

GEARs March 2015 Rides

GEARs (Greater Eugene Area Riders) invites all bicyclists to join in riding together through some beautiful bicycling terrain. We require that all participants wear a bike helmet and bring a bike in safe riding condition. A frame tire pump, tube/patch kit, basic tools, full water bottle and appropriate clothing are strongly encouraged. Ride leaders will help to ensure that you have a safe and pleasant experience. If you have questions about a scheduled ride, feel free to contact the ride leader or Ride Coordinator Mike Cantrell at 541-342-7649 or michael@eugenegears.org.

Terrain Key:

A: Flat with gently rolling terrain.

B: Rolling Terrain with a few short, steep climbs.

C: Moderate rolling terrain with steeper, longer climbs.

D: Demanding terrain with frequent steep and / or sustained climbs.

Note: You must be an experienced cyclist to participate and enjoy C and D rides, or rides over 50 miles.

Food Key:

FS - Food store on route

FR - Restaurant stop

BF - Bring food

Day	Time / Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Tuesday March 3	9:30AM Alton Baker Park	##	Fox Hollow - Return route depends on the weather	12-15 mph	25-50 Miles	BF	C	Jackie Murdoff 541-345-3941
Thursday March 5	9:30AM Alton Baker Park	114b	McKenzie View & Sunderman	12-15 mph	35 Miles	FS	B	Garry Swanson 541-726-3997
Saturday March 7	9:30AM Alton Baker Park	320a	River Dr and Howe Ln	10-12 mph	41 Miles	FS/BF	A	Garry Swanson 541-726-3997
Saturday March 7	9:30AM Alton Baker Park	108c	Brownsville via WWSB	12-15 mph	64 Miles	FS	B	Richard Hughes 541-933-5542
Sunday March 8	9:30AM Alton Baker Park	207a	Franklin Firehouse	12-15 mph	39 Miles	FS	B	Dennis Greene 541-345-0231
Tuesday March 10	9:30AM Alton Baker Park	##	Fox Hollow - Return route depends on the weather	12-15 mph	25-50 Miles	BF	C	Jackie Murdoff 541-345-3941
Thursday March 12	9:30AM Alton Baker Park	125a	Clearwater Trail & Springfield	12-15 mph	25 Miles	BF	B	Mike Cantrell 541-342-7649
Saturday March 14	9:30AM Alton Baker Park	403c	Walterville via Thurston Rd rtn McKenzie View	10-12 mph	42 Miles	FS	B	Garry Swanson 541-726-3997
Saturday March 14	9:30AM Alton Baker Park	403c	Walterville via Thurston Rd rtn McKenzie View	12-15 mph	42 Miles	FS	B	Ray Linneman 458-205-1497
Sunday March 15	9:30AM Alton Baker Park	319c	Central Rd - 2 Ways	12-15 mph	40 Miles	FS	C	Dennis Greene 541-345-0231
Sunday March 15	9:30AM Alton Baker Park	319c	Central Rd - 2 Ways	16+ mph	40 Miles	FS	C	Kristin Yarris 213-448-5645
Tuesday March 17	9:30AM Alton Baker Park	##	Fox Hollow - Return route depends on the weather	12-15 mph	25-50 Miles	BF	C	Jackie Murdoff 541-345-3941
Thursday march 19	9:30AM Alton Baker Park	114b	McKenzie View & Sunderman	12-15 mph	35 Miles	FS	B	Mike Cantrell 541-342-7649
Saturday March 21	10:00AM Junction City Safeway	607	Meet @ JC Safeway Annual Daffodil Ride to the Long Tom Grange	10-12 mph	19 Miles	FS	B	Mike Cantrell 541-342-7649
Saturday March 21	9:00AM North Eugene High	608	Annual Daffodil Ride to the Long Tom Grange	12-15 mph	43 Miles	FS	B	Garry Swanson 541-726-3997
Saturday March 21	9:00AM North Eugene High	608	Annual Daffodil Ride to the Long Tom Grange	16+ mph	43 Miles	FS	B	Jeff Sprague 541-484-4434
Sunday March 22	9:30AM Alton Baker Park	403b	Jasper via Pleasant Hill, return via Clearwater Trail	12-15 mph	34 Miles	FS	B	George Jobanek 541-343-8547

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Day	Time / Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Tuesday March 24	9:30AM Alton Baker Park	114b	Fox Hollow - Return route depends on the weather	12-15 mph	25-50 Miles	BF	C	Jackie Murdoff 541-345-3941
Thursday March 26	9:30AM Alton Baker Park	125a	Clearwater Trail & Springfield	12-15 mph	25 Miles	BF	B	Ray Linneman 458-205-1497
Saturday March 28	9:30AM Alton Baker Park	227c	Applegate Trail CCW	12-15 mph	49 Miles	FS	B	Mike Cantrell 541-342-7649
Sunday March 29	9:30AM Alton Baker Park	301b	Crow via Petzold and Central	10-12 mph	38 Miles	FS	C	Lynda Christiansen 541-687-8379
Sunday March 29	9:30AM Alton Baker Park	302e	Veneta via Bolton Hill	12-15 mph	49 Miles	FS	C	Ray Linneman 458-205-1497

Color Key: 10-12 mph leader pace
16 + mph leader pace

A word about Ride Pace - The pace listed is the average speed for a ride over rolling terrain, what we have listed as a 'B' ride.

The **16+ mph** rides are fast paced, usually in a pace line with few stops. The leader will try to keep the group together. The ride leader will announce where regrouping will take place and will try to keep the group together when possible.

The **12-15 mph** rides are medium paced and regroup often. The ride may get stretched out, but will regroup at turns and at the top of climbs.

The **10-12 mph** rides are slower paced, the group tends to stay together and takes the time look at the scenery.

If you decide to drop out of a ride along the way, please let the ride leader know so we don't come looking for you.

The March Ride Schedule is also available for download at the GEARs website: www.eugenegears.org. Most of the rides listed above now have cue sheets and links to maps on our website, www.eugenegears.org/rides/ridelist.

