

GEARs March 2016 Rides

GEARs (Greater Eugene Area Riders) invites all bicyclists to join in riding together through some beautiful bicycling terrain. We require that all participants wear a bike helmet and bring a bike in safe riding condition. A frame tire pump, tube/patch kit, basic tools, full water bottle and appropriate clothing are strongly encouraged. Ride leaders will help to ensure that you have a safe and pleasant experience. If you have questions about a scheduled ride, feel free to contact the ride leader or Ride Coordinator Mike Cantrell at 541-342-7649 or michael@eugenegears.org.

Terrain Key:

A: Flat with gently rolling terrain.

B: Rolling Terrain with a few short, steep climbs.

C: Moderate rolling terrain with steeper, longer climbs.

D: Demanding terrain with frequent steep and / or sustained climbs.

Note: You should be an experienced cyclist to participate and enjoy C and D rides, or rides over 50 miles.

Food Key:

FS - Food store on route

FR - Restaurant stop

BF - Bring food

Day	Time / Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Tuesday March 1	9:30AM Alton Baker Park	##	Riding some hills - Route will be determined at start	12-15 mph	25 - 50 Miles	BF	C	Steve Hecker 541-954-1161
Thursday March 3	9:30AM Alton Baker Park	114b	McKenzie View and Sunderman	12-15 mph	35 Miles	FS	B	Mike Cantrell 541-342-7649
Saturday March 5	9:30AM Alton Baker Park	319b	Petzold Out & Back	10-12 mph	35 Miles	BF	B	Garry Swanson 541-726-3997
Saturday March 5	9:30AM Alton Baker Park	319b	Petzold Out & Back	12-15 mph	35 Miles	BF	B	Steve Hecker 541-954-1161
Saturday March 5	9:30AM Alton Baker Park	322a	Cottage Grove via Lorane Hwy	16+ mph	62 Miles	FS	C	Kristin Yarris 213-448-5645
Sunday March 6	9:30AM Alton Baker Park	403a	Jasper via Weyehauser	10-12 mph	35 Miles	FS	B	Mel Huey 541-345-3181
Thursday March 10	9:30AM Alton Baker Park	209c	Alvadore via Meadowview	12-15 mph	34 Miles	FS	A	Ray Linneman 458-205-1497
Saturday March 12	9:30AM Alton Baker Park	207c	Franklin Firehouse	10-12 mph	38 Miles	FS	B	Garry Swanson 541-726-3997
Saturday March 12	9:30AM Alton Baker Park	207c	Franklin Firehouse	12-15 mph	38 Miles	FS	B	Steve Hecker 541-954-1161
Saturday March 12	9:30AM Alton Baker Park	207c	Franklin Firehouse	16+ mph	38 Miles	FS	B	Kristin Yarris 213-448-5645
Sunday March 13	9:30AM Alton Baker Park	125c	Mckenzie View, Sunderman Clearwater	12-15 mph	39 Miles	FS	B	Mike Cantrell 541-342-7649
Thursday March 17	9:30AM Alton Baker Park	125a	Clearwater Trail & Scenic Springfiled	12-15 mph	25 Miles	BF	B	Garry Swanson 541-726-3997
Saturday March 19	10:00AM Junction City Safeway	607	Meet @ JC Safeway Annual Daffodil Ride to the Long Tom Grange	10-12 mph	19 Miles	FS	B	Garry Swanson 541-726-3997
Saturday March 19	9:00AM North Eugene High	608	Annual Daffodil Ride to the Long Tom Grange	12-15 mph	43 Miles	FS	B	Steve Hecker 541-954-1161
Saturday March 19	9:00AM North Eugene High	608	Annual Daffodil Ride to the Long Tom Grange	16+ mph	43 Miles	FS	B	Jeff Sprague 541-484-4434
Sunday March 20	9:30AM Alton Baker Park	321a	Dale Kuni Rd	10-12 mph	34 Miles	BF	A	Paula Erickson 541-998-8420
Thursday March 24	9:30AM Alton Baker Park	114b	McKenzie View and Sunderman	12-15 mph	35 Miles	FS	B	Steve Hecker 541-954-1161

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Day	Time / Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Saturday March 26	9:30AM Alton Baker Park	318c	Doane and Briggs Hills	12-15 mph	41 Miles	BF	C	Sue Wolling 541-345-2110
Saturday March 26	9:30AM Alton Baker Park	318c	Doane and Briggs Hills	16+	41 Miles	BF	C	Jeff Sprague 541-484-4434
Sunday March 27	9:30AM Alton Baker Park	319b	Petzold Out & Back	10-12 mph	35 Miles	BF	B	Dennis Greene 541-345-0231
Thursday March 31	9:30AM Alton Baker Park	125a	Clearwater Trail & Scenic Springfiled	12-15 mph	25 Miles	BF	B	Mike Cantrell 541-342-7649
Saturday April 2	9:00AM Alton Baker Park	106a	Wendling Covered Bridge	12-15 mph	51 Miles	FS	B	Garry Swanson 541-726-3997
Sunday April 3	9:00AM Alton Baker Park	401f	Pleasant Hill to Jasper	12-15 mph	41 Miles	FS	B	Mike Cantrell 541-342-7649

Color Key: 10-12 mph leader pace

16 + mph leader pace

The Average Pace indicated is based on the actual riding speed with a neutral wind on flat terrain. Terrain and weather conditions will influence the actual speed at any one time during the ride. At times the actual speed may be higher than the upper range of the average pace.

The **16+ mph** rides are fast paced, usually in a pace line with few stops. The leader will try to keep the group together. The ride leader will announce where regrouping will take place and will try to keep the group together when possible.

The **12-15 mph** rides are medium paced and regroup often. The ride may get stretched out, but will regroup at turns and at the top of climbs.

The **10-12 mph** rides are slower paced, the group tends to stay together and takes the time look at the scenery.

If you decide to drop out of a ride along the way, please let the ride leader know so we don't come looking for you.

The Ride Schedule is also available for download at the GEARs website: www.eugenegears.org. Most of the rides listed above now have cue sheets and links to maps on our website, www.eugenegears.org/rides/ridelist.

