

# GEARs November 2015 Rides

GEARs (Greater Eugene Area Riders) invites all bicyclists to join in riding together through some beautiful bicycling terrain. We require that all participants wear a bike helmet and bring a bike in safe riding condition. A frame tire pump, tube/patch kit, basic tools, full water bottle and appropriate clothing are strongly encouraged. Ride leaders will help to ensure that you have a safe and pleasant experience. If you have questions about a scheduled ride, feel free to contact the ride leader or Ride Coordinator Mike Cantrell at 541-342-7649 or michael@eugenegears.org.

## Terrain Key:

**A:** Flat with gently rolling terrain.

**B:** Rolling Terrain with a few short, steep climbs.

**C:** Moderate rolling terrain with steeper, longer climbs.

**D:** Demanding terrain with frequent steep and / or sustained climbs.

**Note:** You should be an experienced cyclist to participate and enjoy C and D rides, or rides over 50 miles.

## Food Key:

FS - Food store on route

FR - Restaurant stop

BF - Bring food

Day	Time / Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Thursday November 5	9:30 AM Alton Baker Park	125a	Clearwater Trail & Scenic Springfield	12-15 mph	25 Miles	BF	<b>B</b>	Ray Linneman 458-205-1497
Saturday November 7	9:30 AM Alton Baker Park	318c	Doane & Briggs Rd	12-15 mph	37 Miles	BF	<b>C</b>	Sue Woliing 541-345-2110
Sunday November 8	9:30 AM Alton Baker Park	319b	Petzold Out & Back	10-12 mph	35 Miles	BF	<b>C</b>	Dennis Greene 541-345-0231
Tuesday November 10	9:30 AM Alton Baker Park	##	Riding some hills - Route will be determined at start	12-15 mph	25 - 50 Miles	BF	<b>C</b>	Jackie Murdoff 541-345-3941
Thursday November 12	9:30 AM Alton Baker Park	209c	Alvadore via Meadowview	12-15 mph	34 Miles	FS	<b>A</b>	Garry Swanson 541-726-3997
Saturday November 14	9:30 AM Alton Baker Park	320a	River Dr & Howe Lane via Seavey Loop	10-12 mph	41 Miles	FS	<b>A</b>	Dennis Greene 541-345-0231
Saturday November 14	9:30 AM Alton Baker Park	314d	Hamm Rd via Fox Hollow Stop @ Creswell Bakery	12-15 mph	49 Miles	FS/FR	<b>C</b>	Jackie Murdoff 541-345-3941
Sunday November 15	9:30 AM Alton Baker Park	111b	Walterville & McKenzie View	10-12 mph	42 Miles	FS	<b>B</b>	Lynda Christiansen 541-687-8379
Tuesday November 17	9:30 AM Alton Baker Park	##	Riding some hills - Route will be determined at start	12-15 mph	25 - 50 Miles	BF	<b>C</b>	Jackie Murdoff 541-345-3941
Thursday November 19	9:30 AM Alton Baker Park	103d	Coburg Bottom Loop to Herman Rd	12-15 mph	33 Miles	FS	<b>A</b>	Lynda Christiansen 541-687-8379
Saturday November 21	9:30 AM Alton Baker Park	207c	Franklin Firehouse via Clear Lake Rd	10-12 mph	36 Miles	FS	<b>B</b>	Dennis Greene 541-345-0231
Saturday November 21	9:30 AM Alton Baker Park	207c	Franklin Firehouse via Clear Lake Rd	12-15 mph	36 Miles	FS	<b>B</b>	Garry Swanson 541-726-3997
Sunday November 22	9:30 AM Alton Baker Park	211a	Lawrence and Short Butler	12-15 mph	40 Miles	FS	<b>C</b>	Steve Hecker 541-954-1161
Tuesday November 24	9:30 AM Alton Baker Park	##	Riding some hills - Route will be determined at start	12-15 mph	25 - 50 Miles	BF	<b>C</b>	Jackie Murdoff 541-345-3941
Saturday November 28	9:30 AM Alton Baker Park	125c	McKenzie View, Sunderman Clearwater Trail	10-12 mph	39 Miles	FS	<b>B</b>	Dennis Greene 541-345-0231
Saturday November 28	9:30 AM Alton Baker Park	125c	McKenzie View, Sunderman Clearwater Trail	12-15 mph	39 Miles	FS	<b>B</b>	Garry Swanson 541-726-3997
Sunday November 29	9:30 AM Alton Baker Park	401f	Pleasant Hill to Jasper	10-12 mph	39 Miles	FS	<b>B</b>	Lynda Christiansen 541-687-8379

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Sunday November 29	9:30 AM Alton Baker Park	401f	Pleasant Hill to Jasper	12-15 mph	39 Miles	FS	<b>B</b>	Ray Linneman 458-205-1497
Tuesday December 1	<b>GEARs Annual Meeting &amp; Board Elections - 6:30 to 8:30 - Washington Cottage, 2025 Washington St</b> Join us for pizza & drink and a presentation of 'Riding Thru France' by Lynda and Ruthie. The evening will conclude with the annual GEARs awards and presentation of the 2016 Board.							

Color Key: 10-12 mph leader pace  
16 + mph leader pace

The Average Pace indicated is based on the actual riding speed with a neutral wind on flat terrain. Terrain and weather conditions will influence the actual speed at any one time during the ride. At times the actual speed may be higher than the upper range of the average pace.

The **16+ mph** rides are fast paced, usually in a pace line with few stops. The leader will try to keep the group together. The ride leader will announce where regrouping will take place and will try to keep the group together when possible.

The **12-15 mph** rides are medium paced and regroup often. The ride may get stretched out, but will regroup at turns and at the top of climbs.

The **10-12 mph** rides are slower paced, the group tends to stay together and takes the time look at the scenery.

If you decide to drop out of a ride along the way, please let the ride leader know so we don't come looking for you.

The November Ride Schedule is also available for download at the GEARs website: [www.eugenegears.org](http://www.eugenegears.org). Most of the rides listed above now have cue sheets and links to maps on our website, [www.eugenegears.org/rides/ridelist](http://www.eugenegears.org/rides/ridelist).

