0.0	Q	Start of route	0.1
0.1		L	0.0
0.1		L	0.1
0.2		R	1.6
1.8		L	0.1
1.9		R onto Bike Path	0.0
2.0		L	0.1
2.1		Slight R onto Fir Ln	0.1
2.2		L onto River Rd	0.4
2.6		Continue onto Chambers St	1.3
3.8		R onto Fern Ridge Trail	0.6
4.5		L onto City View St	0.0
4.5		R onto Fern Ridge Trail	0.6
5.1		Slight L to stay on Fern Ridge Trail	0.2
5.3		R to stay on Fern Ridge Trail	0.0
5.3		L to stay on Fern Ridge Trail	1.8
7.2		Slight R to stay on Fern Ridge Trail	0.5
7.7		L onto Terry St	0.0
7.7		R onto Fern Ridge Path	0.9
8.7		L to stay on Fern Ridge Path	0.9
9.6		L	0.4
10.0		R	0.0
10.0		L onto Green Hill Rd	1.1
11.1		Continue onto Crow Rd	4.7
15.8		R onto Petzold Rd	2.5
18.2		R onto Central Rd	1.2
19.4		L onto Fleck Rd	2.5
21.9		R onto Territorial Rd	2.5
24.4		L onto Perkins Rd	2.8
27.2		R onto Central Rd	2.0
29.3		L onto Petzold Rd	2.5
31.7		Continue onto Erickson Rd	1.6
33.3		Continue straight onto Pine Grove Rd	0.1
33.4		R to stay on Pine Grove Rd	0.7

34.1	Slight L onto Spencer Creek Rd	3.3
37.3	L onto Bailey Hill Rd	2.9
40.3	R to stay on Bailey Hill Rd	1.1
41.4	R onto W 18th Ave	0.3
41.7	L onto Quaker St	0.4
42.1	Slight R toward Fern Ridge Trail	0.0
42.1	Continue straight onto Fern Ridge Trail	0.2
42.3	Slight L to stay on Fern Ridge Trail	0.6
42.9	L onto City View St	0.0
42.9	R onto Fern Ridge Trail	0.6
43.5	Slight L to stay on Fern Ridge Trail	0.0
43.6	Continue straight to stay on Fern Ridge Trail	0.2
43.8	Continue onto W 16th Ave	0.0
43.8	R onto Fern Ridge Trail	0.0
43.9	Slight L to stay on Fern Ridge Trail	0.1
44.0	Continue onto W 16th Ave	0.2
44.2	Continue onto Fern Ridge Trail	0.1
44.3	Slight L to stay on Fern Ridge Trail	0.1
44.4	L onto W 15th Ave	0.0
44.4	R to stay on W 15th Ave	0.7
45.1	L onto High St	0.8
46.0	R	0.2
46.2	Slight R	0.1
46.3	R	0.1
46.4	R	0.0
46.5	R	0.1
46.5	End of route	0.0