0.0	0.1		Start of route
0.1	0.0		Sharp R onto North Bank Path
0.1	0.0		Keep L onto North Bank Path
0.1	4.5		Continue onto North Bank Path
4.7	0.7		L onto North Delta Highway
5.3	0.5		R onto Ayres Road
5.9	0.1		R onto Gilham Road
6.0	0.2		L onto Honeywood Street
6.2	0.1		R onto Honeywood Street
6.3	0.0		R onto Riverbend Avenue
6.3	0.4		L onto Dale Avenue
6.7	0.3		L onto County Farm Road
6.9	0.5		R onto County Farm Road
7.5	0.8		L onto Coburg Road
8.3	6.1		R onto McKenzie View Drive
14.4	5.3		L onto Hill Road
19.7	1.7		Slight R onto Sunderman Road
21.3	0.9		L onto Marcola Road
22.2	1.7		R onto Old Mohawk Road
24.0	1.4		L onto Old Mohawk Road
25.4	0.2		R onto Marcola Road
25.6	1.5		Sharp R onto Hayden Bridge Road
27.2	0.2		R onto Hayden Bridge Road
27.3	0.3		L onto 20th Street
27.6	0.6		R onto Yolanda Avenue
28.1	0.2		L onto Harvest Lane
28.3	0.0		R onto Hayden Bridge Road
28.3	0.2		R onto Dumas Drive
28.6	0.0		R onto Debra Drive
28.6	0.1		L onto Delrose Drive
28.7	0.5		R onto McKenzie Crest Drive
29.2	0.2		L onto 5th Street
29.4	1.0		Continue onto North 5th Street
30.4	0.1		R onto Broadway Street

30.4 miles. +721/-678 feet

30.5	0.4		L onto 4th Street
30.9	0.2		R onto D Street
31.2	0.4		Continue onto West D Street
31.5	0.5		L onto North Bank Path
32.0	0.2		Keep L onto North Bank Path
32.2	0.3		L onto North Bank Path
32.6	0.5		Keep R
33.0	0.2		L
33.2	0.2		Slight R onto North Bank Path
33.4	0.9		Keep R onto Day Island Road Path
34.3	0.0		Keep L
34.3	0.1		R
34.4	0.0		Sharp L
34.4	0.0		R
34.5	0.0		End of route

4.0 miles. +62/-100 feet