

# GEARs August 2024 Rides

GEARs (Greater Eugene Area Riders) invites all cyclists to join in riding together through some beautiful Oregon terrain. We require that all participants wear a bike helmet and bring a bike in safe riding condition. A frame tire pump, tube/patch kit, basic tools, full water bottle and appropriate clothing are strongly encouraged. Ride leaders will help to ensure that you have a safe and pleasant experience. If you have questions about a scheduled ride, feel free to contact the ride leader or Ride Coordinator Bob Lewis at 502-229-4809 or bob@eugenegears.org.

## Ride Speed Levels

GEARs bases its ride levels on *average speed*. On a given ride there will occasionally be times (downhill sections or flat areas with tailwinds) where riders exceed the stated ride speed level. Conversely, there will be times when riders pedal slower than the advertised pace (i.e. going uphill or into a headwind). **GEARs defines its speed categories as the pace a cyclist can pedal by herself/himself on a flat road sustained for 20-30 minutes alone.** For example, if you can ride at a 14-16 mph pace on a flat road, sustained for 20-30 minutes by yourself, then you should be able to comfortably ride in a GEARs 13-15 mph group ride.

**If you decide to drop out of a ride along the way, please let the ride leader know so we don't come looking for you.**

The **16+ mph** rides are fast paced with occasional pace lines and fewer stops. The ride leader will announce where regrouping will take place and will try to keep the group together when possible.

The **13-15 mph** rides are medium paced and regroup often. The ride may get stretched out, but will regroup at turns and at the top of climbs.

The **10-12 mph** rides are slower paced, the group tends to stay together and takes the time look at the scenery.

Day	Time	Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Thursday August 1	8:30 AM	Alton Baker Park	113c	McKenzie View, Sunderman via I-5 Path	13-15 mph	34 Miles	FS	<b>B</b>	Richard Hughes 541-579-3098
Thursday August 1	8:30 AM	Alton Baker Park	302a	Veneta via Central	16+ mph	47 Miles	FS	<b>C</b>	Steve Husak 541-430-0441
Thursday August 1	6:00 PM	Alton Baker Park	113a	McKenzie View Dr	14-16 mph	25 Miles	BF	<b>B</b>	Angie Long 410-707-4620
Saturday August 3	8:30 AM	Alton Baker Park	103b	Coburg to Herman	13-15 mph	32 Miles	FS	<b>B</b>	Ted Conover 541-232-1920
Saturday August 3	9:30 AM	Sweet Creek Rd	##	Sweet Creek Td to North Smith River - Mixed Surfaces	12-14 mph	42 miles	BF	<b>C</b>	Max Rosenberg xxx
Sunday August 4	9:30 AM	See Map	##	Whitaker Creek Camp to Swiss Home	12-14 mph	42 miles	BF	<b>C</b>	Max Rosenberg xxx
Monday August 5	8:30 AM	Alton Baker Park	103c	Slo-Mo Monday Coburg Bottom Loop	10-12 mph	27 Miles	FS	<b>A</b>	Karen Goodwin 530-519-2646
Tuesday August 6	8:30 AM	Alton Baker Park	##	Riding Some Hills, Route Announced at the Start	12-14 mph	25-50 Miles	BF	<b>C</b>	Craig Congdon 541-246-0600
Tuesday August 6	6:00 PM	Alton Baker Park	317a	Pine Grove Rd Bring Lights	14-16 mph	28 Miles	BF	<b>B</b>	Julie Reed 541-206-2020
Thursday August 8	8:30 AM	Alton Baker Park	209d	Alvadore via Milliron	13-15 mph	36 Miles	FR	<b>A</b>	Ted Conover 541-232-1920
Thursday August 8	8:30 AM	Alton Baker Park	104e	Harrisburg via Diamond Hill	16+ mph	52 Miles	FS	<b>A</b>	Steve Husak 541-430-0441
Thursday August 8	6:00 PM	Alton Baker Park	113a	McKenzie View Dr	14-16 mph	25 Miles	BF	<b>B</b>	Danielle Curran 608-469-9511
Saturday August 10	8:30 AM	Maurie Jacobs Park	417b	Cloverdale, Creswell Bakery Stop	13-15 mph	35 Miles	FR	<b>B</b>	Bob Lewis 502-229-4809
Sunday August 11	9:00 AM	Corvallis	##	Turn Turn Gravel Ride E-Bikes are not permitted on Trail	12-14 mph	39 Miles	BF	<b>C</b>	Danielle Curran 608-469-9511
Monday August 12	8:30 AM	Albertson's on Marcola	117d	Slo-Mo Monday Upper Camp Creek	10-12 mph	27 Miles	BF	<b>B</b>	Bob Lewis 502-229-4809
Tuesday August 13	8:30 AM	Alton Baker Park	##	Riding Some Hills, Route Announced at the Start	12-14 mph	25-50 Miles	BF	<b>C</b>	Karen Goodwin 530-519-2646
Tuesday August 13	6:00 PM	Alton Baker Park	##	Four (Green) Hills	13-16 mph	33 Miles	BF	<b>C</b>	Peter Dedman 347-415-0321
Thursday August 15	8:30 AM	Alton Baker Park	125c	McKenzie View, Sunderman, Clearwater	13-15 mph	39 Miles	FS	<b>B</b>	TBA
Thursday August 15	8:30 AM	Alton Baker Park	106a	Wendling Covered Bridge	16+ mph	51 Miles	FS	<b>B</b>	Steve Husak 541-430-0441
Thursday August 15	6:00 PM	Alton Baker Park	113a	McKenzie View Dr	14-16 mph	25 Miles	BF	<b>B</b>	Angie Long 410-707-4620
Saturday August 17	8:30 AM	Amazon Park	##	bRamble 40 Miler Volunteer Ride	10-12 mph	40 Miles	BF	<b>C</b>	Larry Diffie 541-729-7923
Saturday August 17	8:30 AM	Amazon Park	##	bRamble Metric Century Volunteer Ride	12-14 mph	62 Miles	FS	<b>C</b>	Steve Hecker 541-954-1161
Saturday August 17	7:30 AM	Amazon Park	##	bRamble Wolf Creek Century Volunteer Ride	16+ mph	102 Miles	FS	<b>C</b>	John Reidy 805-807-5657
Sunday August 18	8:30 AM	Wildcat Bridge	925a	Old Stagecoach Rd	12-14 mph	30 Miles	BF	<b>B</b>	Steph Brandt 541-610-9310

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Day	Time	Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Monday August 19	7:30 AM	Alton Baker Park	##	August BD Ride 2024	11-13 mph	79 Miles	BF	B	Jackie Murdoff 541-345-3941
Monday August 19	8:30 AM	Alton Baker Park	125a	Slo-Mo Monday Scenic Springfield	10-12 mph	24 Miles	BF	B	Mike Cantrell 541-342-7649
Tuesday August 20	8:30 AM	Alton Baker Park	##	Riding Some Hills, Route Announced at the Start	12-14 mph	25-50 Miles	BF	C	Craig Congdon 541-246-0600
Tuesday August 20	6:00 PM	Alton Baker Park	307b	Lorane, McBeth	14-16 mph	22 Miles	BF	C	Kayna Robison 541-517-2983
Thursday August 22	8:30 AM	Alton Baker Park	319b	Lorrane Hwy to Petzold, Out and Back	13-15 mph	35 Miles	BF	B	Richard Hughes 541-579-3098
Thursday August 22	8:30 AM	Alton Baker Park	601c	Daffodil Ride from ABP	16+ mph	44 Miles	BF	B	Steve Husak 541-430-0441
Thursday August 22	6:00 PM	Alton Baker Park	113a	McKenzie View Dr	14-16 mph	25 Miles	BF	B	Angie Long 410-707-4620
Saturday August 24	8:30 AM	Alton Baker Park	118a	Deerhorn via Thurston Rd	13-15 mph	49 Miles	BF	B	Nancy Whyte 650-279-1952
Sunday August 25	2024 Edition of the Blackberry bRamble. Visit <a href="https://theblackberrybramble.net">https://the blackberrybramble.net</a> for more information								
Monday August 26	8:30 AM	Alton Baker Park	113b	Slo-Mo Monday McKenzie View via I-5 Path	10-12 mph	25 Miles	BF	B	Mike Cantrell 541-342-7649
Tuesday August 27	8:30 AM	Alton Baker Park	##	Free Fun Fox Hollow	10-12 mph	26 Miles	BF	C	Larry Diffie 541-729-7923
Tuesday August 27	8:30 AM	Alton Baker Park	##	Riding Some Hills, Route Announced at the Start	12-14 mph	25-50 Miles	BF	C	Sue Wolling 541-345-2110
Tuesday August 27	6:00 PM	Alton Baker Park	##	Four (Green) Hills	13-16 mph	33 Miles	BF	C	Peter Dedman 347-415-0321
Thursday August 29	8:30 AM	Alton Baker Park	406b	Pleasant Hill via Weyerhauser, Alt 2	13-15 mph	39 Miles	FS	B	Karen Goodwin 530-519-2646
Thursday August 29	8:30 AM	Alton Baker Park	201d	Junction City, Toftdahl, Alvadore, FRBP	16+ mph	53 Miles	FS	A	Steve Husak 541-430-0441
Thursday August 29	6:00 PM	Alton Baker Park	113a	McKenzie View Dr	14-16 mph	25 Miles	BF	B	Danielle Curran 608-469-9511
Saturday August 31	8:30 AM	Alton Baker Park	319b	Lorane Hwy to Petzold, Out and Back	10-12 mph	35 Miles	BF	B	Larry Diffie 541-729-7923
Saturday August 31	8:30 AM	Alton Baker Park	302a	Veneta via Central	12-14 mph	47 Miles	FS	B	TBA
Saturday August 31	8:30 AM	Alton Baker Park	302a	Veneta via Central	16+ mph	47 Miles	FS	B	Deven Smith

Color Key:

10-12 mph leader pace
16 + mph leader pace
Evening Ride
Gravel / Mixed Surfaces



The Ride Schedule is also available for download at the GEARs website: [www.eugenegears.org](http://www.eugenegears.org). Most of the rides listed above now have cue sheets and links to maps on our website, [www.eugenegears.org/rides/ridelist](http://www.eugenegears.org/rides/ridelist).

Our ride schedule will be posted monthly with sign up posted approximately 7 days before the scheduled ride. Sign ups close 90 minutes before the scheduled start of the ride. You must sign up for your chosen ride online through SignUp Genius. No one is allowed to join the ride without signing online and if you decide to cancel your plan to ride, please remove your sign up so that a slot may be opened for another rider. SignUp Genius is free to use and gives us the ability to track riders without physical contact. To sign up for a GEARs ride click on the Sign Up Genius logo in the schedule at the bottom of the Ride Schedules page of our website and you will be taken to the sign

### Terrain Key:

- A: Flat with gently rolling terrain.
  - B: Rolling Terrain with a few short, steep climbs.
  - C: Moderate rolling terrain with steeper, longer climbs.
  - D: Demanding terrain with frequent steep and / or sustained climbs.
- Note:** You should be an experienced cyclist to participate and enjoy C and D rides, or rides over 50 miles.

### Food Key:

- FS - Food store on route
- FR - Restaurant stop
- BF - Bring food