

# GEARs August 2026 Rides

GEARs (Greater Eugene Area Riders) invites all cyclists to join in riding together through some beautiful Oregon terrain. We require that all participants wear a bike helmet and bring a bike in safe riding condition. A frame tire pump, tube/patch kit, basic tools, full water bottle and appropriate clothing are strongly encouraged. Ride leaders will help to ensure that you have a safe and pleasant experience. If you have questions about a scheduled ride, feel free to contact the ride leader or Ride Coordinator Bob Lewis at 502-229-4809 or bob@eugenegears.org.

## Ride Speed Levels

GEARs bases its ride levels on *average speed*. On a given ride there will occasionally be times (downhill sections or flat areas with tailwinds) where riders exceed the stated ride speed level. Conversely, there will be times when riders pedal slower than the advertised pace (i.e. going uphill or into a headwind). **GEARs defines its speed categories as the pace a cyclist can pedal by herself/himself on a flat road sustained for 20-30 minutes alone.** For example, if you can ride at a 14-16 mph pace on a flat road, sustained for 20-30 minutes by yourself, then you should be able to comfortably ride in a GEARs 13-15 mph group ride.

***If you decide to drop out of a ride along the way, please let the ride leader know so we don't come looking for you.***

The **16+ mph** rides are fast paced with occasional pace lines and fewer stops. The ride leader will announce where regrouping will take place and will try to keep the group together when possible.

The **13-15 mph** rides are medium paced and regroup often. The ride may get stretched out, but will regroup at turns and at the top of climbs.

The **10-12 mph** rides are slower paced, the group tends to stay together and takes the time look at the scenery.

| Day                    | Time    | Place            | Ride # | Ride Description                                  | Pace      | Length      | Food? | Rating   | Leader                          |
|------------------------|---------|------------------|--------|---------------------------------------------------|-----------|-------------|-------|----------|---------------------------------|
| Saturday<br>August 1   | 8:30 AM | Alton Baker Park | 103d   | Herman Rd via Coburg Btm Loop                     | 10-12 mph | 33 Miles    | FS    | <b>A</b> | Ted Conover<br>541-232-1920     |
| Saturday<br>August 1   | 8:30 AM | Alton Baker Park | 103e   | Bowers Rd via Coburg Btm Loop                     | 13-15 mph | 39 Miles    | FS    | <b>A</b> | Gary Heeszel                    |
| Saturday<br>August 1   | 8:30 AM | Alton Baker Park | 102a   | Priceboro Rd                                      | 15-17 mph | 44 Miles    | FS    | <b>A</b> | Deven Smith                     |
| Sunday<br>August 2     | 7:30 AM | Alton Baker Park | ##     | Creswell Bakery via Fox Hollow                    | 11-13 mph | 48 Miles    | FR    | <b>C</b> | Jackie Murdoff<br>541-345-3941  |
| Monday<br>August 3     | 8:30 AM | Alton Baker Park | 125a   | Clearwater & Scenic Springfield                   | 10-12 mph | 24 Miles    | BF    | <b>B</b> | Mike Cantrell<br>541-342-7649   |
| Tuesday<br>August 4    | 6:30 AM | Alton Baker Park | ##     | Free Fun Early Bird Fox Hollow                    | 10-12 mph | 30 Miles    | BF    | <b>C</b> | Jackie Murdoff<br>541-345-3941  |
| Tuesday<br>August 4    | 8:30 AM | Alton Baker Park | ##     | Free Fun Fox Hollow                               | 10-12 mph | 36 Miles    | BF    | <b>C</b> | John Anderson<br>404-312-2924   |
| Tuesday<br>August 4    | 8:30 AM | Alton Baker Park | ##     | Riding Some Hills                                 | 12-14 mph | 25-50 Miles | BF    | <b>C</b> | Gary Heeszel                    |
| Wednesday<br>August 5  | 6:00 PM | Alton Baker Park | 125a   | WTNB* Only<br>(*Women, Trans, Non-Binary)         | 10-12 mph | 10 Miles    | BF    | <b>A</b> | Kait Glasswell                  |
| Thursday<br>August 6   | 8:30 AM | Alton Baker Park | 319a   | Lorane Hwy to Petzold,<br>Out & Back              | 10-12 mph | 35 Miles    | BF    | <b>B</b> | Steve Hecker<br>541-954-1161    |
| Thursday<br>August 6   | 8:30 AM | Alton Baker Park | 301b   | Crow via Central                                  | 13-15 mph | 38 Miles    | BF    | <b>C</b> | Steve McHugh                    |
| Thursday<br>August 6   | 8:30 AM | Alton Baker Park | 333a   | Four Hills #1                                     | 16+ mph   | 41 Miles    | FS    | <b>C</b> | John Reidy<br>805-807-5657      |
| Thursday<br>August 6   | 6:00 PM | Alton Baker Park | 113a   | Throwback Thursday<br>on McKenzie View            | 14-16 mph | 25 Miles    | BF    | <b>B</b> | Danielle Curran<br>608-469-9511 |
| Saturday<br>August 8   | 8:30 AM | Alton Baker Park | 406b   | Pleasant Hill via Weyerhaeuser Rd                 | 10-12 mph | 34 Miles    | FS    | <b>C</b> | Gary Haliski<br>541-337-1311    |
| Saturday<br>August 8   | 8:30 AM | Alton Baker Park | 404a   | Pleasant Hill to Bear Creek                       | 13-15 mph | 45 Miles    | FS    | <b>C</b> | Gary Heeszel                    |
| Saturday<br>August 8   | 9:00 AM | Port Orford      | ##     | Remote Start: Wild Rivers<br>Coast Scenic Bikeway | 12-15 mph | 61 Miles    | BF    | <b>C</b> | Larry Diffie<br>541-729-7923    |
| Monday<br>August 10    | 8:30 AM | Alton Baker Park | 103c   | Coburg Bottom Loop                                | 10-12 mph | 27 Miles    | FS    | <b>A</b> | Gary Haliski<br>541-337-1311    |
| Tuesday<br>August 11   | 6:30 AM | Alton Baker Park | ##     | Free Fun Early Bird Fox Hollow                    | 10-12 mph | 30 Miles    | BF    | <b>C</b> | Jackie Murdoff<br>541-345-3941  |
| Tuesday<br>August 11   | 8:30 AM | Alton Baker Park | ##     | Riding Some Hills                                 | 12-14 mph | 25-50 Miles | BF    | <b>C</b> | Gary Heeszel                    |
| Wednesday<br>August 12 | 6:00 PM | Alton Baker Park | 125a   | WTNB* Only<br>(*Women, Trans, Non-Binary)         | 10-12 mph | 10 Miles    | BF    | <b>A</b> | Kait Glasswell                  |
| Thursday<br>August 13  | 8:30 AM | Alton Baker Park | 209d   | Alvadore via Milliron                             | 10-12 mph | 36 Miles    | FR    | <b>A</b> | Garry Swanson<br>541-913-0886   |
| Thursday<br>August 13  | 8:30 AM | Alton Baker Park | 201d   | Junction City, Toftdahl, Alvadore                 | 13-15 mph | 44 Miles    | FR    | <b>A</b> | Bob Lewis<br>502-229-4809       |

# GEARs August 2026 Rides

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| Day                    | Time           | Place                  | Ride #   | Ride Description                          | Pace      | Length      | Food? | Rating   | Leader                          |
|------------------------|----------------|------------------------|----------|-------------------------------------------|-----------|-------------|-------|----------|---------------------------------|
| Thursday<br>August 13  | 8:30 AM        | Alton Baker Park       | 104d     | Harrisburg via River Rd                   | 15-17 mph | 46 Miles    | FS    | <b>A</b> | Curt McKinney                   |
| Thursday<br>August 13  | <b>6:00 PM</b> | Alton Baker Park       | 113a     | Throwback Thursday on McKenzie View       | 14-16 mph | 25 Miles    | BF    | <b>B</b> | Julie Reed<br>541-206-2020      |
| Saturday<br>August 15  | 8:30 AM        | Alton Baker Park       | 209a     | Alvadore Short                            | 10-12 mph | 30 Miles    | FS    | <b>A</b> | Garry Swanson<br>541-913-0886   |
| Saturday<br>August 15  | 8:30 AM        | Alton Baker Park       | 328a     | Noti, Fern Ridge Loop                     | 13-15 mph | 50 Miles    | FS    | <b>C</b> | Nancy Whyte<br>650-279-1952     |
| Saturday<br>August 15  | 8:30 AM        | Alton Baker Park       | 328a     | Noti, Fern Ridge Loop                     | 16+ mph   | 50 Miles    | FS    | <b>C</b> | John Reidy<br>805-807-5657      |
| Monday<br>August 17    | 8:30 AM        | Alton Baker Park       | 113a     | McKenzie View Dr                          | 10-12 mph | 25 Miles    | BF    | <b>B</b> | John Anderson<br>404-312-2924   |
| Tuesday<br>August 18   | <b>6:30 AM</b> | Alton Baker Park       | ##       | Free Fun Early Bird Fox Hollow            | 10-12 mph | 30 Miles    | BF    | <b>C</b> | Jackie Murdoff<br>541-345-3941  |
| Tuesday<br>August 18   | 8:30 AM        | Alton Baker Park       | ##       | Free Fun Fox Hollow                       | 10-12 mph | 36 Miles    | BF    | <b>C</b> | Bob Lewis<br>502-229-4809       |
| Tuesday<br>August 18   | 8:30 AM        | Alton Baker Park       | ##       | Riding Some Hills                         | 12-14 mph | 25-50 Miles | BF    | <b>C</b> | Gary Heeszel                    |
| Wednesday<br>August 19 | <b>6:00 PM</b> | Alton Baker Park       | 125a     | WTNB* Only<br>(*Women, Trans, Non-Binary) | 10-12 mph | 10 Miles    | BF    | <b>A</b> | Kait Glasswell                  |
| Thursday<br>August 20  | 8:30 AM        | Alton Baker Park       | 125b Rev | Clearwater to McKenzie View               | 10-12 mph | 29 Miles    | BF    | <b>B</b> | Betsy Ingram                    |
| Thursday<br>August 20  | 8:30 AM        | Alton Baker Park       | ##       | Eamst Covered Bridge, Rtn Sunderman       | 13-15 mph | 44 Miles    | FS    | <b>B</b> | Steve McHugh                    |
| Thursday<br>August 20  | <b>6:00 PM</b> | Alton Baker Park       | 113a     | Throwback Thursday on McKenzie View       | 14-16 mph | 25 Miles    | BF    | <b>B</b> | Danielle Curran<br>608-469-9511 |
| Saturday<br>August 22  | 8:30 AM        | Alton Baker Park       | ##       | bRamble Crow Loop Volunteer Ride          | 10-12 mph | 38 Miles    | BF    | <b>C</b> | Larry Diffie<br>541-729-7923    |
| Saturday<br>August 22  | 8:30 AM        | Alton Baker Park       | ##       | bRamble Metric Century Volunteer Ride     | 13-15 mph | 63 Miles    | FS    | <b>C</b> | Bob Lewis<br>502-229-4809       |
| Saturday<br>August 22  | 8:30 AM        | Alton Baker Park       | ##       | bRamble Wolf Creek Century Volunteer Ride | 13-15 mph | 102 Miles   | FS    | <b>C</b> | Gary Heeszel                    |
| Saturday<br>August 22  | 8:30 AM        | Alton Baker Park       | ##       | bRamble Wolf Creek Century Volunteer Ride | 16+ mph   | 102 Miles   | FS    | <b>C</b> | John Reidy<br>805-807-5657      |
| Sunday<br>August 23    | TBA            | TBA                    |          | Gravel Ride - Route TBA                   | 11-13 mph |             |       |          | Sam McCamant<br>503-270-6844    |
| Monday<br>August 24    | 8:30 AM        | Albertson's on Marcola | 117d     | Upper Camp Creek                          | 10-12 mph | 27 Miles    | BF    | <b>B</b> | Gary Haliski<br>541-337-1311    |
| Tuesday<br>August 25   | <b>6:30 AM</b> | Alton Baker Park       | ##       | Free Fun Early Bird Fox Hollow            | 10-12 mph | 30 Miles    | BF    | <b>C</b> | Jackie Murdoff<br>541-345-3941  |
| Tuesday<br>August 25   | 8:30 AM        | Alton Baker Park       | ##       | Free Fun Fox Hollow                       | 10-12 mph | 36 Miles    | BF    | <b>C</b> | Steve Hecker<br>541-954-1161    |
| Wednesday<br>August 26 | <b>6:00 PM</b> | Alton Baker Park       | 125a     | WTNB* Only<br>(*Women, Trans, Non-Binary) | 10-12 mph | 10 Miles    | BF    | <b>A</b> | Kait Glasswell                  |
| Thursday<br>August 27  | 8:30 AM        | Alton Baker Park       | 214a     | Sovern Lane                               | 10-12 mph | 38 Miles    | BF    | <b>A</b> | Gary Haliski<br>541-337-1311    |
| Thursday<br>August 27  | 8:30 AM        | Alton Baker Park       | 214a     | Sovern Lane                               | 13-15 mph | 38          | BF    | <b>A</b> | Bob Lewis<br>502-229-4809       |
| Thursday<br>August 27  | <b>6:00 PM</b> | Alton Baker Park       | 113a     | Throwback Thursday on McKenzie View       | 14-16 mph | 25 Miles    | BF    | <b>B</b> | Julie Reed<br>541-206-2020      |
| Saturday<br>August 29  | 8:30 AM        | Alton Baker Park       | 114d     | McKenzie View & Sunderman, Reversed       | 10-12 mph | 35 Miles    | FS    | <b>B</b> | Ted Conover<br>541-232-1920     |
| Saturday<br>August 29  | 8:30 AM        | Alton Baker Park       | 314b     | Hamm Rd                                   | 13-15 mph | 46 Miles    | FR    | <b>C</b> | Steve Hecker<br>541-954-1161    |
| Saturday<br>August 29  | 8:30 AM        | Alton Baker Park       | 314b     | Hamm Rd                                   | 16+ mph   | 46 Miles    | FR    | <b>C</b> | John Reidy<br>805-807-5657      |
| Monday<br>August 31    | 8:30 AM        | Alton Baker Park       | 209a     | Alvadore Short                            | 10-12 mph | 30 Miles    | FS    | <b>A</b> | Gary Haliski<br>541-337-1311    |

Color Key:

10-12 mph leader pace

16 + mph leader pace

Evening Ride



The Ride Schedule is also available for download at the GEARs website: [www.eugenegears.org](http://www.eugenegears.org). Most of the rides listed above now have cue sheets and links to maps on our website, [www.eugenegears.org/rides/ridelist](http://www.eugenegears.org/rides/ridelist).

Our ride schedule will be posted monthly with sign up posted approximately 7 days before the scheduled ride. Sign ups close 90 minutes before the scheduled start of the ride. You must sign up for your chosen ride online through SignUp Genius. No one is allowed to join the ride without signing online and if you decide to cancel your plan to ride, please remove your sign up so that a slot may be opened for another rider. SignUp Genius is free to use and gives us the ability to track riders without physical contact. To sign up for a GEARs ride click on the Sign Up Genius logo in the schedule at the bottom of the Ride Schedules page of our website and you will be

**Terrain Key:**

**A:** Flat with gently rolling terrain.

**B:** Rolling Terrain with a few short, steep climbs.

**C:** Moderate rolling terrain with steeper, longer climbs.

**D:** Demanding terrain with frequent steep and / or sustained climbs.

**Note:** You should be an experienced cyclist to participate and enjoy C and D rides, or rides over 50 miles.

**Food Key:**

FS - Food store on route

FR - Restaurant stop

BF - Bring food