

GEARs September 2017 Rides

GEARs (Greater Eugene Area Riders) invites all bicyclists to join in riding together through some beautiful bicycling terrain. We require that all participants wear a bike helmet and bring a bike in safe riding condition. A frame tire pump, tube/patch kit, basic tools, full water bottle and appropriate clothing are strongly encouraged. Ride leaders will help to ensure that you have a safe and pleasant experience. If you have questions about a scheduled ride, feel free to contact the ride leader or Ride Coordinator Mike Cantrell at 541-342-7649 or michael@eugenegears.org.

Terrain Key:

A: Flat with gently rolling terrain.

B: Rolling Terrain with a few short, steep climbs.

C: Moderate rolling terrain with steeper, longer climbs.

D: Demanding terrain with frequent steep and / or sustained climbs.

Note: You should be an experienced cyclist to participate and enjoy C and D rides, or rides over 50 miles.

Food Key:

FS - Food store on route

FR - Restaurant stop

BF - Bring food

| Day | Time / Place | Ride # | Ride Description | Pace | Length | Food? | Rating | Leader |
|---------------------------|---|-------------|--|-----------|------------------|-------|----------|---------------------------------|
| Saturday September 2 | 9:00AM Alton Baker Park | 403b | Jasper via Pleasant Hill | 10-12 mph | 31 Miles | FS | B | Garry Swanson 541-726-3997 |
| Saturday September 2 | 9:00AM Alton Baker Park | 405a | Bear Creek, Pleasant Hill to Clearwater Trail | 12-15 mph | 46 Miles | FS | B | John Reidy 805-807-5657 |
| Saturday September 2 | 9:00AM Alton Baker Park | 405a | Bear Creek, Pleasant Hill to Clearwater Trail | 16+ mph | 46 Miles | FS | B | Dave Zumbrunnen 541-972-9746 |
| Sunday September 3 | 9:00AM Alton Baker Park | 207a | Franklin Firehouse | 12-15 mph | 39 Miles | FS | B | Mike Cantrell 541-342-7649 |
| Monday September 4 | 9:00AM Alton Baker Park | 125b | Clearwater Path to McKenzie View | 12-15 mph | 29 Miles | BF | B | Jackie Murdoff 541-345-3941 |
| Tuesday September 5 | 8:30AM Alton Baker Park | ## | Riding some hills - Route will be determined at start | 12-15 mph | 25 - 50 miles | BF | C | John Reidy 805-807-5657 |
| Wednesday September 6 | 6:00PM Alton Baker Park | 103c | Coburg Bottom Loop | 12-15 mph | 26 Miles | FS | A | John Wellwood 541-345-8734 |
| Thursday September 7 | 9:00AM Alton Baker Park | 209c | Alvadore via Meadowview | 12-15 mph | 34 Miles | FR | A | Ted Conover 541-344-4994 |
| Thursday September 7 | 6:00PM Alton Baker Park | ## | Women Only Ride Route announced at ride | 10-12 mph | 20-30 Miles | BF | | Paula Erickson 541-953-2894 |
| Saturday September 9 | 9:00AM Alton Baker Park | 211a | Lawrence Rd & Short Butler | 12-15 mph | 40 Miles | FS | C | Ted Conover 541-344-4994 |
| Sunday September 10 | 9:00AM Alton Baker Park | 125c Rev | Clearwater Path, Sunderman & McKenzie View | 12-15 mph | 39 Miles | FS | B | Mike Cantrell 541-342-7649 |
| Sunday September 10 | 9:00AM Alton Baker Park | 125c Rev | Clearwater Path, Sunderman & McKenzie View | 16+ mph | 39 Miles | FS | B | Jeff Sprague 541-484-4434 |
| Tuesday September 12 | 8:30AM Alton Baker Park | ## | Riding some hills - Route will be determined at start | 12-15 mph | 25 - 50 miles | BF | C | John Reidy 805-807-5657 |
| Wednesday September 13 | 6:00PM Alton Baker Park | 113a | McKenzie View (Short) | 12-15 mph | | | | John Wellwood 541-345-8734 |
| Thursday September 14 | 9:00AM Alton Baker Park | 125a | Clearwater Path and Scenic Springfield | 12-15 mph | 25 Miles | BF | B | Mike Cantrell 541-342-7649 |
| Thursday September 14 | 6:00PM Alton Baker Park | ## | Women Only Ride Route announced at ride | 10-12 mph | 20-30 Miles | BF | | Paula Erickson 541-953-2894 |
| Saturday September 16 | 9:00AM Alton Baker Park | 319b | Petzold, Out & Back | 10-12 mph | 35 Miles | BF | C | Paula Erickson 541-953-2894 |
| Saturday September 16 | Car free Crater Lake Rim Ride. Contact Jackie Murdoff if you would like to caravan down or meet them there. jmurdoff@comcast.net | | | | | | | Jackie Murdoff 541-345-3941 |
| Sunday September 17 | 9:00AM Alton Baker Park | 320a | River Dr & Howe Lane | 12-15 mph | 41 Miles | FS | A | Mike Cantrell 541-342-7649 |

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| Day | Time / Place | Ride # | Ride Description | Pace | Length | Food? | Rating | Leader |
|--------------------------|--|--|---|-----------|------------------|-------|----------|---------------------------------|
| Sunday September 17 | 9:00AM Alton Baker Park | 320a | River Dr & Howe Lane | 16+ mph | 41 Miles | FS | A | Kristin Yarris 213-448-5645 |
| Tuesday September 19 | 9:00AM Alton Baker Park | 113a | McKenzie View (Short) | 10-12 mph | 26 Miles | BF | B | Larry Diffie 541-729-7923 |
| Tuesday September 19 | 8:30AM Alton Baker Park | Eugene Hill Climb https://ridewithgps.com/routes/1642557 | | 12-15 mph | 46 Miles | BF | C | Sue Wolling 541-345-2110 |
| Thursday September 21 | 9:00AM Alton Baker Park | 114b | McKenzie View & Sunderman | 12-15 mph | 35 Miles | FS | B | Garry Swanson 541-726-3997 |
| Saturday September 23 | 9:00AM Claim 52 Abbey | McKenzie View & Sunderman Start & Finish from Claim 52 Abbey 418 A St, Springfield | | 12-15 mph | 35 Miles | FR | B | Dana Brownfield 541-380-1074 |
| Saturday September 23 | City Bike Tour - Open to the first 20 GEARs members who register. See website for info. Send request to michael@eugenegears.org | | | | | | | |
| Sunday September 24 | 9:00AM Alton Baker Park | 318c | Doane & Briggs Hills, via Lorane Hwy | 12-15 mph | 41 Miles | BF | C | Ray Linneman 458-205-1497 |
| Tuesday September 26 | 8:30AM Alton Baker Park | ## | Riding some hills - Route will be determined at start | 12-15 mph | 25 - 50 miles | BF | C | Jackie Murdoff 541-345-3941 |
| Thursday September 28 | 9:00AM Alton Baker Park | 125a | Clearwater Path and Scenic Springfield | 12-15 mph | 25 Miles | BF | B | Ted Conover 541-344-4994 |
| Saturday September 30 | Aufderheide Rd from Blue River side. Contact Jackie Murdoff for more information. jmurdoff@comcast.net | | | | | | | Jackie Murdoff 541-345-3941 |
| Sunday October 1 | 9:00AM Alton Baker Park | 406a | Pleasant Hill via Weyerhauser retrun Jasper, Weyerhauser | 12-15 mph | 43 Miles | FS | B | Mike Cantrell 541-342-7649 |
| Sunday October 1 | 9:00AM Alton Baker Park | 406a | Pleasant Hill via Weyerhauser retrun Jasper, Weyerhauser | 16+ mph | 43 Miles | FS | B | Kristin Yarris 213-448-5645 |

Color Key: 10-12 mph leader pace
16 + mph leader pace

The Average Pace indicated is based on the actual riding speed with a neutral wind on flat terrain. Terrain and weather conditions will influence the actual speed at any one time during the ride. At times the actual speed may be higher than the upper range of the average pace.

The **16+ mph** rides are fast paced, usually in a pace line with few stops. The leader will try to keep the group together. The ride leader will announce where regrouping will take place and will try to keep the group together when possible.

The **12-15 mph** rides are medium paced and regroup often. The ride may get stretched out, but will regroup at turns and at the top of climbs.

The **10-12 mph** rides are slower paced, the group tends to stay together and takes the time look at the scenery.

If you decide to drop out of a ride along the way, please let the ride leader know so we don't come looking for you.

The Ride Schedule is also available for download at the GEARs website: www.eugenegears.org. Most of the rides listed above now have cue sheets and links to maps on our website, www.eugenegears.org/rides/ridelist.

