

# GEARs February 2017 Rides

GEARs (Greater Eugene Area Riders) invites all bicyclists to join in riding together through some beautiful bicycling terrain. We require that all participants wear a bike helmet and bring a bike in safe riding condition. A frame tire pump, tube/patch kit, basic tools, full water bottle and appropriate clothing are strongly encouraged. Ride leaders will help to ensure that you have a safe and pleasant experience. If you have questions about a scheduled ride, feel free to contact the ride leader or Ride Coordinator Garry Swanson at 541-726-3997 or [garry@eugenegears.org](mailto:garry@eugenegears.org).

## Terrain Key:

**A:** Flat with gently rolling terrain.

**B:** Rolling Terrain with a few short, steep climbs.

**C:** Moderate rolling terrain with steeper, longer climbs.

**D:** Demanding terrain with frequent steep and / or sustained climbs.

**Note:** You should be an experienced cyclist to participate and enjoy C and D rides, or rides over 50 miles.

## Food Key:

FS - Food store on route

FR - Restaurant stop

BF - Bring food

Day	Time / Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Thursday February 2	9:30AM Alton Baker Park	125a	Clearwater Trail & Scenic Springfield	12-15 mph	25 Miles	BF	<b>B</b>	Steve Hecker 541-954-1161
Saturday February 4	9:30AM Alton Baker Park	320a	River Drive & Howe Lane w/ Stop @ Creswell Bakery	10-12 mph	41 Miles	FS	<b>A</b>	Paula Erickson 541-953-2894
Saturday February 4	9:30AM Alton Baker Park	314d	Fox Hollow to Hamm Rd w/ Stop @ Creswell Bakery	12-15 mph	48 Miles	FR	<b>C</b>	Jackie Murdoff 541-345-3941
Saturday February 4	9:30AM Alton Baker Park	314d	Fox Hollow to Hamm Rd w/ Stop @ Creswell Bakery	12-15 mph	48 Miles	FR	<b>C</b>	Jeff Sprague 541-484-4434
Sunday February 5	9:30AM Alton Baker Park	103d	Coburg Bottom Loop to Herman Rd	10-12 mph	33 Miles	FS	<b>A</b>	Lynda Christiansen 541-687-8379
Sunday February 5	9:30AM Alton Baker Park	103d	Coburg Bottom Loop to Herman Rd	12-15 mph	33 Miles	FS	<b>A</b>	Ray Linnemen 458-205-1497
Tuesday February 7	<b>9:00AM</b> Alton Baker Park	##	Riding some hills - Route will be determined at start	12-15 mph	25 - 50 Miles	BF	<b>C</b>	Jackie Murdoff 541-345-3941
Tuesday February 7	<b>1:00PM</b> Alton Baker Park	##	10 - 12 mph Pace, Route will be announced at start		25 - 35 Miles	BF	<b>A/B</b>	Lynda Christiansen 541-687-8379
Thursday February 9	9:30AM Alton Baker Park	209c	Alvadore via Meadowview	12-15 mph	35 Miles	FS	<b>A</b>	Mike Cantrell 541-342-7649
Saturday February 11	9:30AM Alton Baker Park	405b	Pleasant Hill to Clearwater Trail	10-12 mph	40 Miles	FS	<b>B</b>	Paula Erickson 541-953-2894
Saturday February 11	9:30AM Alton Baker Park	405b	Pleasant Hill to Clearwater Trail	12-15 mph	40 Miles	FS	<b>B</b>	Garry Swanson 541-726-3997
Saturday February 11	9:30AM Alton Baker Park	405b	Pleasant Hill to Clearwater Trail	16+ mph	40 Miles	FS	<b>B</b>	Dave Zumbrunnen 541-972-9746
Sunday February 12	9:30AM Alton Baker Park	414a Flex*	Walterville via Thurston Rd	12-15 mph	34 Miles	FS	<b>B</b>	Mike Cantrell 541-342-7649
Sunday February 12	9:30AM Alton Baker Park	414a Flex*	Walterville via Thurston Rd	16+ mph	34 Miles	FS	<b>B</b>	Jeff Sprague 541-484-4434
Tuesday February 14	<b>9:00AM</b> Alton Baker Park	##	Riding some hills - Route will be determined at start	12-15 mph	25 - 50 Miles	BF	<b>C</b>	Jackie Murdoff 541-345-3941
Tuesday February 14	<b>1:00PM</b> Alton Baker Park	##	10 - 12 mph Pace, Route will be announced at start		25 - 35 Miles	BF	<b>A/B</b>	Lyn Gilman-Garrick 541-520-1388
Thursday February 16	9:30AM Alton Baker Park	114b	McKenzie View & Sunderman	12-15 mph	35 Miles	FS	<b>B</b>	Garry Swanson 541-726-3997
Saturday February 18	9:30AM Alton Baker Park	321a	Dillard Acces to Dale Kuni, reversed	10-12 mph	34 Miles	BF	<b>A</b>	Garry Swanson 541-726-3997

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Day	Time / Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Saturday February 18	9:30AM Alton Baker Park	310b	Over the Hump, Around the Dump	12-15 mph	32 Miles	BF	<b>C</b>	Steve Hecker 541-954-1161
Saturday February 18	9:30AM Alton Baker Park	310b	Over the Hump, Around the Dump	16+ mph	32 Miles	BF	<b>C</b>	Dave Zumbrunnen 541-972-9746
Sunday February 19	9:30AM Alton Baker Park	207a	Franklin Firehouse via Clear Lake Rd	12-15 mph	36 Miles	FS	<b>B</b>	Mike Cantrell 541-342-7649
Sunday February 19	9:30AM Alton Baker Park	211a	Lawrence Rd & Short Butler	16+ mph	40 Miles	FS	<b>C</b>	Kristin Yarris 213-448-5645
Tuesday February 21	<b>9:00AM</b> Alton Baker Park	##	Riding some hills - Route will be determined at start	12-15 mph	25 - 50 Miles	BF	<b>C</b>	Jackie Murdoff 541-345-3941
Tuesday February 21	<b>1:00PM</b> Alton Baker Park	##	10 - 12 mph Pace, Route will be announced at start		25 - 35 Miles	BF	<b>A/B</b>	Lyn Gilman-Garrick 541-520-1388
Thursday February 23	9:30AM Alton Baker Park	125a	Clearwater Trail & Scenic Springfield	12-15 mph	25 Miles	BF	<b>B</b>	Steve Hecker 541-954-1161
Saturday February 25	9:30AM Alton Baker Park	319b	Lorane Hwy to Petzold, out & back	10-12 mph	35 Miles	BF	<b>C</b>	Steve Hecker 541-954-1161
Saturday February 25	9:30AM Alton Baker Park	318c	Doane and Briggs Hills via Lorane Hwy	12-15 mph	41 Miles	BF	<b>C</b>	Sue Wolling 541-345-2110
Saturday February 25	9:30AM Alton Baker Park	318c	Doane and Briggs Hills via Lorane Hwy	16+ mph	41 Miles	BF	<b>C</b>	Kristin Yarris 213-448-5645
Sunday February 26	9:30AM Alton Baker Park	125b	Clearwater Trail to McKenzie View	12-15 mph	28 Miles	BF	<b>B</b>	Mike Cantrell 541-342-7649
Sunday February 26	9:30AM Alton Baker Park	125b	Clearwater Trail to McKenzie View	16+ mph	28 Miles	BF	<b>B</b>	Jeff Sprague 541-484-4434
Tuesday February 28	<b>9:00AM</b> Alton Baker Park	##	Riding some hills - Route will be determined at start	12-15 mph	25 - 50 Miles	BF	<b>C</b>	Jackie Murdoff 541-345-3941
Tuesday February 28	<b>1:00PM</b> Alton Baker Park	##	10 - 12 mph Pace, Route will be announced at start		25 - 35 Miles	BF	<b>A/B</b>	Lynda Christiansen 541-687-8379

Color Key: 10-12 mph leader pace  
16 + mph leader pace

The Average Pace indicated is based on the actual riding speed with a neutral wind on flat terrain. Terrain and weather conditions will influence the actual speed at any one time during the ride. At times the actual speed may be higher than the upper range of the average pace.

The **16+ mph** rides are fast paced, usually in a pace line with few stops. The leader will try to keep the group together. The ride leader will announce where regrouping will take place and will try to keep the group together when possible.

The **12-15 mph** rides are medium paced and regroups often. The ride may get stretched out, but will regroup at turns and at the top of climbs.

The **10-12 mph** rides are slower paced, the group tends to stay together and takes the time look at the scenery.

If you decide to drop out of a ride along the way, please let the ride leader know so we don't come looking for you.

**\*Flex Rides** - Follow a regular listed ride route with a short section added or altered. Ride leader will describe at the start of ride.

The Ride Schedule is also available for download at the GEARs website: [www.eugenegears.org](http://www.eugenegears.org). Most of the rides listed above now have cue sheets and links to maps on our website, [www.eugenegears.org/rides/ridelist](http://www.eugenegears.org/rides/ridelist).

