

Ride # 401a Breakfast ride to Pleasant Hill

Distance: 45 Miles

Difficulty: C

Elevation Gain: 1715' Max Grade 8.7%

Food: Available in Pleasant Hill

Start/Finish: Alton Baker Park

Maps: Eugene-Springfield Bicycle Map; Lane County Bicycle Map



Direction Legend:

L=Left R=Right BL=Bear Left BR=Bear Right S=Straight RG=Regroup X=Cross C=Continue (street name change)

*Rides from Alton Baker Park start in the plaza near the park entrance, next to the parking lot and the pond.
Begin riding down stream (north) along the river (towards the Ferry Street Bridge).*

Total Miles	Dist	Turn	Notes/Cue/Road	Total Miles	Dist	Turn	Notes/Cue/Road
0.0	0.1	#	Start of Route	38.9	1.5	R	onto Franklin Blvd E
0.1	0.2	R	to cross the DeFazio Bridge	39.4	1.4	R	onto OR-225 / Franklin Blvd
0.3	0.1	L	to stay on Bike Path	40.8	0.4	L	onto Nugget Way
0.4	0.2	BR	bear right onto 4th Ave	41.2	0.4	L	onto E 19th Ave
0.6	1.2	L	onto Pearl St	41.6	0.1	R	onto Henderson Ave
1.8	0.0	L	onto E 19th Ave	41.7	0.2	L	onto E 17th Ave
1.8	1.0	R	onto the Amazon Bike Path	41.9	0.3	R	onto Glenwood Blvd
2.8	0.4	BR	bear right at the fork on the Bike Path	42.2	0.2	L	onto Franklin Blvd
3.2	0.1	Merge	onto Hilyard St	42.4	0.3	L	onto the Bike Path
3.3	1.0	L	onto E Amazon St	42.7	0.2	R	to cross the Knickerbocker Bridge
4.3	5.5	L	onto Dillard Rd	42.9	0.9	L	after crossing the bridge
9.8	2.1	R	onto OR-99S / Hwy 99 South	43.8	0.8	C	onto Day Island Rd
11.9	2.2	L	onto Dale Kuni Rd	44.6	0.2	L	into Alton Baker Park parking lot
14.1	1.0	L	onto Cloverdale Rd	44.8	#	End	End of Route
15.1	2.2	R	onto Bear Creek Rd				
17.3	1.7	L	onto Rodgers Rd				
19.0	1.0	R	onto Enterprise Rd				
20.0	0.1	C	onto Morning Star Rd				
20.1	3.8	R	onto Enterprise Rd				
23.9	1.2	R	onto OR-58E - Hwy 58				
25.1	0.1	L	onto Pheasant Ln				
25.2	0.8	R	onto Immigrant Rd				
26.0	1.3	L	onto Hilltop Rd				
27.3	1.8	L	onto Wheeler Rd				
29.1	0.8	C	onto Valley Rd				
29.9	1.1	L	onto Edenvale Rd				
31.0	0.9	R	onto OR-58E - Hwy 58				
31.9	0.7	R	onto Brabham Rd				
32.6	0.4	R	onto OR-58E - Hwy 58				
33.0	2.5	L	onto Matthews Rd				
35.5	1.9	C	onto Seavey Loop (across Hwy 58)				
37.4	-37.4	L	to stay on Seavey Loop				