

# GEARs January 2017 Rides

GEARs (Greater Eugene Area Riders) invites all bicyclists to join in riding together through some beautiful bicycling terrain. We require that all participants wear a bike helmet and bring a bike in safe riding condition. A frame tire pump, tube/patch kit, basic tools, full water bottle and appropriate clothing are strongly encouraged. Ride leaders will help to ensure that you have a safe and pleasant experience. If you have questions about a scheduled ride, feel free to contact the ride leader or Ride Coordinator Garry Swanson at 541-726-3997 or [garry@eugenegears.org](mailto:garry@eugenegears.org).

## Terrain Key:

**A:** Flat with gently rolling terrain.

**B:** Rolling Terrain with a few short, steep climbs.

**C:** Moderate rolling terrain with steeper, longer climbs.

**D:** Demanding terrain with frequent steep and / or sustained climbs.

**Note:** You should be an experienced cyclist to participate and enjoy C and D rides, or rides over 50 miles.

## Food Key:

FS - Food store on route

FR - Restaurant stop

BF - Bring food

Day	Time / Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Tuesday January 3	9:00AM Alton Baker Park	##	Riding some hills - Route will be determined at start	12-15 mph	25 - 50 Miles	BF	<b>C</b>	Jackie Murdoff 541-345-3941
Thursday January 5	9:30AM Alton Baker Park	125a	Clearwater Trail and Scenic Springfield	12-15 mph	25 Miles	BF	<b>B</b>	Mike Cantrell 541-342-7649
Saturday January 7	9:30AM Alton Baker Park	403b	Jasper via Pleasant Hill Alt	10-12 mph	34 Miles	FS	<b>B</b>	Paula Erickson 541-953-2894
Saturday January 7	9:30AM Alton Baker Park	403b	Jasper via Pleasant Hill Alt	12-15 mph	34 Miles	FS	<b>B</b>	Garry Swanson 541-726-3997
Saturday January 7	9:30AM Alton Baker Park	403b	Jasper via Pleasant Hill Alt	16+	34 Miles	FS	<b>B</b>	Jeff Sprague 541-484-4434
Saturday January 7	11:00 AM Twin Oaks Church	901	Petzold, Central, Fleck to Perkins Rd	12-15 mph	28 Miles	FS	<b>B</b>	Ruth Miller 541-510-9354
Sunday January 8	9:30AM Alton Baker Park	306g	Gimpl Hill via Pine Grove	12-15 mph	28 Miles	BF	<b>C</b>	Steve Hecker 541-954-1161
Tuesday January 10	9:00AM Alton Baker Park	##	Riding some hills - Route will be determined at start	12-15 mph	25 - 50 Miles	BF	<b>C</b>	Jackie Murdoff 541-345-3941
Thursday January 12	9:30AM Alton Baker Park	209c	Alvadore via Meadowview	12-15 mph	35 Miles	FS	<b>A</b>	Garry Swanson 541-726-3997
Saturday January 14	9:30AM Alton Baker Park	310b	Over the Hump, Around the Dump	12-15 mph	32 Miles	BF	<b>C</b>	Garry Swanson 541-726-3997
Saturday January 14	9:30AM Alton Baker Park	310b	Over the Hump, Around the Dump	16+	32 Miles	BF	<b>C</b>	Kristin Yarris 213-448-5645
Saturday January 14	11:00 AM Twin Oaks Church	902	Pine Grove, Crow Rd, Doane, Briggs Rd	12-15 mph	21 Miles	BF	<b>C</b>	Ruth Miller 541-510-9354
Sunday January 15	9:30AM Alton Baker Park	207c	Franklin Firehouse via Clear Lake Rd	12-15 mph	36 Miles	FS	<b>B</b>	Mike Cantrell 541-342-7649
Tuesday January 17	9:00AM Alton Baker Park	##	Riding some hills - Route will be determined at start	12-15 mph	25 - 50 Miles	BF	<b>C</b>	Jackie Murdoff 541-345-3941
Thursday January 19	9:30AM Alton Baker Park	114b	McKenzie View & Sunderman	12-15 mph	35 Miles	FS	<b>B</b>	Mike Cantrell 541-342-7649
Saturday January 21	9:30AM Alton Baker Park	319b	Petzold, Out and Back	10-12 mph	35 Miles	BF	<b>C</b>	Garry Swanson 541-726-3997
Saturday January 21	9:30AM Alton Baker Park	314d	Hamm Rd via Fox Hollow	12-15 mph	46 Miles	FR	<b>C</b>	Jackie Murdoff 541-345-3941

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Day	Time / Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Saturday January 21	11:00 AM Twin Oaks Church	903	Crow Rd, Territorial Rd, Vaughn, Bolton Hill, Petzold	12-15 mph	31 Miles	FS	C	Ruth Miller 541-510-9354
Sunday January 22	9:30AM Alton Baker Park	211a	Lawrence Rd and Short Butler	12-15 mph	40 Miles	FS	C	Ray Linneman 458-205-1497
Sunday January 22	9:30AM Alton Baker Park	211a	Lawrence Rd and Short Butler	16+	40 Miles	FS	C	Jeff Sprague 541-484-4434
Tuesday January 24	9:00AM Alton Baker Park	##	Riding some hills - Route will be determined at start	12-15 mph	25 - 50 Miles	BF	C	Jackie Murdoff 541-345-3941
Thursday January 26	9:30AM Alton Baker Park	125a	Clearwater Trail and Scenic Springfield	12-15 mph	25 Miles	BF	B	Garry Swanson 541-726-3997
Saturday January 28	<b>9:30AM REI Parking Lot</b>	##	Beginner Ride along the Willamette River	10-12 mph	13 Miles	BF	A	Dana Brownfield 541-380-1074
Saturday January 28	<b>9:30AM REI Parking Lot</b>	125b	Clearwater to McKenzie View	10-12 mph	28 Miles	BF	B	Paula Erickson 541-953-2894
Saturday January 28	<b>9:30AM REI Parking Lot</b>	125b	Clearwater to McKenzie View	12-15 mph	28 Miles	BF	B	Tyler Stewart 541-954-2009
Saturday January 28	<b>9:30AM REI Parking Lot</b>	125b	Clearwater to McKenzie View	16+	28 Miles	BF	B	Jeff Sprague 541-484-4434
Saturday January 28	11:00 AM Twin Oaks Church	904	Crow Rd, Vaughn Rd, Suttle, Territorial, Perkins, Petzold	12-15 mph	40 Miles	FS	B	Ruth Miller 541-510-9354
Sunday January 29	9:30AM Alton Baker Park	103d	Coburg Bottom Loop to Herman Rd	12-15 mph	33 Miles	FS	A	Mike Cantrell 541-342-7649
Sunday January 29	9:30AM Alton Baker Park	103e	Coburg Bottom Loop to Bowers Rd	16+	39 Miles	FS	A	Kristin Yarris 213-448-5645
Tuesday January 31	9:00AM Alton Baker Park	##	Riding some hills - Route will be determined at start	12-15 mph	25 - 50 Miles	BF	C	Jackie Murdoff 541-345-3941

Color Key: 10-12 mph leader pace

16 + mph leader pace

Remote Start

The Average Pace indicated is based on the actual riding speed with a neutral wind on flat terrain. Terrain and weather conditions will influence the actual speed at any one time during the ride. At times the actual speed may be higher than the upper range of the average pace.

The **16+ mph** rides are fast paced, usually in a pace line with few stops. The leader will try to keep the group together. The ride leader will announce where regrouping will take place and will try to keep the group together when possible.

The **12-15 mph** rides are medium paced and regroup often. The ride may get stretched out, but will regroup at turns and at the top of climbs.

The **10-12 mph** rides are slower paced, the group tends to stay together and takes the time look at the scenery.

If you decide to drop out of a ride along the way, please let the ride leader know so we don't come looking for you.

The Ride Schedule is also available for download at the GEARs website: [www.eugenegears.org](http://www.eugenegears.org). Most of the rides listed above now have cue sheets and links to maps on our website, [www.eugenegears.org/rides/ridelist](http://www.eugenegears.org/rides/ridelist).

