| Dist | Prev | Type | Note | Next |
| :---: | :---: | :---: | :---: | :---: |
| 0.0 | 0.0 | $\bigcirc$ | Start of route | 0.0 |
| 0.0 | 0.0 | $\leftarrow$ | L | 0.1 |
| 0.1 | 0.1 | $\leftarrow$ | L | 0.2 |
| 0.3 | 0.2 | $\leftarrow$ | L toward Ruth Bascom Bike Path | 0.0 |
| 0.4 | 0.0 | $\rightarrow$ | R onto Ruth Bascom Bike Path | 0.3 |
| 0.7 | 0.3 | $\rightarrow$ | R to stay on Ruth Bascom Bike Path | 0.1 |
| 0.8 | 0.1 | $\leftarrow$ | L to stay on Ruth Bascom Bike Path | 0.0 |
| 0.8 | 0.0 | $\leftarrow$ | L onto Hilyard St | 0.1 |
| 0.9 | 0.1 | $\leftarrow$ | L onto E Broadway | 0.1 |
| 1.0 | 0.1 | $\rightarrow$ | R onto Alder St | 2.2 |
| 3.2 | 2.2 | $\leftarrow$ | Slight L onto E 35th Ave | 0.0 |
| 3.2 | 0.0 | $\rightarrow$ | R onto Kincaid St | 0.1 |
| 3.3 | 0.1 | $\leftarrow$ | L onto E 36th Ave | 0.0 |
| 3.3 | 0.0 | $\rightarrow$ | R onto Kincaid St | 0.3 |
| 3.6 | 0.3 | $\rightarrow$ | R onto E 39th Ave | 0.1 |
| 3.7 | 0.1 | $\leftarrow$ | L onto E Amazon Dr | 0.2 |
| 3.9 | 0.2 | $\rightarrow$ | R onto Fox Hollow Rd | 6.6 |
| 10.5 | 6.6 | $\leftarrow$ | L to stay on Fox Hollow Rd | 4.5 |
| 15.0 | 4.5 | $\rightarrow$ | R onto Lorane Hwy | 4.8 |
| 19.8 | 4.8 | $\leftarrow$ | L onto Spencer Creek Rd | 3.3 |
| 23.1 | 3.3 | $\uparrow$ | Continue onto Pine Grove Rd | 1.2 |
| 24.2 | 1.2 | $\rightarrow$ | R onto Gimpl Hill Rd | 4.8 |
| 29.0 | 4.8 | $\leftarrow$ | L onto Bailey Hill Rd | 0.5 |
| 29.5 | 0.5 | $\rightarrow$ | $R$ to stay on Bailey Hill Rd | 1.1 |
| 30.6 | 1.1 | $\rightarrow$ | R onto W 18th Ave | 0.3 |
| 30.9 | 0.3 | $\leftarrow$ | L onto Quaker St | 0.4 |
| 31.3 | 0.4 | $\rightarrow$ | Slight R toward Fern Ridge Trail | 0.0 |
| 31.3 | 0.0 | $\uparrow$ | Continue onto Fern Ridge Trail | 0.2 |
| 31.5 | 0.2 | $\leftarrow$ | Slight L to stay on Fern Ridge Trail | 0.6 |
| 32.1 | 0.6 | $\leftarrow$ | L onto City View St | 0.0 |

32.1 miles. +2175/-2191 feet

