

GEARs September 2015 Rides

GEARs (Greater Eugene Area Riders) invites all bicyclists to join in riding together through some beautiful bicycling terrain. We require that all participants wear a bike helmet and bring a bike in safe riding condition. A frame tire pump, tube/patch kit, basic tools, full water bottle and appropriate clothing are strongly encouraged. Ride leaders will help to ensure that you have a safe and pleasant experience. If you have questions about a scheduled ride, feel free to contact the ride leader or Ride Coordinator Mike Cantrell at 541-342-7649 or michael@eugenegears.org.

Terrain Key:

A: Flat with gently rolling terrain.

B: Rolling Terrain with a few short, steep climbs.

C: Moderate rolling terrain with steeper, longer climbs.

D: Demanding terrain with frequent steep and / or sustained climbs.

Note: You should be an experienced cyclist to participate and enjoy C and D rides, or rides over 50 miles.

Food Key:

FS - Food store on route

FR - Restaurant stop

BF - Bring food

| Day | Time / Place | Ride # | Ride Description | Pace | Length | Food? | Rating | Leader |
|---------------------|-----------------------------|--------|--|-----------|----------|-------|----------|------------------------------------|
| Thursday Sept 3 | 9:00 AM Alton Baker Park | 125a | Clearwater Trail and Scenic Springfield | 12-15 mph | 25 Miles | BF | B | Steve Hecker 541-954-1161 |
| Saturday Sept 5 | 9:00 AM Alton Baker Park | 211a | Lawrence and Short Butler | 12-15 mph | 40 Miles | FS | C | Garry Swanson 541-726-3993 |
| Saturday Sept 5 | 9:00 AM Alton Baker Park | 211a | Lawrence and Short Butler | 16+ mph | 40 Miles | FS | C | Kristin Yarris 213-448-5645 |
| Sunday Sept 6 | 9:00 AM Alton Baker Park | 301c | bRamble Crow Loop | 12-15 mph | 43 Miles | FS | C | George Jobanek 541-343-8547 |
| Sunday Sept 6 | 9:00 AM Alton Baker Park | 301c | bRamble Crow Loop | 16+ mph | 43 Miles | FS | C | Jeff Sprague 541-484-4434 |
| Thursday Sept 10 | 9:00 AM Alton Baker Park | 114b | McKenzie View & Sunderman | 12-15 mph | 35 Miles | FS | B | |
| Saturday Sept 12 | 9:00 AM Alton Baker Park | 207a | Franklin Firehouse | 12-15 mph | 39 Miles | FS | B | Mike Cantrell 541-342-7649 |
| Sunday Sept 13 | 9:00 AM Alton Baker Park | 329a | Six Hills and a Funeral | 12-15 mph | 61 Miles | FS | D | George Jobanek 541-343-8547 |
| Thursday Sept 17 | 9:00 AM Alton Baker Park | 209c | Alvadore via Meadowview | 12-15 mph | 34 Miles | FS | A | Mike Cantrell 541-342-7649 |
| Saturday Sept 19 | 9:00 AM Alton Baker Park | 401g | Bear Creek to Pleasant Hill | 12-15 mph | 41 Miles | FS | C | Garry Swanson 541-726-3993 |
| Saturday Sept 19 | 9:00 AM Alton Baker Park | 401g | Bear Creek to Pleasant Hill | 16+ mph | 41 Miles | FS | C | Kristin Yarris 213-448-5645 |
| Sunday Sept 20 | 9:00 AM Alton Baker Park | 214a | Sovern Lane | 12-15 mph | 38 Miles | BF | A | Mike Cantrell 541-342-7649 |
| Thursday Sept 24 | 9:00 AM Alton Baker Park | 114b | McKenzie View & Sunderman | 12-15 mph | 35 Miles | FS | B | Ray Linneman 458-205-1497 |
| Saturday Sept 26 | 9:00 AM Alton Baker Park | 319b | Lorane Hwy to Petzold, Out and Back | 10-12 mph | 35 Miles | BF | B | Garry Swanson 541-726-3993 |
| Saturday Sept 26 | 9:00 AM Alton Baker Park | 314c | Hamm Rd via Lorane Hwy | 12-15 mph | 48 Miles | FS | C | Steve Hecker 541-954-1161 |
| Sunday Sept 27 | 9:00 AM Alton Baker Park | 403b | Jasper via Pleasant Hill | 10-12 mph | 31 Miles | FS | B | Lynda Christiansen 541-687-8349 |
| Sunday Sept 27 | 9:00 AM Alton Baker Park | 401f | Pleasant Hill to Jasper | 16+ mph | 39 Miles | FS | C | Jeff Sprague 541-484-4434 |

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Color Key: 10-12 mph leader pace

16 + mph leader pace

The Average Pace indicated is based on the actual riding speed with a neutral wind on flat terrain. Terrain and weather conditions will influence the actual speed at any one time during the ride. At times the actual speed may be higher than the upper range of the average pace.

The **16+ mph** rides are fast paced, usually in a pace line with few stops. The leader will try to keep the group together. The ride leader will announce where regrouping will take place and will try to keep the group together when possible.

The **12-15 mph** rides are medium paced and regroup often. The ride may get stretched out, but will regroup at turns and at the top of climbs.

The **10-12 mph** rides are slower paced, the group tends to stay together and takes the time look at the scenery.

If you decide to drop out of a ride along the way, please let the ride leader know so we don't come looking for you.

The September Ride Schedule is also available for download at the GEARs website: www.eugenegears.org. Most of the rides listed above now have cue sheets and links to maps on our website, www.eugenegears.org/rides/ridelist.

