

GEARs February 2018 Rides

GEARs (Greater Eugene Area Riders) invites all bicyclists to join in riding together through some beautiful bicycling terrain. We require that all participants wear a bike helmet and bring a bike in safe riding condition. A frame tire pump, tube/patch kit, basic tools, full water bottle and appropriate clothing are strongly encouraged. Ride leaders will help to ensure that you have a safe and pleasant experience. If you have questions about a scheduled ride, feel free to contact the ride leader or Ride Coordinator Garry Swanson at 541-726-3997 or garry@eugenegears.org.

Terrain Key:

A: Flat with gently rolling terrain.

B: Rolling Terrain with a few short, steep climbs.

C: Moderate rolling terrain with steeper, longer climbs.

D: Demanding terrain with frequent steep and / or sustained climbs.

Note: You should be an experienced cyclist to participate and enjoy C and D rides, or rides over 50 miles.

Food Key:

FS - Food store on route

FR - Restaurant stop

BF - Bring food

Day	Time / Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Thursday February 1	9:30AM Alton Baker Park	114b	McKenzie View & Sunderman	12-15 mph	35 Miles	FS	B	Garry Swanson 541-726-3997
Saturday February 3	9:30AM Alton Baker Park	307e	Fox Hollow, Briggs to Pine Grove	12-15 mph	44 Miles	BF	C	Jackie Murdoff 541-345-3941
Saturday February 3	9:30AM Alton Baker Park	307e	Fox Hollow, Briggs to Pine Grove	16+ mph	44 Miles	BF	C	Dave Zumbrunnen 541-972-9746
Sunday February 4	9:30AM Alton Baker Park	103d	Herman Rd via Coburg Bottom Loop	12-15 mph	33 Miles	FS	A	Mike Cantrell 541-342-7649
Monday February 5	11:00AM Alton Baker Park	##	Hills for the 'dis-in-climbed'	10-12 mph	20 - 40 miles	BF	C	Jackie Murdoff 541-345-3941
Tuesday February 6	9:30AM Alton Baker Park	103d	Coburg Bottom Loop	10-12 mph	26 Miles	FS	A	Paula Erickson 541-998-8420
Tuesday February 6	9:30AM Alton Baker Park	##	Riding some hills - Route will be determined at start	12-15 mph	25 - 50 miles	BF	C	Jackie Murdoff 541-345-3941
Thursday February 8	9:30AM Alton Baker Park	209c	Alvadore via Meadowview	10-12 mph	35 Miles	FS	A	Larry Diffie 541-729-7923
Saturday February 10	9:30AM Alton Baker Park	125c Flex	Mill Race Path to Sunderman, McKenzie View	10-12 mph	39 Miles	FS	B	Paula Erickson 541-998-8420
Saturday February 10	9:30AM Alton Baker Park	405b	Pleasant Hill to Clearwater Trail	12-15 mph	40 Miles	FS	B	Garry Swanson 541-726-3997
Sunday February 11	9:30AM Alton Baker Park	211a	Lawrence and Short Butler	12-15 mph	40 Miles	FS	C	Tyler Stewart 541-954-2009
Monday February 12	11:00AM Alton Baker Park	##	Hills for the 'dis-in-climbed'	10-12 mph	20 - 40 miles	BF	C	Larry Diffie 541-729-7923
Tuesday February 13	9:30AM Alton Baker Park	##	Riding some hills - Route will be determined at start	12-15 mph	25 - 50 miles	BF	C	Dave Zumbrunnen 541-972-9746
Thursday February 15	9:30AM Alton Baker Park	125a	Clearwater Trail and Scenic Springfield	12-15 mph	25 Miles	BF	B	Mike Cantrell 541-342-7649
Saturday February 17	9:30AM Alton Baker Park	319b	Petzold Rd, Out and Back	10-12 mph	35 Miles	BF	B	Larry Diffie 541-729-7923
Saturday February 17	9:30AM Alton Baker Park	302e	Veneta via Bolton Hill Rd	12-15 mph	49 Miles	FS	C	Sue Wolling 541-345-2110
Sunday February 18	9:30AM Alton Baker Park	310b	Over the Hump, Around the Dump, Cloverdale	12-15 mph	32 Miles	BF	C	Steve Hecker 541-954-1161
Monday February 19	11:00AM Alton Baker Park	##	Hills for the 'dis-in-climbed'	10-12 mph	20 - 40 miles	BF	C	Garry Swanson 541-726-3997
Tuesday February 20	9:30AM Alton Baker Park	##	Riding some hills - Route will be determined at start	10-12 mph	25 - 50 miles	BF	C	Steve Hecker 541-954-1161

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Day	Time / Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Thursday February 22	9:30AM Alton Baker Park	114b	McKenzie View & Sunderman	12-15 mph	35 Miles	FS	B	Ted Conover 541-344-4994
Saturday February 24	9:30AM Alton Baker Park	315a	Creswell via Seavy Loop, Return Hwy 99	10-12 mph	32 Miles	FS	A	Paula Erickson 541-998-8420
Saturday February 24	9:30AM Alton Baker Park	320a	River Dr and Howe Lane	12-15 mph	41 Miles	FS	A	Steve Hecker 541-954-1161
Saturday February 24	9:30AM Alton Baker Park	320a	River Dr and Howe Lane	16+ mph	41 Miles	FS	A	Jeff Sprague 541-484-4434
Sunday February 25	9:30AM Alton Baker Park	306e	Gimpl Hill via Crow Rd	12-15 mph	31 Miles	BF	C	Ray Linneman 458-205-1497
Monday February 26	11:00AM Alton Baker Park	##	Hills for the 'dis-in-climbed'	10-12 mph	20 - 40 miles	BF	C	Jackie Murdoff 541-345-3941
Tuesday February 27	9:30AM Alton Baker Park	209c	Alvadore via Meadowview	10-12 mph	35 Miles	FS	A	Paula Erickson 541-998-8420
Tuesday February 27	9:30AM Alton Baker Park	##	Riding some hills - Route will be determined at start	10-12 mph	25 - 50 miles	BF	C	John Reidy 805-807-5657

Color Key: 10-12 mph leader pace

16 + mph leader pace

The Average Pace indicated is based on the actual riding speed with a neutral wind on flat terrain. Terrain and weather conditions will influence the actual speed at any one time during the ride. At times the actual speed may be higher than the upper range of the average pace.

The **16+ mph** rides are fast paced, usually in a pace line with few stops. The leader will try to keep the group together. The ride leader will announce where regrouping will take place and will try to keep the group together when possible.

The **12-15 mph** rides are medium paced and regroup often. The ride may get stretched out, but will regroup at turns and at the top of climbs.

The **10-12 mph** rides are slower paced, the group tends to stay together and takes the time look at the scenery.

If you decide to drop out of a ride along the way, please let the ride leader know so we don't come looking for you.

The Ride Schedule is also available for download at the GEARs website: www.eugenegears.org. Most of the rides listed above now have cue sheets and links to maps on our website, www.eugenegears.org/rides/ridelist.

