

GEARsMarch 2017 Rides

GEARs (Greater Eugene Area Riders) invites all bicyclists to join in riding together through some beautiful bicycling terrain. We require that all participants wear a bike helmet and bring a bike in safe riding condition. A frame tire pump, tube/patch kit, basic tools, full water bottle and appropriate clothing are strongly encouraged. Ride leaders will help to ensure that you have a safe and pleasant experience. If you have questions about a scheduled ride, feel free to contact the ride leader or Ride Coordinator Garry Swanson at 541-726-3997 or garry@eugenegears.org.

Terrain Key:

A: Flat with gently rolling terrain.

B: Rolling Terrain with a few short, steep climbs.

C: Moderate rolling terrain with steeper, longer climbs.

D: Demanding terrain with frequent steep and / or sustained climbs.

Note: You should be an experienced cyclist to participate and enjoy C and D rides, or rides over 50 miles.

Food Key:

FS - Food store on route

FR - Restaurant stop

BF - Bring food

Day	Time / Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Thursday March 2	9:00AM Alton Baker Park	114b	McKenzie View and Sunderman	12-15 mph	35 miles	FS	B	Garry Swanson 541-726-3997
Saturday March 4	9:00AM Alton Baker Park	125b	Clearwater Path to McKenzie View	10-12 mph	29 miles	BF	B	Paula Erickson 541-953-2894
Saturday March 4	9:00AM Alton Baker Park	106a	Wendling Covered Bridge	12-15 mph	51 miles	FS	B	Ray Linneman 458-205-1497
Saturday March 4	9:00AM Alton Baker Park	106a	Wendling Covered Bridge	16+ mph	51 miles	FS	B	Jeff Sprague 541-484-4434
Sunday March 5	9:00AM Alton Baker Park	306c	Gimpl Hill Rd via Erickson, Crow Rd.	12-15 mph	30 miles	BF	C	Mel Huey 541-255-2741
Sunday March 5	9:00AM Alton Baker Park	306c	Gimpl Hill Rd via Erickson, Crow Rd.	16+ mph	30 miles	BF	C	Krisitn Yarris 213-448-5645
Tuesday March 7	9:00AM Alton Baker Park	##	Riding some hills - Route will be determined at start	12-15 mph	25-50 miles	BF	C	Jackie Murdoff 541-345-3941
Tuesday March 7	10:00AM Alton Baker Park	##	10 - 12 mph Pace, Route will be announced at start		25-35 miles	BF	B	Lyn Gilman-Garrick 541-520-1388
Thursday March 9	9:00AM Alton Baker Park	209c	Alvadore via Meadowview	12-15 mph	35 miles	FS	A	Mike Cantrell 541-342-7649
Saturday March 11	9:00AM Alton Baker Park	314c	Hamm Rd via Lorane Hwy	12-15 mph	48 miles	FS	C	Tyler Stewart 541-954-2009
Saturday March 11	9:00AM Alton Baker Park	314c	Hamm Rd via Lorane Hwy	16+ mph	48 miles	FS	C	Dave Zumbrunnen 541-972-9746
Sunday March 12	9:00AM Alton Baker Park	207c	Franklin Firehouse	12-15 mph	39 miles	FS	B	Mike Cantrell 541-342-7649
Tuesday March 14	9:00AM Alton Baker Park	##	Riding some hills - Route will be determined at start	12-15 mph	25-50 miles	BF	C	Jackie Murdoff 541-345-3941
Tuesday March 14	10:00AM Alton Baker Park	##	10 - 12 mph Pace, Route will be announced at start		25-35 miles	BF	B	Lynda Christiansen 541-687-8379
Thursday March 16	9:00AM Alton Baker Park	125a	Clearwater Trail and Scenic Springfield	12-15 mph	25 miles	BF	B	Garry Swanson 541-726-3997
Saturday March 18	10:00AM Junction City Safeway	607	Meet @ JC Safeway Annual Daffodil Ride to the Long Tom Grange	10-12 mph	19 miles	FS	B	Paula Erickson 541-953-2894
Saturday March 18	9:00AM North Eugene High	608	Annual Daffodil Ride to the Long Tom Grange	12-15 mph	43 miles	FS	B	Steve Hecker 541-954-1161

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Saturday March 18	9:00AM North Eugene High	608	Annual Daffodil Ride to the Long Tom Grange	16+ mph	43 miles	FS	B	Jeff Sprague 541-484-4434
Sunday March 19	9:00AM Alton Baker Park	125c	McKenzie View, Sunderman Clearwater Trail	12-15 mph	39 miles	FS	B	Mel Huey 541-255-2741
Tuesday March 21	9:00AM Alton Baker Park	##	Riding some hills - Route will be determined at start	12-15 mph	25 - 50 miles	BF	C	Jackie Murdoff 541-345-3941
Tuesday March 21	10:00AM Alton Baker Park	##	10 - 12 mph Pace, Route will be announced at start		25-35 miles	BF	B	Lynda Christiansen 541-687-8379
Thursday March 23	9:00AM Alton Baker Park	114b	McKenzie View and Sunderman	12-15 mph	35 miles	FS	B	Mike Cantrell 541-342-7649
Saturday March 25	9:00AM Alton Baker Park	320a	River Drive & Howe Lane	10-12 mph	41 miles	FS	A	Garry Swanson 541-726-3997
Saturday March 25	9:00AM Alton Baker Park	320b	Howe Lane via Dillard Rd	12-15 mph	41 miles	FS	C	Sue Woling 541-345-2110
Sunday March 26	9:00AM Alton Baker Park	308e Flex	Wolf Creek via Fox Hollow	12-15 mph	71 miles	FS	C	Jackie Murdoff 541-345-3941
Sunday March 26	9:00AM Alton Baker Park	308e Flex	Wolf Creek via Fox Hollow	16+ mph	71 miles	FS	C	Dave Zumbrunnen 541-972-9746
Tuesday March 28	9:00AM Alton Baker Park	##	Riding some hills - Route will be determined at start	12-15 mph	25 - 50 miles	BF	C	Jackie Murdoff 541-345-3941
Tuesday March 28	10:00AM Alton Baker Park	##	10 - 12 mph Pace, Route will be announced at start		25-35 miles	BF	B	Lyn Gilman-Garrick 541-520-1388
Thursday March 30	9:00AM Alton Baker Park	125a	Clearwater Trail and Scenic Springfield	12-15 mph	25 miles	BF	B	Steve Hecker 541-954-1161

Color Key: 10-12 mph leader pace
16 + mph leader pace

The Average Pace indicated is based on the actual riding speed with a neutral wind on flat terrain. Terrain and weather conditions will influence the actual speed at any one time during the ride. At times the actual speed may be higher than the upper range of the average pace.

The **16+ mph** rides are fast paced, usually in a pace line with few stops. The leader will try to keep the group together. The ride leader will announce where regrouping will take place and will try to keep the group together when possible.

The **12-15 mph** rides are medium paced and regroup often. The ride may get stretched out, but will regroup at turns and at the top of climbs.

The **10-12 mph** rides are slower paced, the group tends to stay together and takes the time look at the scenery.

If you decide to drop out of a ride along the way, please let the ride leader know so we don't come looking for you.

***Flex Rides** - Follow a regular listed ride route with a short section added or altered. Ride leader will describe at the start of ride.

The Ride Schedule is also available for download at the GEARs website: www.eugenegears.org. Most of the rides listed above now have cue sheets and links to maps on our website, www.eugenegears.org/rides/ridelist.

