

Ride # 301b Crow via Central Rd

Distance: 38 Miles

Difficulty: C

Elevation Gain: 1410' Max Grade 10.1%

Food: Available in Crow

Start/Finish: Alton Baker Park

Maps: Eugene-Springfield Bicycle Map; Lane County Bicycle Map

<http://www.gmap-pedometer.com/?r=2658346>



Direction Legend:

L=Left R=Right BL=Bear Left BR=Bear Right S=Straight RG=Regroup X=Cross C=Continue (street name change)

Rides from Alton Baker Park start in the plaza near the park entrance, next to the parking lot and the pond.
Begin riding down stream (north) along the river (towards the Ferry Street Bridge).

Total Miles	Dist	Turn	Notes/Cue/Road	Total Miles	Dist	Turn	Notes/Cue/Road
0.0	0.1	#	Start of Route	36.4	0.8	L	onto High St
0.1	0.2	R	to cross the DeFazio Bridge	37.2	0.2	R	onto E 4th Ave
0.3	0.1	L	to stay on Bike Path	37.4	0.1	R	onto the Bike Path
0.4	0.2	BR	bear right onto 4th Ave	37.5	0.1	R	to cross the DeFazio Bridge
0.6	1.3	L	onto Pearl St	37.6	0.2	R	after crossing the DeFazio Bridge
1.9	0.6	C	continue onto Amazon Pkwy	37.8	#	End	End of Route
2.5	0.1	BR	bear right onto High St				
2.6	0.0	R	onto E 28th Ave				
2.6	0.2	L	onto Oak St				
2.8	0.4	R	onto E 29th Ave				
3.2	5.5	C	continue onto Lorane Hwy				
8.7	3.3	C	continue onto Spencer Creek Rd				
12.0	0.7	C	continue onto Pine Grove Rd				
12.7	1.7	L	onto Erickson Rd				
14.4	2.4	C	onto Petzold Rd				
16.8	1.9	L	onto Central Rd				
18.7	0.9	L	onto Territorial Rd				
19.6	7.9	L	onto Crow Rd				
27.5	1.1	C	onto Green Hill Rd				
28.6	0.1	R	toward the Fern Ridge Bike Path				
28.7	0.3	C	onto the Fern Ridge Bike Path				
29.0	1.0	R	to stay on the Fern Ridge Bike Path				
30.0	0.9	R	to stay on the Fern Ridge Bike Path				
30.9	0.1	L	onto Terry St				
31.0	3.1	R	onto the Fern Ridge Bike Path				
34.1	0.0	L	onto City View St				
34.1	1.0	R	onto the Fern Ridge Bike Path				
35.1	0.0	R	onto Polk St				
35.1	0.1	L	onto the Fern Ridge Bike Path				
35.2	0.2	C	onto E 16th Ave				
35.4	0.3	C	onto the Fern Ridge Bike Path				
35.7	0.7	C	onto E 15th Ave				