

GEARs June 2015 Rides

GEARs (Greater Eugene Area Riders) invites all bicyclists to join in riding together through some beautiful bicycling terrain. We require that all participants wear a bike helmet and bring a bike in safe riding condition. A frame tire pump, tube/patch kit, basic tools, full water bottle and appropriate clothing are strongly encouraged. Ride leaders will help to ensure that you have a safe and pleasant experience. If you have questions about a scheduled ride, feel free to contact the ride leader or Ride Coordinator Mike Cantrell at 541-342-7649 or michael@eugenegears.org.

Terrain Key:

A: Flat with gently rolling terrain.

B: Rolling Terrain with a few short, steep climbs.

C: Moderate rolling terrain with steeper, longer climbs.

D: Demanding terrain with frequent steep and / or sustained climbs.

Note: You should be an experienced cyclist to participate and enjoy C and D rides, or rides over 50 miles.

Food Key:

FS - Food store on route

FR - Restaurant stop

BF - Bring food

Day	Time / Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Wednesday June 3	6:00PM Alton Baker Park	103a	Herman Rd via Coburg Bottom Loop	12-15 mph	32 Miles	FS	A	
Thursday June 4	9:00AM Alton Baker Park	114b	McKenzie View & Sunderman	12-15 mph	35 Miles	FS	B	Ray Linneman 458-205-1497
Thursday June 4	6:00PM Alton Baker Park	##	Women Only Ride Route announced at ride	10-12 mph	20-30 Miles	BF		Paula Erickson 541-998-8420
Saturday June 6	9:00AM Alton Baker Park	413a	Deerhorn via Springfield	10-12 mph	48 Miles	FS	B	Mel Huey 541-915-0788
Saturday June 6	9:00AM Alton Baker Park	122a	Deerhorn via McKenzie View	12-15 mph	58 Miles	FS	B	Ray Linneman 458-205-1497
Sunday June 7	9:00AM Alton Baker Park	401f	Pleasant Hill and Jasper	12-15 mph	39 Miles	FS	B	George Jobanek 541-343-8547
Wednesday June 10	6:00PM Alton Baker Park	306c	Gimpl Rd via Erickson & Crow Rd	12-15 mph	30 Miles	BF	C	Kristin Yarris 213-448-5645
Thursday June 11	9:00AM Alton Baker Park	209c	Alvadora via Meadowview	12-15 mph	34 Miles	FS	A	Garry Swanson 541-726-3997
Thursday June 11	6:00PM Alton Baker Park	##	Women Only Ride Route announced at ride	10-12 mph	20-30 Miles	BF		Paula Erickson 541-998-8420
Saturday June 13	9:00AM Alton Baker Park	319b	Lorane Hwy to Petzold, Out and Back	10-12 mph	35 Miles	BF	C	Mike Cantrell 541-342-7649
Saturday June 13	9:00AM Alton Baker Park	308e	Wolf Creek via Lorane Hwy	12-15 mph	71 Miles	FS	C	Sue Wolling 541-345-2110
Sunday June 14	9:00AM Alton Baker Park	314b	Hamm Rd via Dillard	12-15 mph	46 Miles	FS/BF	C	Kristin Yarris 213-448-5645
Wednesday June 17	6:00PM Alton Baker Park	310b	Dillard Rd to Cloverdale	12-15 mph	32 Miles	BF	C	Kristin Yarris 213-448-5645
Thursday June 18	9:00AM Alton Baker Park	114b	McKenzie View & Sunderman	12-15 mph	35 Miles	FS	B	Mike Cantrell 541-342-7649
Thursday June 18	6:00PM Alton Baker Park	##	Women Only Ride Route announced at ride	10-12 mph	20-30 Miles	BF		Paula Erickson 541-998-8420
Friday June 19	6:00PM Noble Estate Winery	Meet at Noble Estate Urban Winery 560 Commercial , and be ready to ride at 6:00pm. Lots of on street parking. 1st stop is the Wine Lab at 488 Lincoln, 2nd is Territorial Wine at 907 W. 3rd Ave., then return to Noble for more tasting Bring money for tasting and buying a glass or two, or snacks / dinner.						Robin Forster 541-525-0703

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Day	Time / Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Saturday June 20	9:00AM Alton Baker Park	320a	River Drive and Howe Lane	12-15 mph	41 Miles	BF/FS	A	Paula Erickson 541-998-8420
Sunday June 21	9:00AM Alton Baker Park	114e	McKenzie View, Sunderman McKenzie View	12-15 mph	39 Miles	FS	B	Paula Erickson 541-998-8420
Wednesday June 24	6:00PM Alton Baker Park	113a	McKenzie View Dr	12-15 mph	26 Miles	BF	B	Garry Swanson 541-726-3997
Thursday June 25	9:00AM Alton Baker Park	125a	Clearwater Trail and Scenic Springfield	12-15 mph	25 Miles	BF	B	Ray Linneman 458-205-1497
Thursday June 25	6:00PM Alton Baker Park	##	Women Only Ride Route announced at ride	10-12 mph	20-30 Miles	BF		Paula Erickson 541-998-8420
Saturday June 27	9:00AM Alton Baker Park	##	Welcome Ride along Bike Path to Starbucks @ Delta	Easy Pace	Approx. 12 Miles	FR	A	Robin Forster 541-953-3166
Saturday June 27	Meet 9:00AM Alton Baker for Carpool or	##	Row River Trail to Cedar Creek Campground Meet 9:00 Alton Baker Park	10-12 mph	44 Miles	BF	B	Garry Swanson 541-726-3997
Saturday June 27	Meet 10:00AM Mosby Creek for Ride	##	to Carpool or Meet 10:00 at Mosby Creek Trailhead for ride start	12-15 mph	44 Miles	BF	B	Ray Linneman 458-205-1497
Sunday June 28	9:00AM Alton Baker Park	106a	Wendling Covered Bridge	12-15 mph	51 Miles	FS	B	Steve Hecker 541-954-1161

Color Key: 10-12 mph leader pace

16 + mph leader pace

The Average Pace indicated is based on the actual riding speed with a neutral wind on flat terrain. Terrain and weather conditions will influence the actual speed at any one time during the ride. At times the actual speed may be higher than the upper range of the average pace.

The **16+ mph** rides are fast paced, usually in a pace line with few stops. The leader will try to keep the group together. The ride leader will announce where regrouping will take place and will try to keep the group together when possible.

The **12-15 mph** rides are medium paced and regroup often. The ride may get stretched out, but will regroup at turns and at the top of climbs.

The **10-12 mph** rides are slower paced, the group tends to stay together and takes the time look at the scenery.

If you decide to drop out of a ride along the way, please let the ride leader know so we don't come looking for you.

The June Ride Schedule is also available for download at the GEARs website: www.eugenegears.org. Most of the rides listed above now have cue sheets and links to maps on our website, www.eugenegears.org/rides/ridelist.

