

GEARs May 2016 Rides

GEARs (Greater Eugene Area Riders) invites all bicyclists to join in riding together through some beautiful bicycling terrain. We require that all participants wear a bike helmet and bring a bike in safe riding condition. A frame tire pump, tube/patch kit, basic tools, full water bottle and appropriate clothing are strongly encouraged. Ride leaders will help to ensure that you have a safe and pleasant experience. If you have questions about a scheduled ride, feel free to contact the ride leader or Ride Coordinator Mike Cantrell at 541-342-7649 or michael@eugenegears.org.

Terrain Key:

A: Flat with gently rolling terrain.

B: Rolling Terrain with a few short, steep climbs.

C: Moderate rolling terrain with steeper, longer climbs.

D: Demanding terrain with frequent steep and / or sustained climbs.

Note: You should be an experienced cyclist to participate and enjoy C and D rides, or rides over 50 miles.

Food Key:

FS - Food store on route

FR - Restaurant stop

BF - Bring food

Day	Time / Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Thursday May 5	9:00am Alton Baker Park	114b	McKenzie View & Sunderman	12-15 mph	35 Miles	FS	B	Steve Hecker 541-954-1161
Thursday May 5	6:00PM Alton Baker Park	##	Women Only Ride Route announced at ride	10-12 mph	20-30 Miles	BF		Paula Erickson 541-998-8420
Saturday May 7	9:00am Alton Baker Park	401e	Pleasant Hill via Bear Creek	12-15 mph	45 Miles	FS	C	Garry Swanson 541-726-3997
Sunday May 8	9:00am Alton Baker Park	413a	Deerhorn Rd	10-12 mph	48 Miles	FS	C	Dennis Greene 541-345-0231
Sunday May 8	9:00am Alton Baker Park	105a	Brownsville via Marcola Rd	12-15 mph	75 Miles	FS	C	Sue Wolling 541-345-2110
Tuesday May 10	9:00am Alton Baker Park	##	Wolf Creek Counter Clockwise	12-15 mph	71 Miles	FS	C	Jackie Murdoff 541-345-3941
Thursday May 12	9:00am Alton Baker Park	209c	Alvadore Rd via Meadowview stopping at the Camas Bakery	12-15 mph	35 Miles	FS	A	Mike Cantrell 541-342-7649
Thursday May 12	6:00PM Alton Baker Park	##	Women Only Ride Route announced at ride	10-12 mph	20-30 Miles	BF		Paula Erickson 541-998-8420
Saturday May 14	9:00am Alton Baker Park	##	Beginner Ride to Starbucks along North Bank Path	10-12 mph	12 Miles	FR	A	Dana Brownfield 541-380-1074
Saturday May 14	Meet at 8:30am Alton Baker Park, carpool to start	McKenzie Bridge Ranger Stn. to Hwy 242 Observatory & back RSVP to jmurdoff@comcast.net Weather dependant, check Website for alternate route		12-15 mph	48 Miles	BF	C	Jackie Murdoff 541-345-3941
Sunday May 15	9:00am Alton Baker Park	103c	Coburg Bottom Loop	10-12 mph	26 Miles	FS	A	Dana Brownfield 541-380-1074
Sunday May 15	9:00am Alton Baker Park	207a	Franklin Firehouse	12-15 mph	40 Miles	FS	B	Mike Cantrell 541-342-7649
Sunday May 15	9:00am Alton Baker Park	207a	Franklin Firehouse	16+ Mph	40 Miles	FS	B	Kristin Yarris 231-448-5645
Wednesday May 18	GEARs General Meeting - Tour of Rolf Prima Wheels - "Built Right. Here." Meeting Times: 3:00 - Oakshire Brewery, 207 Madison St, Eugene or 3:30 - Rolf Prima Factory, 940 Wilson St, Eugene							
Thursday May 19	9:00am Alton Baker Park	125a	Clearwater Trail & Scenic Springfield	12-15 mph	25 Miles	BF	B	Steve Hecker 541-954-1161
Thursday May 19	6:00PM Alton Baker Park	##	Women Only Ride Route announced at ride	10-12 mph	20-30 Miles	BF		Paula Erickson 541-998-8420
Saturday May 21	9:00am Alton Baker Park	620a	Cinnamon Roll Ride to Paula's House	10-12 mph	35 Miles	FS	A	
Saturday May 21	9:00am Alton Baker Park	620b	Cinnamon Roll Ride to Paula's House	12-15 mph	42 Miles	FS	B	Steve Hecker 541-954-1161

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Day	Time / Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Sunday May 22	9:00am Alton Baker Park	##	Beginner Ride - Mostly bike path, Stop for Coffee	10-12 mph	12 Miles	FR	A	Dana Brownfield 541-380-1074
Sunday May 22	9:00am Alton Baker Park	219b	Petzold Out & Back	12-15 mph	35 Miles	BF	B	Dennis Greene 541-345-0231
Sunday May 22	9:00am Alton Baker Park	322d	Cottage Grove via Dillard	16+ Mph	63 Miles	FS	C	Kristin Yarris 231-448-5645
Wednesday May 25	6:00pm Alton Baker Park	113a	McKenzie View Bring lights	12-15 mph	26 Miles	BF	B	John Wellwood 541-345-8734
Thursday May 26	9:00am Alton Baker Park	114b	McKenzie View & Sunderman	12-15 mph	35 Miles	FS	B	Garry Swanson 541-726-3997
Thursday May 26	6:00PM Alton Baker Park	##	Women Only Ride Route announced at ride	10-12 mph	20-30 Miles	BF		Paula Erickson 541-998-8420
Saturday May 28	9:00am Alton Baker Park	209a	Alvadore Short	10-12 mph	30 Miles	FS	A	Dana Brownfield 541-380-1074
Saturday May 28	9:00am Alton Baker Park	211a	Lawrence and Short Butler	12-15 mph	40 Miles	FS	C	Garry Swanson 541-726-3997
Sunday May 29	9:00am Alton Baker Park	314c	Hamm Rd via Lorane Hwy	10-12 mph	48 Miles	FS	C	Lynda Christiansen 541-687-8379
Tuesday May 31	Meet at 8:30am Alton Baker Park, carpool to start		McKenzie Bridge Ranger Stn. to Hwy 242 Observatory & back RSVP to jmurdoff@comcast.net Weather dependant, check Website for alternate route	12-15 mph	48 Miles	BF	C	Jackie Murdoff 541-345-3941

Color Key: 10-12 mph leader pace

16 + mph leader pace

The Average Pace indicated is based on the actual riding speed with a neutral wind on flat terrain. Terrain and weather conditions will influence the actual speed at any one time during the ride. At times the actual speed may be higher than the upper range of the average pace.

The **16+ mph** rides are fast paced, usually in a pace line with few stops. The leader will try to keep the group together. The ride leader will announce where regrouping will take place and will try to keep the group together when possible.

The **12-15 mph** rides are medium paced and regroup often. The ride may get stretched out, but will regroup at turns and at the top of climbs.

The **10-12 mph** rides are slower paced, the group tends to stay together and takes the time look at the scenery.

If you decide to drop out of a ride along the way, please let the ride leader know so we don't come looking for you.

The Ride Schedule is also available for download at the GEARs website: www.eugenegears.org. Most of the rides listed above now have cue sheets and links to maps on our website, www.eugenegears.org/rides/ridelist.

