

Ride # 300a Crow (town)

Distance: 40 Miles

Difficulty: C

Elevation Gain: 1294' Max Grade 7.1%

Food: Available in Crow

Start/Finish: Alton Baker Park

Maps: Eugene-Springfield Bicycle Map; Lane County Bicycle Map

<http://www.gmap-pedometer.com/?r=5813170>



Direction Legend:

L=Left R=Right BL=Bear Left BR=Bear Right S=Straight RG=Regroup X=Cross C=Continue (street name change)

Rides from Alton Baker Park start in the plaza near the park entrance, next to the parking lot and the pond.
Begin riding **East** through the parking lot to **Day Island Rd**.

Total Miles	Dist	Turn	Notes/Cue/Road	Total Miles	Dist	Turn	Notes/Cue/Road
0.0	0.2	#	Start of Route - Head East	37.1	0.3	C	onto River Rd
0.2	0.5	R	onto Day Island Rd	37.4	0.2	R	onto Fir Ln
0.7	0.4	R	toward the Fronmeyer / Autzen Bridge	37.6	0.1	C	onto the Bike Path
1.1	0.2	L	after crossing the Bridge	37.7	0.1	R	to cross the Greenway Bridge
1.3	0.1	C	continue onto Millrace Dr	37.8	1.6	R	after crossing the Greenway Bridge
1.4	0.9	C	continue onto Agate St	39.4	0.2	L	after crossing under the DeFazio Bridge
2.3	1.0	R	onto E 24th Ave	39.6	#	End	End of Route
3.3	0.3	L	onto Amazon Pkwy				
3.6	0.0	C	onto High St				
3.6	0.1	R	onto E 28th Ave				
3.7	0.2	L	onto Oak St				
3.9	0.4	R	onto E 29th Ave				
4.3	5.5	L	onto Lorane Hwy				
9.8	3.3	C	onto Spencer Creek Rd				
13.1	0.7	C	onto Pine Grove Rd				
13.8	1.6	L	onto Erickson Rd				
15.4	3.3	L	onto Crow Rd				
18.7	0.9	R	onto Territorial Rd				
19.6	0.0	RG	regroup at the Crow Store				
19.6	0.9	L	onto Territorial Rd				
20.5	7.9	L	onto Crow Rd				
28.4	1.0	C	onto Green Hill Rd				
29.4	0.1	R	toward the Fern Ridge Bike Path				
29.5	0.4	C	onto the Fern Ridge Bike Path				
29.9	0.9	R	to stay on the Fern Ridge Bike Path				
30.8	1.0	R	to stay on the Fern Ridge Bike Path				
31.8	0.1	L	onto Terry St				
31.9	3.1	R	onto the Fern Ridge Bike Path				
35.0	0.0	L	onto City View St				
35.0	0.7	R	onto the Fern Ridge Bike Path				
35.7	0.1	L	after crossing under Chambers St				
35.8	1.3	R	onto Chambers St				