Miles	BF	C	Mark LaPage 541-556-5569
Monday December 2	9:30 AM	Alton Baker Park	103c	Slo-Mo Monday, Coburg Bottom Loop	10-12 mph	27 Miles	FS	A	Bob Lewis 502-229-4809
Tuesday December 3	9:30 AM	Alton Baker Park	##	Free Fun Fox Hollow	10-12 mph	26 Miles	BF	C	Jackie Murdoff 541-345-3941
Tuesday December 3	9:30 AM	Alton Baker Park	##	Riding Some Hills Route announced at start	12-14 mph	25-50 Miles	BF	C	Craig Congdon 541-246-0600
Tuesday December 3	6:00 PM	Zwift.com	Zwift Ride https://www.zwift.com/events/view/4628066			16.6 Miles		785' Gain	Kayna Robison 541-517-2983
Thursday December 5	9:30 AM	Alton Baker Park	412d	Howe Lane to Butte Rd	10-12 mph	37 Miles	FR	B	Ted Conover 541-232-1920
Thursday December 5	9:30 AM	Alton Baker Park	412d	Howe Lane to Butte Rd	13-15 mph	37 Miles	FR	B	Richard Hughes 541-579-3098
Thursday December 5	6:00 PM	Zwift.com	Zwift Ride https://www.zwift.com/events/view/4628070			16.2 Miles		818' Gain	Kayna Robison 541-517-2983
Saturday December 7	9:30 AM	Alton Baker Park	126a	Mill Path to Sunderman Rd	10-12 mph	32 Miles	FS	B	Ted Conover 541-232-1920
Saturday December 7	9:30 AM	Alton Baker Park	117c	Walterville via Camp Creek Rd	12-14 mph	38 Miles	FS	B	Larry Diffie 541-729-7923
Sunday December 8	10:00 AM	Alton Baker Park	114b	McKenzie View & Sunderman	13-15 mph	35 Miles	FS	B	Julie Reed 541-206-2020
Monday December 9	9:30 AM	Alton Baker Park	125a	Slo-Mo Monday Scenic Springfield	10-12 mph	24 Miles	BF	B	Mike Cantrell 541-342-7649
Tuesday December 10	9:30 AM	Alton Baker Park	##	Free Fun Fox Hollow	10-12 mph	26 Miles	BF	C	Jackie Murdoff 541-345-3941
Tuesday December 10	9:30 AM	Alton Baker Park	##	Riding Some Hills Route announced at start	12-14 mph	25-50 Miles	BF	C	Steve Hecker 541-954-1161
Tuesday December 10	6:00 PM	Zwift.com	Zwift Ride https://www.zwift.com/events/view/4628074			15.9 Miles		969' Gain	Kayna Robison 541-517-2983
Thursday December 12	9:30 AM	Alton Baker Park	114d	McKenzie View, Sunderman, Reversed	10-12 mph	35 Miles	FS	B	Ted Conover 541-232-1920
Thursday December 12	9:30 AM	Alton Baker Park	114d	McKenzie View, Sunderman, Reversed	12-14 mph	35 Miles	FS	B	Larry Diffie 541-729-7923
Thursday December 12	6:00 PM	Zwift.com	Zwift Ride https://www.zwift.com/events/view/4628077			17.3 Miles			Kayna Robison 541-517-2983
Saturday December 14	9:30 AM	Alton Baker Park	207d	Franklin Firehouse via Clear Lake	10-12 mph	38 Miles	FS	B	Garry Swanson 541-913-0886
Saturday December 14	9:30 AM	Alton Baker Park	211a	Lawrence and Short Butler	13-15 mph	41 Miles	FS	C	Karen Goodwin 530-519-2646
Sunday December 15	10:00 AM	Alton Baker Park	301a	Central via Crow (Town)	13-15 mph	38 Miles	BF	C	Julie Reed 541-206-2020
Sunday December 15	10:00 AM	Crow Grange	750a	Vaughn, C Mainline, Battle Creek	12-14 mph	37 Miles	BF	B	Mark LaPage 541-556-5569
Monday December 16	9:30 AM	Albertson's on Marcola	117d	Slo-Mo Monday Upper Camp Creek Rd	10-12 mph	27 Miles	BF	B	Garry Swanson 541-913-0886

GEARs December 2024 Rides

Page 2

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Monday December 16	6:00 PM	Springfield Evening Holiday Lights Ride - Monday, December 16. Meet at Page Elementary School, 1300 Hayden Bridge Rd.							
Tuesday December 17	9:30 AM	Alton Baker Park	##	Free Fun Fox Hollow	10-12 mph	26 Miles	BF	C	Jackie Murdoff 541-345-3941
Tuesday December 17	9:30 AM	Alton Baker Park	##	Riding Some Hills Route announced at start	12-14 mph	25-50 Miles	BF	C	Sue Wolling 541-345-2110
Tuesday December 17	6:00 PM	Zwift.com	Zwift Ride https://www.zwift.com/events/view/4628082			16.3 Miles		818' Gain	Kayna Robison 541-517-2983
Wednesday December 18	6:00 PM	Eugene Evening Holiday Lights Ride - Wednesday, December 18. We will meet at Cal Young Middle School, 2555 Gilham Rd., Eugene.							
Thursday December 19	9:30 AM	Alton Baker Park	TBD	Coffee Ride	10-12 mph	TBD			Karen Goodwin 530-519-2646
Thursday December 19	9:30 AM	Alton Baker Park	103a	Coburg Rd to Bowers Rd	13-15 mph	39 Miles	FS	A	Steve Hecker 541-954-1161
Thursday December 19	6:00 PM	Zwift.com	Zwift Ride https://www.zwift.com/events/view/4628088			17.2 Miles		331' Gain	Kayna Robison 541-517-2983
Saturday December 21	9:30 AM	Alton Baker Park	302d	Veneta via Petzold	13-15 mph	45 Miles	FS	B	Julie Reed 541-206-2020
Sunday December 22	10:00 AM	Alton Baker Park	417a	Dale Kuni Rd	13-15 mph	34 Miles	BF	B	Angie Long 410-707-4620
Monday December 23	9:30 AM	Alton Baker Park	115a	Slo-Mo Monday McKenzie View via I-5 Path	10-12 mph	26 Miles	BF	B	Bob Lewis 502-229-4809
Tuesday December 24	9:30 AM	Alton Baker Park	##	Riding Some Hills Route announced at start	12-14 mph	25-50 Miles	BF	C	Karen Goodwin 530-519-2646
Tuesday December 24	6:00 PM	Zwift.com	Zwift Ride TBA						
Thursday December 26	9:30 AM	Alton Baker Park	209a	Alvadore Short	10-12 mph	30 Miles	BF	A	Garry Swanson 541-913-0886
Thursday December 26	9:30 AM	Alton Baker Park	208b	Franklin,Cheshire, Dorsey	13-15 mph	48 Miles	FS	B	Mark LaPage 541-556-5569
Thursday December 26	6:00 PM	Zwift.com	Zwift Ride TBA						
Saturday December 28	9:30 AM	Alton Baker Park		Pleasant Hill via Weyerhaeuser, Out & Back	10-12 mph		FS	B	Garry Swanson 541-913-0886
Saturday December 28	9:30 AM	Alton Baker Park	406b	Pleasant Hill via Weyerhaeuser, Out & Back	13-15 mph	36 Miles	FS	B	Bob Lewis 502-229-4809
Sunday December 29	10:00 AM	Alton Baker Park	201a	Junction City via Love Lake Rd	13-15 mph	35 Miles	BF	A	Angie Long 410-707-4620
Sunday December 29	10:00 AM	Signal Point	702a	West Boundry Rd	12-14 mph	35 Miles	BF	C	Steph Brandt 541-610-9310
Monday December 30	9:30 AM	Alton Baker Park	103c	Slo-Mo Monday, Coburg Bottom Loop	10-12 mph	27 Miles	FS	A	Garry Swanson 541-913-0886
Tuesday December 31	9:30 AM	Alton Baker Park	##	Free Fun Fox Hollow	10-12 mph	26 Miles	BF	C	Larry Diffie 541-729-7923
Tuesday December 31	9:30 AM	Alton Baker Park	##	Riding Some Hills Route announced at start	12-14 mph	25-50 Miles	BF	C	Craig Congdon 541-246-0600
Tuesday December 31	6:00 PM	Zwift.com	Zwift Ride TBA						

Our ride schedule will be posted monthly with sign up posted approximately 7 days before the scheduled ride. Sign ups close 90 minutes before the scheduled start of the ride. You must sign up for your chosen ride online through SignUp Genius. No one is allowed to join the ride without signing online and if you decide to cancel your plan to ride, please remove your sign up so that a slot may be opened for another rider. SignUp Genius is free to use and gives us the ability to track riders without physical contact. To sign up for a GEARs ride click on the Sign Up Genius logo in the schedule at the bottom of the Ride Schedules page of our website and you will be

Terrain Key:

- A:** Flat with gently rolling terrain.
 - B:** Rolling Terrain with a few short, steep climbs.
 - C:** Moderate rolling terrain with steeper, longer climbs.
 - D:** Demanding terrain with frequent steep and /or sustained climbs.
- Note:** You should be an experienced cyclist to participate and enjoy C and D rides, or rides over 50 miles.

Food Key:

- FS - Food store on route
- FR - Restaurant stop
- BF - Bring food

