## **GEARs August 2015 Rides**

GEARs (Greater Eugene Area Riders) invites all bicyclists to join in riding together through some beautiful bicycling terrain. We require that all participants wear a bike helmet and bring a bike in safe riding condition. A frame tire pump, tube/patch kit, basic tools, full water bottle and appropriate clothing are strongly encouraged. Ride leaders will help to ensure that you have a safe and pleasant experience. If you have questions about a scheduled ride, feel free to contact the ride leader or Ride Coordinator Mike Cantrell at 541-342-7649 or michael@eugenegears.org.

## **Terrain Key:**

- A: Flat with gently rolling terrain.
- **B:** Rolling Terrain with a few short, steep climbs.
- **C:** Moderate rolling terrain with steeper, longer climbs.
- **D:** Demanding terrain with frequent steep and / or sustained climbs.

**Note:** You should be an experienced cyclist to participate and enjoy C and D rides, or rides over 50 miles.

## Food Key:

FS - Food store on route

FR - Restaurant stop

BF - Bring food

Day	Time / Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader			
Saturday August 1st	8:30AM Alton Baker Park	106a	Wendling Covered Bridge	12-15 mph	51 Miles	FS	В	Dennis Greene 541-345-0231			
Saturday August 1	6:30 - 9:30 PM Hilyard Comm. Center	GEARs General Meeting - Join us at the Hilyard Community Center for a Pasta Dinner and a presentation by Rick Dancer. The dinner is \$10.00 for the public but only \$5.00 for GEARs members. If you register online use the Promotional code GEARsMember to get the discount.									
Sunday August 2	6:30 - 10:00 AM Hilyard Comm. Center	17th Annual Blackberry bRamble featuring the Wolf Creek Century, the Poodle Creek Metric Century, the 40 Mile Crow Ride and the 10/20 Mile Community Fun Ride. Be sure to check out the Bike Celebration with entertainment, events and Raffles. Visit www.eugenegears.org for more information.									
Wednesday August 5th	6:00PM Alton Baker Park	103d	Coburg Bottom Loop to Herman Rd	12-15 mph	33 Miles	FS	Α	George Jobanek 541-343-8547			
Thursday August 6th	8:30AM Alton Baker Park	114b	McKenzie View & Sunderman	12-15 mph	35 Miles	FS	В	Garry Swanson 541-726-3997			
Thursday August 6th	6:00PM Alton Baker Park	##	Women Only Ride Route announced at ride	10-12 mph	20-30 Miles	BF		Paula Erickson 541-998-8420			
Saturday August 8	8:30AM Alton Baker Park	302e	Veneta via Bolton Hill Rd	12-15 mph	49 Miles	FS	С	George Jobanek 541-343-8547			
Sunday August 9	8:30AM Alton Baker Park	104d	Harrisburg via Love Lake Rd	12-15 mph	46 Miles	FS	Α				
Wednesday August 12	6:00PM Alton Baker Park	229a	Irving Rd to Fir Butte	12-15 mph	25 Miles	BF	Α	Mike Cantrell 541-342-7649			
Thursday August 13	8:30AM Alton Baker Park	209C	Alvadore via Meadowview	12-15 mph	34 Miles	FS	Α	Mike Cantrell 541-342-7649			
Thursday August 13	6:00PM Alton Baker Park	##	Women Only Ride Route announced at ride	10-12 mph	20-30 Miles	BF		Paula Erickson 541-998-8420			
Saturday August 15	8:30AM Alton Baker Park	319b	Petzold - Out & Back	10-12 mph	35 Miles	BF	С	Mike Cantrell 541-342-7649			
Saturday August 15	8:30AM Alton Baker Park	Мар	Petzold to Central - Crow - Central to Petzold	12-15 mph	40 Miles	FS	С	Dennis Greene 541-345-0231			
Sunday August 16	7:00AM meet @ Alton Baker Park	Carpool to Florence. Ride to Mapleton, Sweet Creek Rd, Canary Rd, back to Florence. RSVP to Jackie: jmurdoff@comcast.net		12-15 mph	45 Miles	BF	С	Jackie Murdoff 541-345-3941			
Wednesday August 19	6:00PM Alton Baker Park	310c	Over the Hump - Return Dillard Access	12-15 mph	22 Miles	BF	С	Garry Swanson 541-726-3997			
Wednesday August 19	6:00PM Alton Baker Park	310b	Over the Hump - Around the Dump	16+	32 Miles	BF	С	Kristin Yarris 213-448-5645			
Thursday August 20	8:30AM Alton Baker Park	125a	Clearwater Path and Scenic Springfield	12-15 mph	25 Miles	BF	В	Steve Hecker 541-			

## **GEARs August 2015 Rides Page 2**

Day	Time / Place	Ride#	Ride Description	Pace	Length	Food?	Rating	Leader
Thursday August 20	6:00PM Alton Baker Park	##	Women Only Ride Route announced at ride	10-12 mph	20-30 Miles	BF		Paula Erickson 541-998-8420
Saturday August 22	8:30AM Alton Baker Park	125c	McKenzie View - Sunderman Clearwater Trail	10-12 mph	39 Miles	FS	В	Paula Erickson 541-998-8420
Saturday August 22	8:30AM Alton Baker Park	125c	McKenzie View - Sunderman Clearwater Trail	12-15 mph	39 Miles	FS	В	Garry Swanson 541-726-3997
Sunday August 23	8:30AM Alton Baker Park	227c	Applegate Trail - Counter Clockwise	12-15 mph	49 Miles	FS	В	Mike Cantrell 541-342-7649
Sunday August 23	8:30AM Alton Baker Park	227c	Applegate Trail - Counter Clockwise	16+	49 Miles	FS	В	Jeff Sprague 541-484-4434
Wednesday August 26	6:00PM Alton Baker Park	306b	Gimpl Hill via Pine Grove	12-15 mph	25 Miles	BF	С	Kristin Yarris 213-448-5645
Thursday August 27	8:30AM Alton Baker Park	114b	McKenzie View - Sunderman	12-15 mph	35 Miles	FS	В	Steve Hecker 541-954-1161
Thursday August 27	6:00PM Alton Baker Park	##	Women Only Ride Route announced at ride	10-12 mph	20-30 Miles	BF		Paula Erickson 541-998-8420
Saturday August 29	8:30AM Alton Baker Park	114a	McKenzie to Walterville	10-12 mph	42 Miles	FS	В	Paula Erickson 541-998-8420
Saturday August 29	8:30AM Alton Baker Park	105b	Brownsville via Marcola Rd	12-15 mph	80 Miles	FS	С	Dennis Greene 541-345-0231
Sunday August 30	8:30AM Alton Baker Park	416c	Rattlesnake Butte via Wheeler Rd	12-15 mph	51 Miles	FS	С	Ray Linneman 458-205-497

Color Key: 10-12 mph leader pace

16 + mph leader pace Women's only ride

The Average Pace indicated is based on the actual riding speed with a neutral wind on flat terrain. Terrain and weather conditions will influence the actual speed at any one time during the ride. At times the actual speed may be higher than the upper range of the average pace.

The **16+ mph** rides are fast paced, usually in a pace line with few stops. The leader will try to keep the group together. The ride leader will announce where regrouping will take place and will try to keep the group together when possible.

The 12-15 mph rides are medium paced and regroups often. The ride may get stratched out, but will regroup at turns and at the top of climbs

The 10-12 mph rides are slower paced, the group tends to stay together and takes the time look at the scenery.

If you decide to drop out of a ride along the way, please let the ride leader know so we don't come looking for you.

The August Ride Schedule is also available for download at the GEARs website: www.eugenegears.org. Most of the rides listed above now have cue sheets and links to maps on our website, www.eugenegears.org/rides/ridelist.

