

GEARs April 2015 Rides

GEARs (Greater Eugene Area Riders) invites all bicyclists to join in riding together through some beautiful bicycling terrain. We require that all participants wear a bike helmet and bring a bike in safe riding condition. A frame tire pump, tube/patch kit, basic tools, full water bottle and appropriate clothing are strongly encouraged. Ride leaders will help to ensure that you have a safe and pleasant experience. If you have questions about a scheduled ride, feel free to contact the ride leader or Ride Coordinator Mike Cantrell at 541-342-7649 or michael@eugenegears.org.

Terrain Key:

A: Flat with gently rolling terrain.

B: Rolling Terrain with a few short, steep climbs.

C: Moderate rolling terrain with steeper, longer climbs.

D: Demanding terrain with frequent steep and / or sustained climbs.

Note: You should be an experienced cyclist to participate and enjoy C and D rides, or rides over 50 miles.

Food Key:

FS - Food store on route

FR - Restaurant stop

BF - Bring food

Day	Time / Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Thursday April 2	9:00am Alton Baker Park	209c	Alvadore via Meadowview	12-15 mph	34 Miles	BF	A	Ray Linneman 458-205-1497
Saturday April 4	9:00am Alton Baker Park	403a	Jasper via Weyerhauser Rd	10-12 mph	35 Miles	FS	B	Garry Swanson 541-726-3997
Saturday April 4	9:00am Alton Baker Park	409b	Winberry Park	12-15 mph	58 Miles	BF/FS	B	Ray Linneman 458-205-1497
Saturday April 4	9:00am Alton Baker Park	409b	Winberry Park	16+ mph	58 Miles	BF/FS	B	Jeff Sprague 541-484-4434
Sunday April 5	9:00am Alton Baker Park	320b	Howe Lane via Dillard Rd	10-12 mph	41 Miles	BF/FS	C	Lynda Christiansen 541-687-8379
Tuesday April 7	9:00am Alton Baker Park	##	Fox Hollow - Return Route depends on the weather	12-15 mph	25-50 Miles	BF	C	Jackie Murdoff 541-345-3941
Thursday April 9	9:00am Alton Baker Park	125a	Clearwater Trail & Springfield	12-15 mph	25 Miles	BF	B	Mike Cantrell 541-342-7649
Saturday April 11	9:00am Alton Baker Park	403b	Jasper via Pleasant Hill return Clearwater	10-12 mph	34 Miles	FS	B	Mike Cantrell 541-342-7649
Saturday April 11	9:00am Alton Baker Park	320e	Bear Creek via Dillard return Clearwater	12-15 mph	44 Miles	FS	C	Dennis Greene 541-345-0231
Sunday April 12	9:00am Alton Baker Park	416d	Rattlesnake Butte with an extra out & back	12-15 mph	57 Miles	FS	C	Jackie Murdoff 541-345-3941
Tuesday April 14	9:00am Alton Baker Park	##	Fox Hollow - Return Route depends on the weather	12-15 mph	25-50 Miles	BF	C	Jackie Murdoff 541-345-3941
Thursday April 16	9:00am Alton Baker Park	114b	McKenzie View & Sunderman	12-15 mph	35 Miles	FS	B	Ray Linneman 458-205-1497
Saturday April 18	9:00am Alton Baker Park	210a	Poodle Creek Metric Century	12-15 mph	62 Miles	FS	C	Sue Wolling 541-345-2110
Sunday April 19	9:00am Alton Baker Park	609a	Daffodil, sans the daffodils	10-12 mph	54 Miles	FS	B	Lynda Christiansen 541-687-8379
Sunday April 19	9:00am Alton Baker Park	609a	Daffodil, sans the daffodils	16+ mph	54 Miles	FS	B	Kristin Yarris 213-448-5645
Tuesday April 21	9:00am Alton Baker Park	##	Fox Hollow - Return Route depends on the weather	12-15 mph	25-50 Miles	BF	C	Jackie Murdoff 541-345-3941
Thursday April 23	9:00am Alton Baker Park	125a	Clearwater Trail & Springfield	12-15 mph	25 Miles	BF	B	Mike Cantrell 541-342-7649

GEARs April 2015 Rides

Page 2

Day	Time / Place	Ride #	Ride Description	Pace	Length	Food?	Rating	Leader
Saturday April 25	9:00am Alton Baker Park	301c	bRamble Crow Loop	10-12 mph	43 Miles	FS	C	Garry Swanson 541-726-3997
Saturday April 25	9:00am Alton Baker Park	314d	Hamm Rd via Fox Hollow	12-15 mph	46 Miles	FS	C	Dennis Greene 541-345-0231
Saturday April 25	9:00am Alton Baker Park	314d	Hamm Rd via Fox Hollow	16+ mph	46 Miles	FS	C	Jeff Sprague 541-484-4434
Sunday April 26	9:00am Alton Baker Park	122a	McKenzie View to Deerhorn	12-15 mph	58 Miles	FS	C	George Jobanek 541-343-8547
Tuesday April 28	9:00am Alton Baker Park	##	Fox Hollow - Return Route depends on the weather	12-15 mph	25-50 Miles	BF	C	Jackie Murdoff 541-345-3941
Thursday April 30	9:00am Alton Baker Park	114b	McKenzie View and Sunderman	12-15 mph	35 Miles	FS	B	Garry Swanson 541-726-3997

Color Key: 10-12 mph leader pace
16 + mph leader pace

The Average Pace indicated is based on the actual riding speed with a neutral wind on flat terrain. Terrain and weather conditions will influence the actual speed at any one time during the ride. At times the actual speed may be higher than the upper range of the average pace.

The **16+ mph** rides are fast paced, usually in a pace line with few stops. The leader will try to keep the group together. The ride leader will announce where regrouping will take place and will try to keep the group together when possible.

The **12-15 mph** rides are medium paced and regroup often. The ride may get stretched out, but will regroup at turns and at the top of climbs.

The **10-12 mph** rides are slower paced, the group tends to stay together and takes the time look at the scenery.

If you decide to drop out of a ride along the way, please let the ride leader know so we don't come looking for you.

The April Ride Schedule is also available for download at the GEARs website: www.eugenegears.org. Most of the rides listed above now have cue sheets and links to maps on our website, www.eugenegears.org/rides/ridelist.

