

GEARs April 2016 Rides

GEARs (Greater Eugene Area Riders) invites all bicyclists to join in riding together through some beautiful bicycling terrain. We require that all participants wear a bike helmet and bring a bike in safe riding condition. A frame tire pump, tube/patch kit, basic tools, full water bottle and appropriate clothing are strongly encouraged. Ride leaders will help to ensure that you have a safe and pleasant experience. If you have questions about a scheduled ride, feel free to contact the ride leader or Ride Coordinator Mike Cantrell at 541-342-7649 or michael@eugenegears.org.

Terrain Key:

A: Flat with gently rolling terrain.

B: Rolling Terrain with a few short, steep climbs.

C: Moderate rolling terrain with steeper, longer climbs.

D: Demanding terrain with frequent steep and / or sustained climbs.

Note: You should be an experienced cyclist to participate and enjoy C and D rides, or rides over 50 miles.

Food Key:

FS - Food store on route

FR - Restaurant stop

BF - Bring food

Day	Time / Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Saturday April 2	9:00 AM Alton Baker Park	106a	Wendling Covered Bridge	12-15 mph	51 Miles	FS	B	Garry Swanson 541-726-3997
Sunday April 3	9:00 AM Alton Baker Park	401f	Pleasant Hill to Jasper	12-15 mph	41 Miles	FS	B	Mike Cantrell 541-342-7649
Tuesday April 5	9:00 AM Alton Baker Park	##	Riding some hills - Route will be determined at start	12-15 mph	25 - 50 Miles	BF	C	Jackie Murdoff 541-345-3941
Thursday April 7	9:00 AM Alton Baker Park	114b	McKenzie View & Sunderman	12-15 mph	35 Miles	FS	B	Steve Hecker 541-954-1161
Saturday April 9	9:00 AM Alton Baker Park	103a	Herman Rd via Powerline	12-15 mph	37 Miles	FS	A	Kristin Yarris 213-448-5645
Sunday April 10	9:00 AM Alton Baker Park	301b	Crow via Central	10-12 mph	38 Miles	FS	C	Lynda Christiansen 541-687-8379
Sunday April 10	9:00 AM Alton Baker Park	330a	4 Hill climb, R-U Ready?	12-15 mph	37 Miles	BF	C	Steve Hecker 541-954-1161
Tuesday April 12	9:00 AM Alton Baker Park	##	Riding some hills - Route will be determined at start	12-15 mph	25 - 50 Miles	BF	C	Jackie Murdoff 541-345-3941
Thursday April 14	9:00 AM Alton Baker Park	125a	Clearwater trail & Scenic Springfield	12-15 mph	25 Miles	BF	A	Mike Cantrell 541-342-7649
Saturday April 16	9:00 AM Alton Baker Park	319b	Lorane Hwy to Petzold out & back	10-12 mph	35 Miles	BF	C	Garry Swanson 541-726-3997
Saturday April 16	9:00 AM Alton Baker Park	308e	Wolf Creek via Lorane - rain will shorten route	12-15 mph	71 Miles	FS	C	Sue Wolling 541-345-2110
Sunday April 17	9:00 AM Alton Baker Park	125c	McKenzie View, Sunderman Clearwater Trail	12-15 mph	39 Miles	FS	A	Dennis Greene 541-345-0231
Tuesday April 19	9:00 AM Alton Baker Park	##	Riding some hills - Route will be determined at start	12-15 mph	25 - 50 Miles	BF	C	Jackie Murdoff 541-345-3941
Wednesday April 20	Wednesday, April 20th, at the Eugene Garden Club, 1645 High St, at 6:30.							
Thursday April 21	9:00 AM Alton Baker Park	209c	Alvadora via Meadowview	12-15 mph	34 Miles	FS	A	Steve Hecker 541-954-1161
Saturday April 23	9:00 AM Alton Baker Park	125c	McKenzie View, Sunderman Clearwater Trail	12-15 mph	39 Miles	FS	B	Garry Swanson 541-726-3997

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Day	Time / Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Sunday April 24	9:00 AM Alton Baker Park	302e	Veneta via Bolton Hill	10-12 mph	49 Miles	FS	C	Lynda Christiansen 541-687-8379
Tuesday April 26	9:00 AM Alton Baker Park	##	Riding some hills - Route will be determined at start	12-15 mph	25 - 50 Miles	BF	C	Jackie Murdoff 541-345-3941
Thursday April 28	9:00 AM Alton Baker Park	114b	McKenzie View & Sunderman	12-15 mph	35 Miles	FS	B	Garry Swanson 541-726-3997
Thursday April 28	6:00PM Alton Baker Park	103c	Women Only Ride Coburg Bottom Loop	10-12 mph	26 Miles	FS	A	Paula Erickson 541-998-8420
Saturday April 30	9:00 AM Alton Baker Park	320d	Howe Lane via Dillard Rd (May stop at Creswell Bakery)	12-15 mph	41 Miles	FS	C	Garry Swanson 541-726-3997
Sunday May 1	9:00 AM Alton Baker Park	214a	Sovern Lane	12-15 mph	38 Miles	BF	A	Mike Cantrell 541-342-7649
Tuesday May 3	9:00 AM Alton Baker Park	##	Riding some hills - Route will be determined at start	12-15 mph	25 - 50 Miles	BF	C	Jackie Murdoff 541-345-3941
Tuesday May 3	9:00 AM Alton Baker Park	125a	Clearwater trail & Scenic Springfield	12-15 mph	25 Miles	BF	A	Mike Cantrell 541-342-7649

Color Key: 10-12 mph leader pace
16 + mph leader pace

The Average Pace indicated is based on the actual riding speed with a neutral wind on flat terrain. Terrain and weather conditions will influence the actual speed at any one time during the ride. At times the actual speed may be higher than the upper range of the average pace.

The **16+ mph** rides are fast paced, usually in a pace line with few stops. The leader will try to keep the group together. The ride leader will announce where regrouping will take place and will try to keep the group together when possible.

The **12-15 mph** rides are medium paced and regroup often. The ride may get stretched out, but will regroup at turns and at the top of climbs.

The **10-12 mph** rides are slower paced, the group tends to stay together and takes the time look at the scenery.

If you decide to drop out of a ride along the way, please let the ride leader know so we don't come looking for you.

The Ride Schedule is also available for download at the GEARs website: www.eugenegears.org. Most of the rides listed above now have cue sheets and links to maps on our website, www.eugenegears.org/rides/ridelist.

