

GEARs April 2017 Rides

GEARs (Greater Eugene Area Riders) invites all bicyclists to join in riding together through some beautiful bicycling terrain. We require that all participants wear a bike helmet and bring a bike in safe riding condition. A frame tire pump, tube/patch kit, basic tools, full water bottle and appropriate clothing are strongly encouraged. Ride leaders will help to ensure that you have a safe and pleasant experience. If you have questions about a scheduled ride, feel free to contact the ride leader or Ride Coordinator Garry Swanson at 541-726-3997 or garry@eugenegears.org.

Terrain Key:

A: Flat with gently rolling terrain.

B: Rolling Terrain with a few short, steep climbs.

C: Moderate rolling terrain with steeper, longer climbs.

Note: You should be an experienced cyclist to participate and enjoy C and D rides, or rides over 50 miles.

Food Key:

FS - Food store on route

FR - Restaurant stop

BF - Bring food

***Flex Rides** - Follow a regular listed ride route with a short section added or altered. Ride leader will describe at the start of ride.

Day	Time / Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Thursday March 30	9:00AM Alton Baker Park	125a	Clearwater Trail and Scenic Springfield	12-15 mph	25 miles	BF	B	Steve Hecker 541-954-1161
Saturday April 1	9:00AM Alton Baker Park	301c	bRamble Crow Loop	12-15 mph	43 Miles	FS	C	Garry Swanson 541-726-3997
Sunday April 2	9:00AM Alton Baker Park	211a	Lawrence and Short Butler	12-15 mph	40 Miles	FS	C	Tyler Stewart 541-954-2009
Sunday April 2	9:00AM Alton Baker Park	211a	Lawrence and Short Butler	16+ mph	40 Miles	FS	C	Dave Zumbrunnen 541-972-9746
Tuesday April 4	9:00AM Alton Baker Park	##	Riding some hills - Route will be determined at start	12-15 mph	25 - 50 miles	BF	C	Jackie Murdoff 541-345-3941
Tuesday April 4	10:00AM Alton Baker Park	##	10 - 12 mph Pace, Route will be announced at start		25-35 miles	BF	B	Lynda Christiansen 541-687-8379
Thursday April 6	9:00AM Alton Baker Park	209c	Alvadore via Meadowview	12-15 mph	35 miles	FS	A	Steve Hecker 541-954-1161
Thursday April 6	5:45PM Alton Baker Park	##	Women Only Ride Route announced at ride	10-12 mph	20-30 Miles	BF	A	Paula Erickson 541-953-2894
Saturday April 8	9:00AM Alton Baker Park	103e	Bowers via Coburg Bottom Loop	12-15 mph	39 Miles	FS	A	Steve Hecker 541-954-1161
Saturday April 8	9:00AM Alton Baker Park	103a	Bowers via Coburg Btm Loop Group Skills Development	16+ mph	39 Miles	FS	A	Kristin Yarris 213-448-5645
Saturday April 8	11:00AM Alton Baker Park	500a	Springfield Mill Race Loop	10-12 mph	17 Miles	BF	A	Dana Brownfield 541-380-1074
Sunday April 9	9:00AM Alton Baker Park	403b	Jasper via Pleasant Hill	10-12 mph	31 Miles	FS	B	Mike Cantrell 541-342-7649
Sunday April 9	9:00AM Alton Baker Park	416a Flex	Rattlesanke Butte plus June Mountain	12-15 mph	62 Miles	FS	C	Jackie Murdoff 541-345-3941
Tuesday April 11	9:00AM Alton Baker Park	##	Riding some hills - Route will be determined at start	12-15 mph	25 - 50 miles	BF	C	Jackie Murdoff 541-345-3941
Tuesday April 11	10:00AM Alton Baker Park	##	10 - 12 mph Pace, Route will be announced at start		25-35 miles	BF	B	Lyn Gilman-Garrick 541-520-1388
Thursday April 13	9:00AM Alton Baker Park	125a	Clearwater Trail and Scenic Springfield	12-15 mph	25 miles	BF	B	Mike Cantrell 541-342-7649
Thursday April 13	5:45PM Alton Baker Park	##	Women Only Ride Route announced at ride	10-12 mph	20-30 Miles	BF	A	Dana Brownfield 541-380-1074
Saturday April 15	9:00AM Alton Baker Park	414a Flex	Walterville via Thurston Rd	10-12 mph	34 Miles	FS	B	Paula Erickson 541-953-2894
Saturday April 15	9:00AM Alton Baker Park	413a Flex	DeerHorn via Thurston Rd	12-15 mph	48 Miles	FS	C	Garry Swanson 541-726-3997
Sunday April 16	9:00AM Alton Baker Park	306c	Gimpl Hill via Erickson, Crow rd.	12-15 mph	30 Miles	BF	C	Ray Linneman 458-205-1497

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Day	Time / Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Sunday April 16	9:00AM Alton Baker Park	306c	Gimpl Hill via Erickson, Crow rd.	16+	30 Miles	BF	C	Kristin Yarris 213-448-5645
Sunday April 16	11:00AM Alton Baker Park	510a	River Loop #1 - Out & Back	10-12 mph	20 Miles	BF	A	Dana Brownfield 541-380-1074
Tuesday April 18	9:00AM Alton Baker Park	##	Riding some hills - Route will be determined at start	12-15 mph	25 - 50 miles	BF	C	Jackie Murdoff 541-345-3941
Tuesday April 18	10:00AM Alton Baker Park	##	10 - 12 mph Pace, Route will be announced at start		25-35 miles	BF	B	Lyn Gilman-Garrick 541-520-1388
Thursday April 20	9:00AM Alton Baker Park	114b	McKenzie View and Sunderman	12-15 mph	35 miles	FS	B	Garry Swanson 541-726-3997
Thursday April 20	5:45PM Alton Baker Park	##	Women Only Ride Route announced at ride	10-12 mph	20-30 Miles	BF	A	Dana Brownfield 541-380-1074
Saturday April 22	9:00AM Alton Baker Park	320a	River Drive and Howe Ln	10-12 mph	41 Miles	FS	A	Paula Erickson 541-953-2894
Saturday April 22	9:00AM Alton Baker Park	320a	River Drive and Howe Ln	12-15 mph	41 Miles	FS	A	Mike Cantrell 541-342-7649
Sunday April 23	9:00AM Alton Baker Park	210a	Poodle Creek Metric Century	12-15 mph	63 Miles	FS	C	Sue Wolling 541-345-2110
Sunday April 23	11:00AM Alton Baker Park	500a	Springfield Mill Race Loop	10-12 mph	17 Miles	BF	A	Dana Brownfield 541-380-1074
Tuesday April 25	10:00AM Alton Baker Park	##	10 - 12 mph Pace, Route will be announced at start		25-35 miles	BF	B	Lynda Christiansen 541-687-8379
Thursday April 27	9:00AM Alton Baker Park	125a	Clearwater Trail and Scenic Springfield	12-15 mph	25 miles	BF	B	Mike Cantrell 541-342-7649
Thursday April 27	5:45PM Alton Baker Park	##	Women Only Ride Route announced at ride	10-12 mph	20-30 Miles	BF	A	Paula Erickson 541-953-2894
Saturday April 29	9:00AM Alton Baker Park	405b	Pleasant Hill to Cleawater	12-15 mph	40 Miles	FS	B	Garry Swanson 541-726-3997
Saturday April 29	9:00AM Alton Baker Park	405b	Pleasant Hill to Cleawater	16+	40 Miles	FS	B	Dave Zumbrunnen 541-972-9746
Saturday April 29	11:00AM Alton Baker Park	510a	River Loop #1 - Out & Back	10-12 mph	20 Miles	BF	A	Dana Brownfield 541-380-1074
Sunday April 30	9:00AM Alton Baker Park	214a	Sovern Lane	12-15 mph	38 Miles	FS	A	Mike Cantrell 541-342-7649

Color Key: Beginner ride
10-12 mph leader pace
Women's only ride
16 + mph leader pace



The Average Pace indicated is based on the actual riding speed with a neutral wind on flat terrain. Terrain and weather conditions will influence the actual speed at any one time during the ride. At times the actual speed may be higher than the upper range of the average pace.

The **16+ mph** rides are fast paced, usually in a pace line with few stops. The leader will try to keep the group together. The **12-15 mph** rides are medium paced and regroup often. The ride may get stretched out, but will regroup at turns and at the top of climbs. The **10-12 mph** rides are slower paced, the group tends to stay together and takes the time look at the scenery.

If you decide to drop out of a ride along the way, please let the ride leader know so we don't come looking for you. The ride leader will announce where regrouping will take place and will try to keep the group together when possible.

The Ride Schedule is also available for download at the GEARs website: www.eugenegears.org. Most of the rides listed above now have cue sheets and links to maps on our website, www.eugenegears.org/rides/ridelist.