

GEARs May 2015 Rides

GEARs (Greater Eugene Area Riders) invites all bicyclists to join in riding together through some beautiful bicycling terrain. We require that all participants wear a bike helmet and bring a bike in safe riding condition. A frame tire pump, tube/patch kit, basic tools, full water bottle and appropriate clothing are strongly encouraged. Ride leaders will help to ensure that you have a safe and pleasant experience. If you have questions about a scheduled ride, feel free to contact the ride leader or Ride Coordinator Mike Cantrell at 541-342-7649 or michael@eugenegears.org.

Terrain Key:

A: Flat with gently rolling terrain.

B: Rolling Terrain with a few short, steep climbs.

C: Moderate rolling terrain with steeper, longer climbs.

D: Demanding terrain with frequent steep and / or sustained climbs.

Note: You should be an experienced cyclist to participate and enjoy C and D rides, or rides over 50 miles.

Food Key:

FS - Food store on route

FR - Restaurant stop

BF - Bring food

Day	Time / Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Saturday May 2	9:00AM Alton Baker Park	401f	Pleasant Hill to Jasper	10-12 mph	39 Miles	FS	B	Garry Swanson 541-726-3997
Saturday May 2	9:00AM Alton Baker Park	322d	Cottage Grove Loop, via Dillard Rd	12-15 mph	63 Miles	FS	C	Sue Wolling 541-345-2110
Sunday May 3	9:00AM Alton Baker Park	207c	Franklin Firehouse via Clear Lake Rd	12-15 mph	36 Miles	FS	A	Mike Cantrell 541-342-7649
Tuesday May 5	9:00AM Alton Baker Park	##	Fox Hollow - Return route depends on the weather	12-15 mph	25-50 Miles	BF	C	Jackie Murdoff 541-345-3941
Wednesday May 6	6:00PM Alton Baker Park	317a	Pine Grove Rd - You can add Erickson for a few more miles	12-15 mph	28 Miles	BF	C	Dennis Greene 541-345-0231
Thursday May 7	9:00AM Alton Baker Park	114b	McKenzie View & Sunderman	12-15 mph	35 Miles	FS	B	Ray Linneman 458-205-1497
Thursday May 7	6:00PM Alton Baker Park	##	Women Only Ride Route announced at ride	10-12 mph	20-30 Miles	BF		Paula Erickson 541-998-8420
Saturday May 9	9:00AM Alton Baker Park	227c	Applegate Trail - Counter Clockwise	12-15 mph	49 Miles	FS	B	Garry Swanson 541-726-3997
Sunday May 10	9:00AM Alton Baker Park	106a	Wendling Covered Bridge	12-15 mph	51 Miles	FS	B	Dennis Greene 541-345-0231
Sunday May 10	9:00AM Alton Baker Park	314c	Hamm Rd via Lorane Hwy	10-12 mph	48 Miles	FS	C	Lynda Christiansen 541-687-8349
Tuesday May 12	9:00AM Alton Baker Park	##	Fox Hollow - Return route depends on the weather	12-15 mph	25-50 Miles	BF	C	Jackie Murdoff 541-345-3941
Wednesday May 13	6:00PM Alton Baker Park	113a	McKenize View - Short	12-15 mph	26 Miles	BF	B	Garry Swanson 541-726-3997
Thursday May 14	9:00AM Alton Baker Park	125a	Clearwater Trail and Scenic Springfield	12-15 mph	25 Miles	BF	B	Ray Linneman 458-205-1497
Thursday May 14	6:00PM Alton Baker Park	##	Women Only Ride Route announced at ride	10-12 mph	20-30 Miles	BF		Paula Erickson 541-998-8420
Saturday May 16	9:00AM Alton Baker Park	105b	Brownsville via Gap - Return via Brush Creek Rd	12-15 mph	75 Miles	FS	C	Jackie Murdoff 541-345-3941
Saturday May 16	9:00AM Alton Baker Park	105b	Brownsville via Gap - Return via Brush Creek Rd	16+ mph	75 Miles	FS	C	Jeff Sprague 541-484-4434
Sunday May 17	9:00AM Alton Baker Park	337a	Noti via Lorane Hwy, Return via Warthern	10-12 mph	61 Miles	FS	C	Lynda Christiansen 541-687-8349

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Day	Time / Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Sunday May 17	9:00AM Alton Baker Park	314d	Hamm Rd via Fox Hollow	12-15 mph	46 Miles	FS	C	Dennis Greene 541-345-0231
Sunday May 17	9:00AM Alton Baker Park	314d	Hamm Rd via Fox Hollow	16+ mph	46 Miles	FS	C	Kristin Yarris 213-448-5645
Tuesday May 19	9:00AM Alton Baker Park	##	Fox Hollow - Return route depends on the weather	12-15 mph	25-50 Miles	BF	C	Jackie Murdoff 541-345-3941
Wednesday May 20	6:00PM Educational Memorial	The Ride of Silence to honor those who have been killed or injured while riding. See our website for more info.		Very slow	Approx. 5 miles	##	A	
Thursday May 21	9:00AM Alton Baker Park	209c	Alvadore via Meadowview	12-15 mph	34 Miles	FS	A	Garry Swanson 541-726-3997
Thursday May 21	6:00PM Alton Baker Park	##	Women Only Ride Route announced at ride	10-12mph	20-30 Miles	BF		Paula Erickson 541-998-8420
Saturday May 23	9:00AM Alton Baker Park	210a	Poodle Creek Metric Century	12-15 mph	62 Miles	FS	C	Ray Linneman 458-205-1497
Saturday May 23	9:00AM Alton Baker Park	210a	Poodle Creek Metric Century	16+ mph	62 Miles	FS	C	Kristin Yarris 213-448-5645
Sunday May 24	9:00AM Alton Baker Park	319b	Lorane Hwy to Petzold - Out and Back	12-15 mph	35 Miles	BF	C	Dennis Greene 541-345-0231
Wednesday May 27	6:00PM Alton Baker Park	209c	Alvadore via Meadowview	12-15 mph	34 Miles	FS	A	Jeff Sprague 541-484-4434
Thursday May 28	6:00PM Alton Baker Park	##	Women Only Ride Route announced at ride	10-12mph	20-30 Miles	BF		Paula Erickson 541-998-8420
Saturday May 30	9:00AM Alton Baker Park	620a	Cinnamon roll ride to Paula's Return via Fern Ridge Path	10-12mph	35 miles	FS	A	Garry Swanson 541-726-3997
Saturday May 30	9:00AM Alton Baker Park	620b	Cinnamon roll ride to Paula's Franklin Rd, Sovern Ln	12-15mph	42 miles	FS	A	Ray Linneman 458-205-1497

Color Key: 10-12 mph leader pace
16 + mph leader pace
Women's only ride



The Average Pace indicated is based on the actual riding speed with a neutral wind on flat terrain. Terrain and weather conditions will influence the actual speed at any one time during the ride. At times the actual speed may be higher than the upper range of the average pace.

The **16+ mph** rides are fast paced, usually in a pace line with few stops. The leader will try to keep the group together. The ride leader will announce where regrouping will take place and will try to keep the group together when possible.

The **12-15 mph** rides are medium paced and regroup often. The ride may get stretched out, but will regroup at turns and at the top of climbs.

The **10-12 mph** rides are slower paced, the group tends to stay together and takes the time look at the scenery.

If you decide to drop out of a ride along the way, please let the ride leader know so we don't come looking for you.

The May Ride Schedule is also available for download at the GEARs website: www.eugenegears.org. Most of the rides listed above now have cue sheets and links to maps on our website, www.eugenegears.org/rides/ridelist.