

# GEARs January 2018 Rides

GEARs (Greater Eugene Area Riders) invites all bicyclists to join in riding together through some beautiful bicycling terrain. We require that all participants wear a bike helmet and bring a bike in safe riding condition. A frame tire pump, tube/patch kit, basic tools, full water bottle and appropriate clothing are strongly encouraged. Ride leaders will help to ensure that you have a safe and pleasant experience. If you have questions about a scheduled ride, feel free to contact the ride leader or Ride Coordinator Garry Swanson at 541-726-3997 or [garry@eugenegears.org](mailto:garry@eugenegears.org).

## Terrain Key:

**A:** Flat with gently rolling terrain.

**B:** Rolling Terrain with a few short, steep climbs.

**C:** Moderate rolling terrain with steeper, longer climbs.

**D:** Demanding terrain with frequent steep and / or sustained climbs.

**Note:** You should be an experienced cyclist to participate and enjoy C and D rides, or rides over 50 miles.

## Food Key:

FS - Food store on route

FR - Restaurant stop

BF - Bring food

Day	Time / Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Monday January 1	9:00 AM 5th St. Market		Annual Polar Bear Ride. Not a GEARs ride, but we do it for fun	XX	40 Miles	BF	<b>A</b>	Not a GEARs ride
Tuesday January 2	9:30AM Alton Baker Park	##	Riding some hills - Route will be determined at start	12-15 mph	25 - 50 miles	BF	<b>C</b>	John Reidy 805-807-5657
Thursday January 4	9:30AM Alton Baker Park	209c	Alvadore via Meadowview	12-15 mph	34 Miles	FS	<b>A</b>	Garry Swanson 541-726-3997
Saturday January 6	9:30AM Alton Baker Park	406a	Weyerhauser, Pleasant Hill, Out and Back	10-12 mph	39 Miles	FS	<b>B</b>	Larry Diffie 541-729-7923
Saturday January 6	9:30AM Alton Baker Park	406a	Weyerhauser, Pleasant Hill, Out and Back	12-15 mph	39 Miles	FS	<b>B</b>	Sue Wolling 541-345-2110
Saturday January 6	9:30AM Alton Baker Park	406a	Weyerhauser, Pleasant Hill, Out and Back	16+ mph	39 Miles	FS	<b>B</b>	Dave Zumbrunnen 541-972-9746
Sunday January 7	9:30AM Alton Baker Park	319b	Petzold, Out and Back	12-15 mph	35 Miles	BF	<b>C</b>	John Reidy 805-807-5657
Monday January 8	9:30AM Alton Baker Park	##	Hills for the 'dis-in-climbed'	10-12 mph	20 - 40 miles	BF	<b>C</b>	Jackie Murdoff 541-345-3941
Tuesday January 9	9:30AM Alton Baker Park	125b	Clearwater path to McKenzie View	10-12 mph	29 Miles	BF	<b>B</b>	Paula Erickson 541-998-8420
Tuesday January 9	9:30AM Alton Baker Park	##	Riding some hills - Route will be determined at start	12-15 mph	25 - 50 miles	BF	<b>C</b>	Dave Zumbrunnen 541-972-9746
Thursday January 11	9:30AM Alton Baker Park	125a	Clearwater Path and Scenic Springfield	12-15 mph	25 Miles	BF	<b>B</b>	Steve Hecker 541-954-1161
Saturday January 13	9:30AM Alton Baker Park	114b	McKenzie View and Sunderman Rd	10-12 mph	35 Miles	FS	<b>B</b>	Paula Erickson 541-998-8420
Saturday January 13	9:30AM Alton Baker Park	106a	Wendling Covered Bridge	12-15 mph	51 Miles	FS	<b>B</b>	Garry Swanson 541-726-3997
Sunday January 14	9:30AM Alton Baker Park	302e Flex	Veneta via Bolton Hill flex - via Petzold, Central	12-15 mph	49 Miles	FS	<b>C</b>	Jackie Murdoff 541-345-3941
Sunday January 14	9:30AM Alton Baker Park	302e Flex	Veneta via Bolton Hill flex - via Petzold, Central	16+ mph	49 Miles	FS	<b>C</b>	Jeff Sprague 541-484-4434
Thursday January 18	9:30AM Alton Baker Park	114b	McKenzie View and Sunderman Rd	10-12 mph	35 Miles	FS	<b>B</b>	Larry Diffie 541-729-7923
Thursday January 18	9:30AM Alton Baker Park	114b	McKenzie View and Sunderman Rd	12-15 mph	35 Miles	FS	<b>B</b>	Ted Conover 541-344-4994
Saturday January 20	9:30AM Alton Baker Park	417a Flex	Upper Camp Creek flex - go out Clearwater	10-12 mph	42 Miles	FS	<b>B</b>	Mel Huey 541-255-2741
Saturday January 20	9:30AM Alton Baker Park	417a Flex	Upper Camp Creek flex - go out Clearwater	12-15 mph	42 Miles	FS	<b>B</b>	Tyler Stewart 541-954-2009

# GEARs January 2018 Rides

## Page 2

Day	Time / Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Sunday January 21	9:30AM Alton Baker Park	320a	River Dr and Howe Lane	12-15 mph	41 Miles	FS	<b>A</b>	Ray Linneman 458-205-1497
Monday January 22	9:30AM Alton Baker Park	##	Hills for the 'dis-in-climbed'	10-12 mph	20 - 40 miles	BF	<b>C</b>	Jackie Murdoff 541-345-3941
Tuesday January 23	9:30AM Alton Baker Park	215b	Alvadore & Fern Ridge path	10-12 mph	34 Miles	FS	<b>A</b>	Paula Erickson 541-998-8420
Tuesday January 23	9:30AM Alton Baker Park	##	Riding some hills - Route will be determined at start	12-15 mph	25 - 50 miles	BF	<b>C</b>	John Reidy 805-807-5657
Thursday January 25	9:30AM Alton Baker Park	125a	Clearwater Trail and Scenic Springfield	12-15 mph	25 Miles	BF	<b>B</b>	Mike Cantrell 541-342-7649
Saturday January 27	9:30AM Alton Baker Park	315a	Creswell (Town)	10-12 mph	34 Miles	FS	<b>C</b>	Paula Erickson 541-998-8420
Saturday January 27	9:30AM Alton Baker Park	310b Flex	Dillard Rd, Cloverdale, flex - add Bear Creek, Rogers	12-15 mph	40 Miles	BF	<b>C</b>	Jackie Murdoff 541-345-3941
Sunday January 28	9:30AM Alton Baker Park	207a	Franklin Firehouse	12-15 mph	39 Miles	FS	<b>B</b>	Mike Cantrell 541-342-7649
Sunday January 28	9:30AM Alton Baker Park	207a	Franklin Firehouse	16+ mph	39 Miles	FS	<b>B</b>	Jeff Sprague 541-484-4434
Monday January 29	9:30AM Alton Baker Park	##	Hills for the 'dis-in-climbed'	10-12 mph	20 - 40 miles	BF	<b>C</b>	Jackie Murdoff 541-345-3941

Color Key: 10-12 mph leader pace  
16 + mph leader pace

The Average Pace indicated is based on the actual riding speed with a neutral wind on flat terrain. Terrain and weather conditions will influence the actual speed at any one time during the ride. At times the actual speed may be higher than the upper range of the average pace.

The **16+ mph** rides are fast paced, usually in a pace line with few stops. The leader will try to keep the group together. The ride leader will announce where regrouping will take place and will try to keep the group together when possible.

The **12-15 mph** rides are medium paced and regroup often. The ride may get stretched out, but will regroup at turns and at the top of climbs.

The **10-12 mph** rides are slower paced, the group tends to stay together and takes the time look at the scenery.

If you decide to drop out of a ride along the way, please let the ride leader know so we don't come looking for you.

The Ride Schedule is also available for download at the GEARs website: [www.eugenegears.org](http://www.eugenegears.org). Most of the rides listed above now have cue sheets and links to maps on our website, [www.eugenegears.org/rides/ridelist](http://www.eugenegears.org/rides/ridelist).

